

Sha'ban

1446 / 2025



& Education Centre
Nusratul Islam Masjid

Let's go over the names of the months in the Islamic calendar.

Which month are we currently in now?



It is the month of Sha'ban!

In this month, many people feel excited, since Ramadhan is only a few weeks away.

There are many special things we can do, in preparation for the special month of Ramadhan.

Our beloved Nabi Muhammad ﷺ used prepare for Ramadhan by keeping a lot of fasts in the month of Sha'ban.

This might be difficult for us (inshaAllah, once we are older, we can also fast in Sha'ban), but it does not mean we can't prepare in other ways.

We can try eating smaller portions from now, we can also cut down on bad habits.



Did you know – it is sunnah to fast on these days

Every Monday



Mo

Tu

We

Th

Fr

Sa

Su

Every Thursday



It was also the habit of our
Nabi ﷺ to fast on these days

10

11

12

13

14

15

16

17

18

These days are known as
Ayaam ul Beedh
(according to the lunar calendar)

Ways We Can Prepare for the Month of Ramadhan

- Listen to a lot of Quran
- Do some Dhikr (even if its for 3 minutes)
- Make Du'a to Allah (for at least 2 minutes)
- Increase your Salawaat
- Read books on Ramadhan
- Organise your house, make it ready for Ramadhan.



Work on these! 🙏

- Be extra nice to family members
- Don't hurt anyone
- Stay away from using foul language or lying
- Cut down on screentime



There is a very special night in Sha'ban

It is known as:

لَيْلَةُ النِّصْفِ مِنْ شَعْبَانَ

This night is also known by some as 'Shab e Baraat' (the Night of Freedom).

Why is it known as the Night of Freedom?

Our Nabi Muhammad ﷺ has informed us, that on this night, Allah frees a large number of people from Jahannam more than the number of the hair on the sheep of the tribe, Kalb."

The tribe of Kalb used to have the most sheep in Madina.

This means, it is a great night, in which Allah forgives our sins. We should make the most out of it!





We should not waste this night!

Our Nabi ﷺ informed us that "Allah turns His special attention towards us on the 15th night of Sha'ban and forgives everyone, except the ones who associate partners with Him and those who have hatred in their hearts".

This hadith informs us of how special this night is, we also learn how evil shirk is and how bad it is to have hatred towards others.



Things you should do on this special night.

- Recite Quran.
- Pray your salah.
- Engage in dhikr.
- Seek forgiveness from Allah
- Forgive those who wrong you.
- Spend time making dua.
- Limit screen time.
- Make the most out of the night.



Things to stay away from:

- Wasting time on games, videos, and social media.
- Listening to music.
- Missing Salah.
- Using foul language and lying or saying bad things behind someone's back.



When is the 15th night?

This year, the 15th night of Sha'ban will be on:

Thursday 13th February 2025
From Maghrib till Fajr

Remember, in the Islamic calendar, the day starts after Maghrib.

Adhkār for you to do in Ramadhan and Sha'ban



أَسْتَغْفِرُ اللَّهَ

Benefits of Isthighfaar:

Removes anxieties
and worries.

Brings relief and
happiness.

Wipes out all sins.

لَا إِلَهَ إِلَّا اللَّهُ

Benefits of La ilaha illallah:

The most loved and
valued phrase to
Allah.

It will protect us from
Shaytan.

This is the best Dhikr
out of all the Adhkar.

الله الله

Benefits of Allah Allah:

Removes anxieties
and worries.

Brings relief and
happiness.

Wipes out all sins.

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِالله

Benefits of Dhikr :

It will help us to
continue doing good
deeds, stay away
from evil deeds and
enjoy the treasures of
Jannah.

صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ

Benefits of Durood:

It will attract the Help
of Allah.

It will bring us closer
to Nabi ﷺ.



الله

The Beautiful Names of Allah

يَا وَدُودُ يَا اللهُ

**Wadud means
The Most Loving.**

By repeating Wadud,
we will attain the love of
Allah and the love of
people.

يَا حَمِيدُ يَا اللهُ

**Hameed means
The Praiseworthy.**

By repeating Hameed,
we will receive more
blessings from Allah
and Allah will make us
praiseworthy in the
eyes of people.

يَا مَجِيدُ يَا اللهُ

**Majeed means The
Magnanimous.**

By repeating Majeed,
Allah will bless us with
honour and dignity.

يَا قَرِيبُ يَا اللهُ

**Qareeb means The
Close.**

By repeating Qareeb,
Allah will allow us to
get closer to Him.

يَا رَحِيمُ يَا اللهُ

**Raheem means
The Most Kind.**

By repeating Raheem,
Allah will shower His
kindness on us.



The Beautiful Names of Allah

يَا رَحْمَنُ يَا اللهُ

**Rahman means
The Most
Compassionate.**

By repeating Rahman,
all our worldly affairs
will be looked after by
Allah.

يَا حَنَّانُ يَا اللهُ

**Hannan means The
One Who Shows
Affection.**

By repeating Hannan,
Allah will turn His
special kindness and
affection towards us.

يَا مَنَّانُ يَا اللهُ

**Mannan means
The One Gives
Graciously.**

By repeating Mannan,
Allah will bless us with
countless blessings.

Listen to all the adhkar: Allah will turn His special kindness and us

**Make the most out of this month
and prepare well for Ramadhan.**

**How will you prepare
for Ramadhan?**