

# Teacher Answers

*islamicurriculum.wordpress.com*

## THE BEHAVIOUR OF SAWM

Do not show off in front of your friends when you are fasting

Doing sawm truthfully  
(do not eat or drink secretly)

Don't follow up the zakaat money you pay out of authority

Do it for the sake of Allah

Fasting is also about behaviour, not just food and water!

Fasting means to stop:

-eating

-drinking

-bad behaviour

-rude words, too!

Don't eat haram food after breaking your sawm

Break your sawm with dates and water

Fasting from Fajir until Mughrib

Don't wait long after Mughrib to break sawm