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PUBERTY

IN THE LIGHT OF QUR'AN & SUNNAH

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Made by Fayez Rahman

- IN ISLAM, PUBERTY MARKS THE AGE OF RELIGIOUS OBLIGATION.
- IT'S A POINT WHERE A CHILD IS NOW REGARDED AS A RESPONSIBLE MAN IN THE EYES OF ALLAH.

WHAT IS PUBERTY?

ALI (R.A.) NARRATES THAT THE MESSENGER OF ALLAH ﷺ SAID:

‘THE PEN HAS BEEN LIFTED FROM THREE: FOR THE SLEEPING PERSON UNTIL HE AWAKENS, FOR THE BOY UNTIL HE BECOMES A YOUNG MAN AND FOR THE MENTALLY INSANE UNTIL HE REGAINS SANITY.’

[TIRMIDHI]

THE ANGELS ON YOUR LEFT AND RIGHT SHOULDERS WILL START TO RECORD ALL YOUR ACTIONS. THIS MEANS THAT YOU'RE NOW RESPONSIBLE & ACCOUNTABLE FOR YOUR ACTIONS.
The ANGELS ARE WRITING

- ALL YOUR ACTIONS, GOOD AND BAD, WILL NOW BE RECORDED IN A BOOK WHICH YOU'LL RECEIVE ON THE DAY OF JUDGEMENT.
- ALLAH WILL REWARD YOU 10 TIMES FOR EVERY GOOD DEED THAT YOU DO.
- FOR EVERY BAD ACTION, IT WILL BE WRITTEN AS A SINGLE SIN, AND YOU'LL BE QUESTIONED ABOUT IT.

RESPONSIBLE & ACCOUNTABLE

YOU ARE THE AUTHOR OF YOUR OWN BOOK, SO MAKE IT A GOOD READ!

- REMAIN IN A STATE OF CLEANLINESS, AS PURITY IS KEY IN ISLAM.
- PERFORM THE 5 DAILY PRAYERS REGULARLY, AND IN A PERFECT MANNER.
- KEEP ALL THE FASTS DURING THE MONTH OF RAMADHAN.
- PERFORM HAJJ (PILGRIMAGE) WHEN YOU CAN AFFORD IT.
- GIVE ZAKAAH (CHARITY) WHEN YOU HAVE ENOUGH MONEY THAT REACHES THE THRESHOLD FOR ZAKAAH.

YOU MUST . . .

WHAT ARE THE SIGNS OF PUBERTY?

- FACIAL HAIR; GROWTH OF BEARD & MOUSTACHE.
- PUBIC HAIR; UNDERARM HAIR AND HAIR BELOW THE NAVEL.
- VOICE BREAKING
- INCLINATION TOWARDS THE OPPOSITE GENDER.
- WET DREAM - IF A PERSON HAS A WET DREAM, HE IS CONSIDERED TO HAVE BECOME AN ADULT.
- REACHING 15 YEARS OF ISLAMIC AGE. - IF A PERSON DOESN'T EXPERIENCE A WET DREAM AND REACHES THE AGE OF 15, HE IS CONSIDERED AS AN ADULT.

THE SIGNS OF PUBERTY

RULES PERTAINING TO MANI

1. MANI (SEMEN)

What is it?

- A thick white liquid
- It's emission is accompanied by feelings of pleasure and immediately followed by exhaustion
- It smells like dough and gushes out in spurts.

How does it affect cleanliness?

- This is impure and breaks wudhu.
- It's fardh (obligatory) to have a shower. (This is known as being in major ritual impurity).
- If mani falls on clothes, you must clean it by rinsing and scrubbing with water 3 times, or change the clothes entirely.

RULES PERTAINING TO MADHI

2. MADHI (PRE-SEMINAL FLUID)

What is it?

- A sticky white fluid that is emitted when a sexual thought appears in a person's mind.

How does it affect cleanliness?

- This is impure and breaks wudhu.
- Wash the private part and do wudhu. (Shower is not needed).
- If madhi falls on clothes, you must clean it by rinsing and scrubbing with water 3 times, or change the clothes entirely.

RULES PERTAINING TO WADI

3. WADI (URETHRAL FLUID)

What is it?

- A white, odourless fluid that comes before or after urination.

How does it affect cleanliness?

