

MORNING THIKR

'We have reached the morning and at this very time unto Allah, belongs all sovereignty,	AS-bah-naa wa aS-ba-hal mul-kul-lillaah(i),	أَصْبَحْنَا وَ أَصْبَحَ الْمُلْكُ لِلَّهِ،
and all praise is for Allah.	Wal ham-du-lillaahi	وَ الْحَمْدُ لِلَّهِ
None has the right to be worshipped except Allah, alone, without any partner,	laa ilaha il-la-lah-hu wah-da-hu laa sharee-ka la-h(u)	لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،
to Him belongs all sovereignty and praise and He is over all things omnipotent.	La-hul mul-ku wa la-hul ham-du wa hu-wa 'a-laa kul-li shay-in qa-deer-(un),	لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ،
My Lord, I ask You for the good of this day and the good of what follows it	Rab-bi as-a-lu-ka khay-ra maa fee ha-thaal yowm(i) wa khay-ra maa b'a-da-hu	رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ، وَ خَيْرَ مَا بَعْدَهُ،
and I take refuge in You from the evil of this day and the evil of what follows it.	Wa a-oo-thu bi-ka min shar-ri ha-thaal yowmi wa shar-ri maa ba-da-hu	وَ أَعُوذُ بِكَ مِنْ شَرِّ هَذَا الْيَوْمِ وَ شَرِّ مَا بَعْدَهُ،
My Lord, I take refuge in You from laziness and senility.	Rab-bi a-oo-thu bi-ka min-al-ka-sa-li wa soo-il ki-ba-r(i)	رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَ سُوءِ الْكِبَرِ،
My Lord, I take refuge in You from torment in the Fire and punishment in the grave.'	Rab-bi a-oo-thu bi-ka min-'a-thaabin feen-naari wa 'a-thaa-bin feel qab-r(i).	رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَ عَذَابٍ فِي الْقَبْرِ