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## Taharah

Taharah means cleanliness from ritual or physical impurities. It is a way of purification which allows us to perform salah. It has set guidelines and procedures as taught by our Prophet Muhammad **\*\***.

Before we pray Salah, there are six conditions that must be met. Two of them refer to cleanliness.

**Removal of Khabath:** The body, clothes and place should be clean from physical impurities. (najasah - blood, urine, stool, alcohol and so on.)



Lifting of Hadath: We should be in a state of ritual purity. They is achieved through wudhu, ghusl or tayammum. Wudhu (washing parts of the body) to remove minor impurities; Ghusl (wash whole body) to remove major impurity; and Tayammum (dry purification) in the absence of water.

# What is Wudhu?

Some things in Islam have such a high status that just being clean (free from filth) is not enough to do them. Instead we further need to clean ourselves by doing wudhu.

Wudhu helps us physically, mentally and spiritually prepare to do those actions.



One day Angel Jibra'il will came to Prophet Muhammad will. Angel Jibrail will his heel on a rock and water started to gush out. He then showed Prophet Muhammad will how to do wudhu and also how to perform the Salah.

Therefore, wudhu is a special way of washing which Angel Jibra'il is taught our Prophet Muhammad . We should try and do our wudhu in the same way as our beloved Prophet side did it.

# Why we need Wudhu

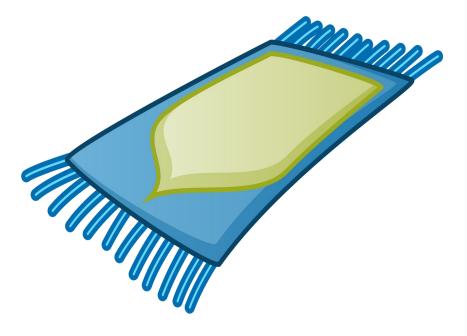
It is Fardh (compulsory) to have wudhu to perform the following acts of worship (Ibadah).

Salah
Sajdah Tilawat (Sajdah of recitation)
Touch the Qur'an

It is Wajib (essential) to have wudhu to perform the following action.

**4. Tawaf** (going around the Ka'bah seven times)

If our wudhu breaks or we don't have wudhu then we must make wudhu before carrying out any of the above acts of Ibadah.



# Fadhail of Wudhu

These following Ahadith highlight some of the fadhail (virtues) of wudhu.

## 1. Always having wudhu is a sign of true Iman.

Our Prophet ﷺ said, "and no one preservers their wudhu except a Believer."

2. We will be recognised by our wudhu on the Day of Judgement. The Prophet ﷺ said, "They (my followers) will come with bright faces and white limbs because of wudhu; and I will arrive at the Haud (Al-Kauthar) ahead of them."

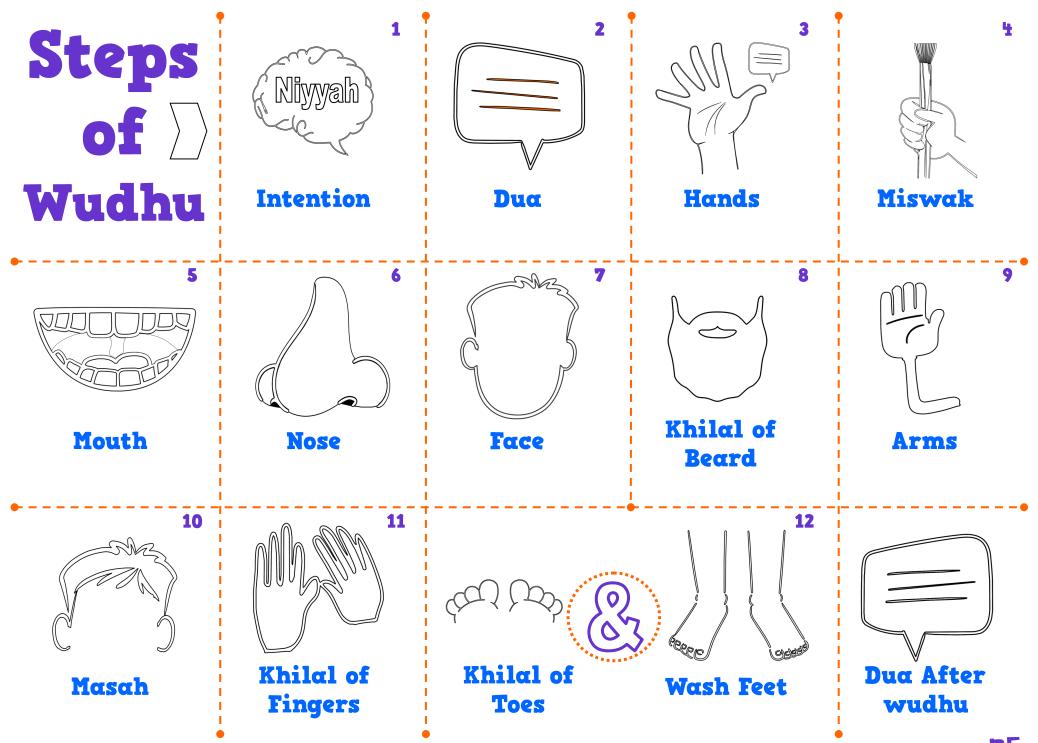
### 3. If we go to sleep with wudhu an angel will seek forgiveness for us.