- This is impure and breaks wudhu.
- Wash the private part and do wudhu. (Shower is not needed).
- If wadi falls on clothes, you must clean it by rinsing and scrubbing with water 3 times, or change the clothes entirely.

IMPORTANT RULINGS

HOW TO HAVE A SHOWER

- HOW MANY COMPULSORY ACTS ARE THERE IN GHUSL?

  THERE ARE 3 COMPULSORY ACTIONS (FARDH).

- WHAT ARE THEY?

  1. GARGLING
  2. RINSING THE NOSE
  3. ENSURING THAT THE WHOLE BODY IS WASHED, TO SUCH AN EXTENT THAT NOT A SINGLE HAIR IS LEFT DRY.

- WHAT TO WASH FIRST AFTER A WET DREAM

  WASH THE PRIVATE PARTS FIRST. THEREAFTER, CONTINUE HAVING GHUSL (NECESSARY SHOWER) AS USUAL.

- IS SALAAH VALID WHILST IN THE STATE OF MAJOR RITUAL IMPURITY?
  NO, SALAAH WILL NOT BE VALID

- DOES A FAST BREAK IF SEMEN IS PURPOSELY EJACULATED?
  YES, THE FAST DOES BREAK AND IT IS WAJIB (COMPULSORY) TO DO QADHAA (MAKE UP FOR IT).

- CAN AN INDIVIDUAL READ QUR'AN AND ENTER THE MASJID WHILST BEING IN THE STATE OF MAJOR RITUAL IMPURITY?
  IT IS SINFUL FOR HIM TO TOUCH & READ THE QUR'AN, NOR CAN HE ENTER THE MASJID.

- DO THE ANGELS ACCOMPANY A PERSON WHO IS IN THE STATE OF MAJOR RITUAL IMPURITY?
  THE ANGELS STAY AWAY, UNTIL HE CLEANS HIMSELF.

THE NATURAL DISPOSITION (FITRAH) OF MAN

AS TOLD BY THE MESSENGER OF ALLAH ﷺ

IT IS NARRATED FROM AISHA (R.AH) THAT THE PROPHET ﷺ SAID:

‘Ten things are part of the fitrah: trimming the moustache, cutting the nails, washing the joints, letting the beard grow, using the siwak, rinsing the nose, plucking the armpit hairs, shaving the pubes, and washing with water.’

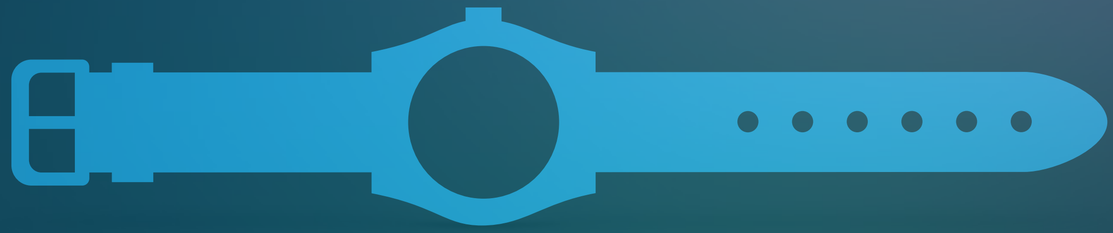
[An-Nasa’i]

Mus'ab bin Shaibah (r.a) said: "I have forgotten the tenth, unless it was rinsing the mouth."

- PLUCK OR SHAVE ARMPIT HAIR. (IT'S SUNNAH TO PLUCK)
- TRIM THE MOUSTACHE
- SHAVE ANY HAIR BELOW THE NAVEL. (I.E. HAIR AROUND THE PENIS)
- IT ISN'T NECESSARY TO TRIM THE HAIR ON THE TESTICLES, OR AROUND THE ANUS. HOWEVER, IT'S GOOD TO DO SO.

WHAT TO SHAVE?

HOW OFTEN?



IT IS NARRATED THAT ANAS BIN MALIK (R.A.) SAID:

‘A time limit was set for us, by the Prophet ﷺ, regarding trimming the moustache, clipping the nails and plucking the pubic hair; we were not to leave that for more than forty days.’

[An-Nasa’i]

QUESTIONS

IF YOU DON'T WANT TO ASK IN FRONT OF EVERYONE, COME AND SEE ME LATER.