

KS2



Ready - Set Ramadan!

Using the month of Sha'ban to prepare for Ramadan



Life With Allah

الحياة مع الله

Learning Objectives



- To explore some of the virtues of the month of **Sha' ban**
- To prepare a list of things that you can do in Sha' ban to get ready for the month of Ramadan!
- To learn the du'a for reaching Ramadan

Starter



[A] What do these pictures show?

Challenge: Can you summarise both pictures with only 1 word?



| | |
|-----------------|----------------|
| Muharram | Rajab |
| Safar | ? |
| Rabi al-Awwal | Ramadan |
| Rabi al-Akhir | Shawwal |
| Jumada al-Ula | Dhul al-Qa'dah |
| Jumada al-Ukhra | Dhul al-Hijjah |



You might already know that Ramadan is the ninth month of the Islamic Calander.

But what is the month BEFORE Ramadan called?

| | |
|-----------------|----------------|
| Muharram | Rajab |
| Safar | Sha'ban |
| Rabi al-Awwal | Ramadan |
| Rabi al-Akhir | Shawwal |
| Jumada al-Ula | Dhul al-Qa'dah |
| Jumada al-Ukhra | Dhul al-Hijjah |



Sha‘ban



For this Ramaḍān to be our best, we should start preparing now, both spiritually and physically.

The month of Sha‘bān is like the sunnah prayers.

The sunnah prayers help us to get into the ‘mode’ of ṣalāḥ and prepare us for the farḍ prayers.

Virtues of Sha‘ban #1



‘Ā’ishah (radīy Allāhu ‘anhā) said:
“I did not see him صلى الله عليه وسلم fast in any
month as much as he fasted in Sha‘bān.”
(Muslim)

This hadith tells us that one way to prepare for
Ramadan is to.....?

How will this help you in Ramadan?

Question



How many times are our actions raised to Allah?

1. Daily
2. Weekly
3. Annually



Answer: All three!

Virtues of Sha‘ban #2



Our actions are raised up **daily** to Allah twice: in the morning and the evening.

Then, they are raised up **weekly** to Allah twice: on Monday and Thursday.

They are then, raised up to Allah **yearly** in Sha‘bān.

Thus, the Prophet صلى الله عليه وسلم liked for his ‘annual performance review’ to correspond with him being in a state of fasting.

This tells us that one way to prepare for Ramadan is to.....?

How will this help you in Ramadan?

Virtues of Sha‘ban #3



The Messenger of Allah ﷺ said,

“Indeed Allah looks down in the middle night of Sha‘bān and He forgives all of His creation, except anyone who commits shirk or harbours hatred.” (Ibn Mājah)

This hadith tells us that one way to prepare for Ramadan is to.....?

How will this help you in Ramadan?

CHECKPOINT

Virtues of Ramadan



[A] Tell the person next to you...

1. What are the 3 virtues of Sha'ban that we have looked at so far?

2. How will this help us to prepare for Ramadan?

SHA'BAN CHALLENGE BINGO!

How will YOU warm-up for Ramadan
this year?