The Prophet **\*** said, "Purify these bodies, and Allah will purify you. Whenever a slave sleeps in a state of purification, an angel sleeps within his hair and he does not turn over during the night except that he (the angel) says: O Allah, forgive Your slave, for he went to sleep purified." 4. We will receive ten rewards for doing a fresh wudhu for prayer, even though we already have wudhu.

The Prophet ﷺ said, "Whoever performs wudhu upon wudhu, he will receive ten rewards."

### 5. When we do wudhu properly our sins wash away with the water that drips off.

The Prophet ﷺ said, "He who performs the wudhu perfectly (according to Sunnah), his sins will depart from his body, even from under his nails."



# What are FARDH actions?

## Fardh Actions:

We must do Fardh actions. If we miss them then the action is not completed and needs to be repeated. We are rewarded for doing a Fardh action and could be punished for missing it.

In Salah, if we miss a Fardh action we need to repeat the prayer. If we miss a Fardh prayer we need to do Qadha.

If a person denies a Fardh, they leave the fold of Islam.



Wajib actions are close to Fardh. We are rewarded for doing a Wajib action and sinful for missing it. We should always do Wajib Actions.

# FARDH of Wudhu

### **1. Face**

Washing the whole face - from the hairline to the bottom of the chin, from earlobe to earlobe.

### 2. Arms

Washing the arms - from the fingertips up to and including the elbows.

### 3. Masah

Wiping (Masah) of a quarter of the head.

### 4. Feet

Washing the feet - from the tips of the toes up to and including the ankles.

An easy way to remember is Fatima Ate My Food (Face, Arms, Masah, Feet).



# What are SUNNAH?

Action the Prophet Muhammad ﷺ and the Sahabah 🐗 would do.

### 1. Sunnah Muakkadah

An action which the prophet and the Sahabah would do regularly. **Missing a Sunnah Muakkadah is a sin.** We should not miss it without an excuse.

### 2. Sunnah Ghair Muakkadah

An action which the Prophet Muhammad ﷺ and the Sahabah ﷺ would do. **Missing it is not a sin.** We should try to do it.

 $\star$  Allah commanded us to follow the Prophet # (Sunnah).

Following the Sunnah increases love for our Prophet
The sunnah is a means of reward.

★ The sunnah takes us towards Jannah.

Prophet ﷺ is a perfect example of how humans should act.



# What are Mustahab?

An action which the Prophet Muhammad ﷺ and the Sahabah 🐗 would sometimes do. It is recommended.

## There are 5 Mustahab actions of wudhu

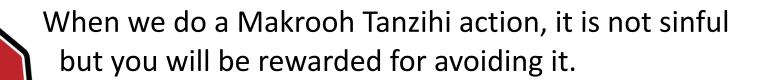
Sit on a high clean place
Facing the Qibla (direction for prayer)
Don't take assistance
Begin from the right
Wiping the nape

Allah likes Mustahab actions. We should always try to do what pleases Allah.

## What are Makrooh?

Makrooh actions are undesirable actions. There are two categories of Makrooh actions

### Makrooh Tanzihi actions are disliked action.



### Makrooh Tahrimi actions are <u>strongly</u> disliked action.

Doing a Mahrooh Tahrimi **is sinful** so it must be avoided. **Allah does not like Makrooh actions.** We should always try to do what pleases Allah. This also means keeping away from things which Allah does not like.

