

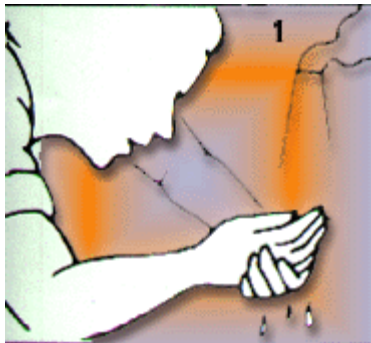
How to make Wudhu' (Ablution)

Cleanliness (Taharah) is an important precondition of Islamic worship. Wudu is an essential part of Cleanliness. Salah (prayer) is not valid without Wudu' or Tayammum(dry Ablution). Allah says in the Qur'an :

"Surely Allah loves those who turn to Him and those who care for cleanliness" (2:22).

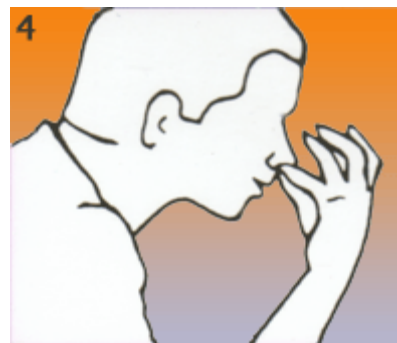
Method of Wudhu'

1. First make Niyyah (Intention) that you are making Wudu' for Salaah and begin saying. "Bismillah" (In the name of Allah, the most merciful and the most kind). Wash both hands up to the wrist three times, making sure that water has reached between the fingers.

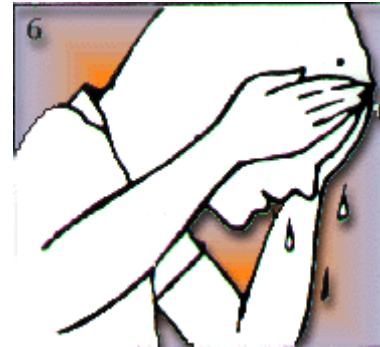


2. Put a handful of water into your mouth and rinse it thoroughly three times

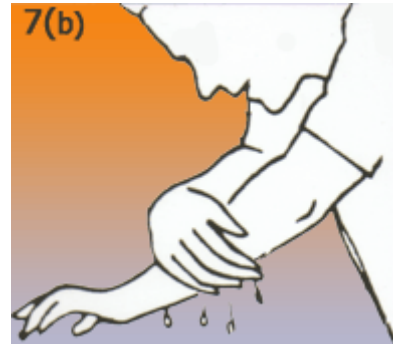
3, 4. Sniff water gently into your nostrils three times to clean them and then wash the tip of the nose.



5,6. Wash your face three times from the lobe of your right ear to your left ear and from your hairline (forehead) to your chin.



7 a & b. Wash your right arm and then your left arm thoroughly from wrist up to (and including) your elbow three times.



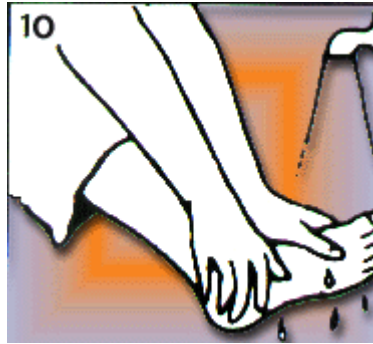
8 a & b. Move the wet palms over the head from the top of forehead to the back of the head.



9. Pass the wet tips of index fingers into the grooves and holes of both ears and also pass the wet thumbs behind the ears.



10. Finally, wash both feet to (and including) the ankles starting from the right, making sure that water has reached between the toes and all other parts of the feet.



At the end of the above steps recite:

"Ash-hadu an la ilaha illal lahu wa ash-haduh anna Muhammadan 'abduhu wa rasuluh."

Meaning: I testify that there is no god but Allah and He is One and has no partner and I also testify that Muhammad is His servant and messenger.

You Should repeat your Wudu after :

1. Natural discharge (e.g. urine, stool, wind and the like)
2. Flow of blood or pus from any part of the body.
3. Full mouth vomiting
4. Falling asleep.

Al-Ghusl (The Washing Or Bath)

The greater purification, Al-Ghusl, is obligatory when one is defiled as a result of nocturnal emission (or a wet dream), marital intercourse, child birth, or when entering into the fold of Islam.

The procedure is as follows: Begin with the name of Allah as for Wudu. Wash the hands and the affected parts of the body with water to remove any impurity. Perform Wudu as above. The wash the whole body three times, using clean water for each wash.