

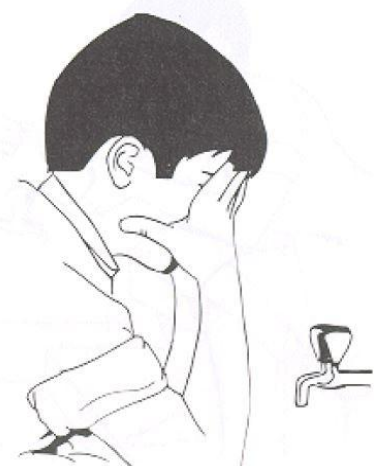
## Wudhu Sequence Cards



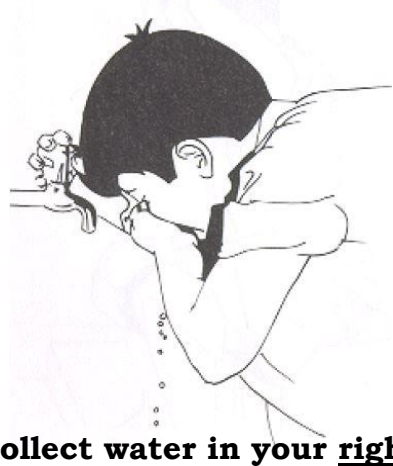
**Say 'Bismillah' (to yourself)  
and wash both hands upto  
the wrist.**



**Collect water in your right  
hand to rinse your mouth,  
then spit out: repeat 3 times.**



**Wash your face 3 times  
from the top to your chin  
and from ear to ear.**



**Collect water in your right  
hand, sniff into your nose  
and then blow out using your  
left hand: repeat 3 times.**



**Wash your arms up to the elbow 3 times. First the right, then the left.**



**Wipe over your head, starting from the front, down to the back and then back to the front.**



**Use your finger to wipe inside your ears and your thumbs to wipe behind your ears.**



**Wash both feet 3 times, starting with the right and then the left.**

## Tayammum Sequence Cards