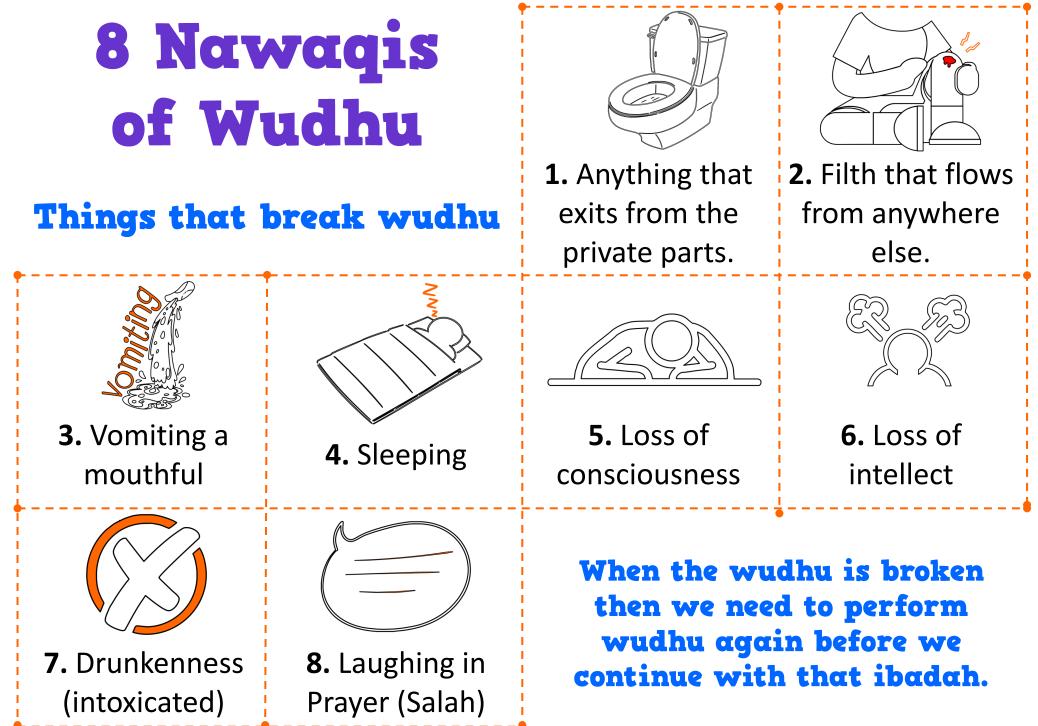
# Makrooh Action of Wudhu

There are **four** Makrooh (disliked) actions in wudhu which we should try our best to avoid:

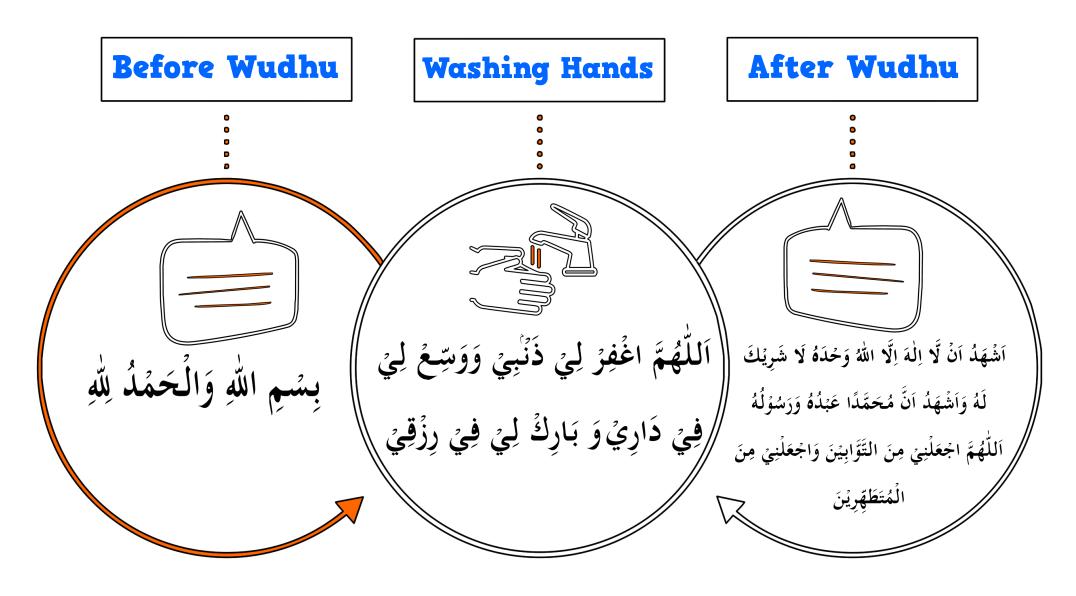
Perform wudhu in a dirty place
To clean nose (and feet) with right hand
Going against the sunnah
Talking during wudhu