Extra Fasting

Extra Qur'an
Reading

Start praying at
night

Visit a relative that
you haven't spoken
to in a while

Adjust your sleep
routine

Get your Eid
cards/gifts ready

Qur'an Memorisation

Increase your
Tawbah

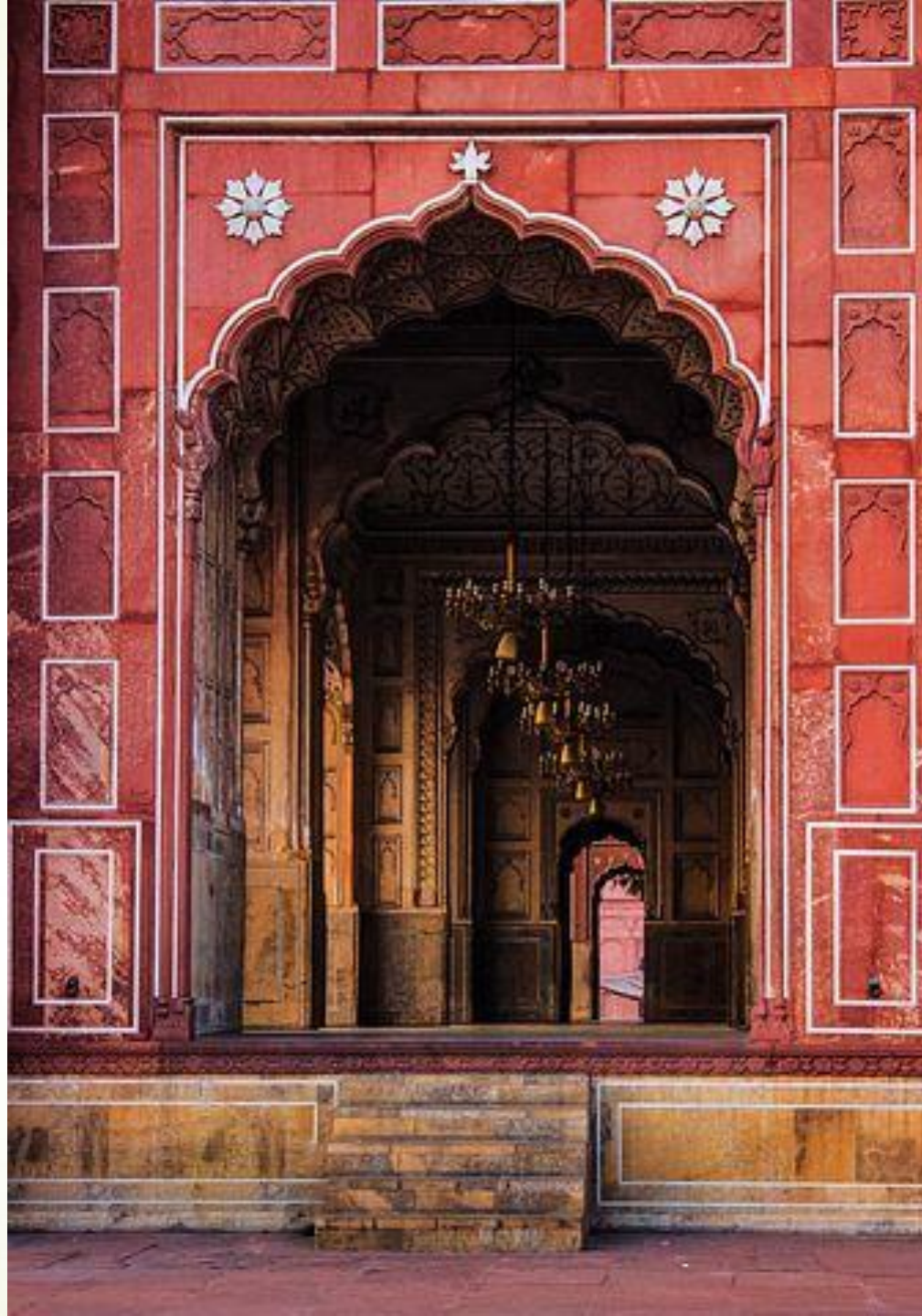
Talk to your parents
about what they
will do with their
Zakat this year

Dear Ramadan...

[A] Write a letter to welcome Ramadan.

Make a pledge to treat this as your best Ramadan yet!

Tell Ramadan **what you are doing now** in preparation for its arrival.



Dear Ramadan...



I can't wait for you to arrive!

This year I want to make the most of Ramadan, gain lots of reward and become a better Muslim inshaAllah.

To get ready for your arrival I will....

CHECK POINT



- To explore some of the virtues of the month of Sha‘ bān
- To prepare a list (or grid) of things that you can do in Sha‘ bān to get ready for the month of Ramadan!

Q. When do you think the Sahabah started preparing for Ramadan?

Year-long value of Ramadan



قال الحافظ ابن رجب رحمه الله:

"قال معلى بن الفضل: كانوا يدعون الله تعالى ستة أشهر أن يبلغهم رمضان، ويدعونه ستة أشهر أن يتقبل منهم. وقال يحيى بن أبي كثير: كان من دعائهم: اللهم سلمني إلى رمضان، وسلم لي رمضان وتسلمه مني، متقبلاً." انتهى من "لطائف المعارف" (ص 148)

“...They (the *sahabah*) would supplicate to Allah for six months to allow them to reach Ramadan. Then, they would supplicate to Him another six months to accept it from them.”

Being connected with Ramadan throughout the year:

6 months before – Ask Allah to safeguard you.

6 months after – Ask Allah to accept it from you.

Du'a for seeing the new moon

Have you ever spoken to
the moon?

اللَّهُمَّ أَهْلُهُ عَلَيْنَا بِالْإِيمَانِ وَالسَّلَامَةِ وَالْإِسْلَامِ وَالتَّوْفِيقِ
لِمَا تُحِبُّ وَتَرْضَى، رَبِّي وَرَبُّكَ اللَّهُ

“O Allah, let this moon (month) pass over us with blessings, Iman, safety, and in the state of Islam. Grant us the ability to act on the actions that You love and are pleased with. (O moon) My Lord and Your Lord is Allah!”.

Plenary



- What would the Prophet صلى الله عليه وسلم do in the month of Sha'ban to prepare for the month of Ramadan?
- Why is it important to warm-up for Ramadan?

Homework



“What challenges might you face this Ramadan and what do you think are some solutions?”



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