

Sha'ban

1446 / 2025

**Share what you already know
about Sha'ban.**

Shaban is a month of preparation for Ramadhan.

Usāma b. Zayd (RA) narrated “I asked the Prophet ﷺ ‘ Why is it that you fast more in Shaban than any other month?’ The Prophet ﷺ replied, ‘That is a month neglected by the people between Rajab and Ramadan, and it is a month in which one’s deeds are raised to the Lord of the Worlds, so I love for my deeds to be raised while I am fasting.’”

Sunan al-Nasā’ī, no. 2357

Salama b. Kuhayl al-Kūfī (d. 121/739), one of the early generation of believers, known as 'the Followers' (tābi'īn), narrates that when the month of Shaban approached, his people freed their time to recite the Qur'an. He said, "The month of Shaban [is] the month of reciters." Another narration states that "When Shaban would begin, Amr ibn Qais would close his store, and devote himself to the recitation of the Qur'an."

Latā'if al-ma'ārif

**What would you do
to prepare for
Ramadhan?**

Start Fasting From Now

It is sunnah to fast on these days

Every Monday



Mo

Tu

We

Th

Fr

Sa

Su

Every Thursday



It was also the habit of our Nabi ﷺ to fast on the white days (during the full moon)



These days are known as
Ayaam ul Beedh
(according to the lunar calendar)

Connect with the Quran

Listen to the Quran daily.

Recite even if it's a few sides.

Read or listen to the Tafsir of the Quran.

Read the famous surahs after salah.

Daily Dhikr

Sit on your own everyday, even if its for five minute, and remember Allah.

Remember all of Allah's favours upon you.

Repeat the Kalimah and the name of Allah a few times.

Read the Tasbihaat after salah, followed by Istighfaar and Salawat throughout the day.

Making Dua will bring you really close to Allah

Make a list of duas, start off small, and add to the list everyday. By Ramadhan, you will be able to make dua for over 10 minutes inshaAllah.

This is How You May Ask Allah

○ Allah the Most Merciful the most Kind Allah, ○ the Most Forgiving Allah, please forgive me, please forgive all my minor and major sins, please forgive the sins I have committed secretly and openly, please forgive the sins I have committed mistakenly and on purpose, please accept my Taubah and grant me the strength to stay away from sins.

○ Allah I beg you for guidance, show me the straight path and protect me from the path of shaitan and from sins. ○ my Allah fill my life with blessings, bless me with good health, bless me with a lot of wealth, bless me with happiness and bless me with the knowledge of Deen Islam. ○ my Beloved Allah, protect me from the evils of my nafs, protect me from all kinds of harm, protect me from physical and mental illnesses, protect me from all spiritual diseases and protect me from sudden calamities. ○ Allah, protect me from harming others and from being harmed. ○ Allah, bless me with a bright future and protect me from all decisions and actions that would destroy my life in this world and the next.

Read books on Ramadhan and make a plan

The best book you can read on Ramadhan, is a book called 'Fadhail e Ramadhan' by Sheikh Zakariyyah Kandelwi. Create your own to-do list, and arrange your house or at least your bedroom in preparation for Ramadhan.

Things you should work on eliminating before Ramadhan

Swearing and lying

Hurting people

Backbiting

Music

Games, videos, and social media

There is a very special night in Sha'ban

It is known as:

لَيْلَةُ النِّصْفِ مِنْ شَعْبَانَ

This night is also known by some as 'Shab e Baraat' (the Night of Freedom).

Why is it known as the Night of Freedom?

Our Nabi Muhammad ﷺ has informed us, that on this night, Allah frees a large number of people from Jahannam more than the number of the hair on the sheep of the tribe, Kalb."

The tribe of Kalb used to have the most sheep in Madina.

This means, it is a great night, in which Allah forgives our sins. We should make the most out of it!

We should not waste this night!

Our Nabi ﷺ informed us that "Allah turns His special attention towards us on the 15th night of Sha'ban and forgives everyone, except the ones who associate partners with Him and those who have hatred in their hearts".

This hadith informs us of how special this night is, we also learn how evil shirk is and how bad it is to have hatred towards others.

Things you should do on this special night.

- Recite Quran.
- Pray your salah.
- Engage in dhikr.
- Seek forgiveness from Allah
- Forgive those who wrong you.
- Spend time making dua.
- Limit screen time.
- Make the most out of the night.

Things to stay away from:

- Wasting time on games, videos, and social media.
- Listening to music.
- Missing Salah.
- Using foul language and lying or saying bad things behind someone's back.



When is the 15th night?

This year, the 15th night of Sha'ban will be on:

Thursday 13th February 2025
From Maghrib till Fajr

Remember, in the Islamic calendar, the the day starts after Maghrib.

Watch this short clip:

https://youtu.be/mdpl6OQYcCU?si=ONWrFoWqUyq2p6x_

Adhkār for you to do in Ramadhan and Sha'ban



أَسْتَغْفِرُ اللَّهَ

Benefits of Isthighfaar:

Removes anxieties
and worries.

Brings relief and
happiness.

Wipes out all sins.

لَا إِلَهَ إِلَّا اللَّهُ

Benefits of La ilaha illallah:

The most loved and
valued phrase to
Allah.

It will protect us from
Shaytan.

This is the best Dhikr
out of all the Adhkar.

الله الله

Benefits of Allah Allah:

Removes anxieties
and worries.

Brings relief and
happiness.

Wipes out all sins.

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Benefits of Dhikr :

It will help us to
continue doing good
deeds, stay away
from evil deeds and
enjoy the treasures of
Jannah.

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Benefits of Durood:

It will attract the Help
of Allah.

It will bring us closer
to Nabi ﷺ.

**Make the most out of this month
and prepare well for Ramadhan.**

**How will you prepare for Ramadhan and
what will you do on the 15th Night?**