**Allah does not like Makrooh actions.** We should always try to do what pleases Allah. This also means keeping away from things which Allah does not like.





## **DUAs of Wudhu**





# 1. When I go for a shower is my wudhu done?

Yes, because all of the parts which need to be washed in wudhu do get washed, so your wudhu will be done.

#### 2. If we wash our head instead of wiping it, is masah done?

For masah to be done, water has

to touch the head. This can be done by wiping a wet hand over the head or pouring water onto your head (or any other way).

## 3. If I wear nail varnish will my wudhu be done?

No, nail varnish makes a barrier which stops the water from reaching the nails. Washing from your fingertips up to and including the elbows (this includes the nails) is fardh. Your fardh will not be done.

## 4. If I apply hand cream will my wudhu be done?

Hand cream, oil or even ink does not have a body of its own so it does not make a barrier. Even if you have these on your hand, your wudhu will be done.

#### 5. I don't have a chair in my bathroom. How can I sit on a high clean place?

Sitting on a high clean place is Mustahab. If you don't do it your wudhu will still be done. However, you can sit on the edge of the bath. This way you will receive the reward for sitting on a high clean place.

#### 6. When I do wudhu at home, what should I do about reading the Duas?

If you do wudhu in a room that has just the toilet and sink then you would read the dua for before wudhu before going in and the dua for after wudhu after coming out.If you forget you can read the Dua in your mind.

## 7. The room also has a bath.

If the room also has a bath or shower then you should flush the toilet and put the lid down before you read the duas.

Alternatively you could read the duas before entering and after leaving or in your mind.

#### 8. I don't have a miswak. What should I do?

If you don't have a miswak you can wrap a coarse cloth around

your finger and use it. If you don't have a coarse cloth then you can just use the pointing finger of your right hand.

When a person uses a miswak during wudhu the Salah has 70 times more merit or reward.

#### 9. When I have a plaster on how should I do wudhu?

If the wound under the plaster has healed then you should take your plaster off and do wudhu properly.

If the wound has not healed then you should wipe the plaster with a wet hand and do the rest of the wudhu properly.

## 10. If I have a wound without a plaster?

If you can wash it then wash it. If you cannot wash it but can pour water over it then pour water over it. If you cannot do that either then wipe it with a wet hand. If none of that is possible then you would wash around it but leave the wound dry.

11. I have a story book with verses of the Qur'an in it. Do I have to do wudhu before reading it?

No, as long as most of the book is not the Qur'an you do not need wudhu to touch it. You will however, not be able to touch the actual verses of the Qur'an.

## 12. Can I recite the Qur'an without wudhu?

Yes, You can recite Surahs, read from a poster or even from the Qur'an itself without wudhu. You only need wudhu to touch the Qur'an although it would be good to actually have wudhu.

### 13. What should I do if I need to move the Qur'an and I don't have wudhu?

You should do your wudhu before you move it. If you are unable to do wudhu or if the Qur'an is in a place where it is being disrespected then you can hold and move the Qur'an with a cloth. 14. Does that mean I can just stretch my sleeve and use it to pick up the Qur'an?

No, you cannot use an item of clothing that you are wearing such as gloves or the end of your scarf. It has to be something separate so if you take your top off then you will be able to use it.

15. I was nodding off but didn't quite fall asleep. Is my wudhu broken?

If you can remember most of what was going on in class or most off what was being said then your wudhu will not be broken. If you cannot remember then your wudhu is broken.

#### 16. If I only do my four Fardh is my wudhu done?

Yes, the wudhu is done but you will loose out on the Barakah from the missed Sunnah actions.

#### 17. How much water should I use during the wudhu?

Prophet Muhammad ﷺ would use a small container of water to do wudhu (holding one mudd).

These days we have taps with running water so we should be careful not to waste water. Think of ways you can save water during wudhu?