

# Allah Made Fruits



## A Qur'anic Unit

By Jameela Ho

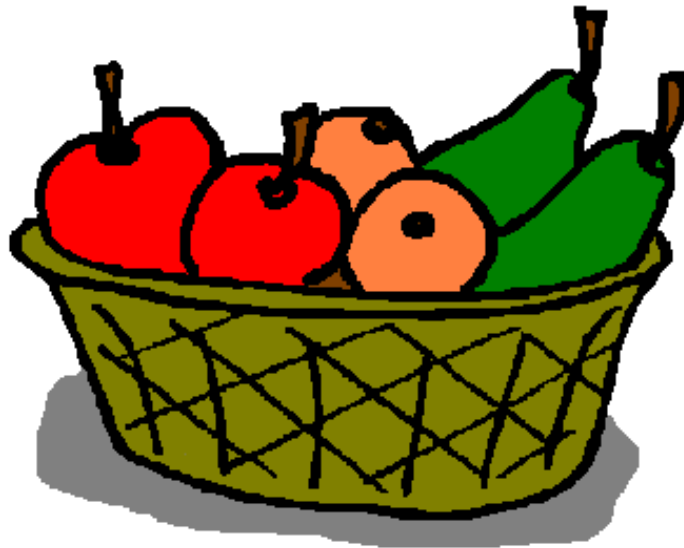
# Lesson 1

## Allah Made All Fruits

We learn:

- Only Allah can make the fruits grow
- Allah makes different kinds of fruits

# Every Kind of Fruit

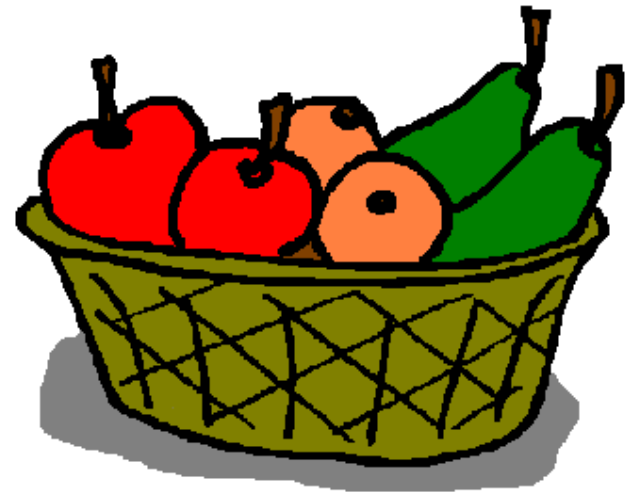


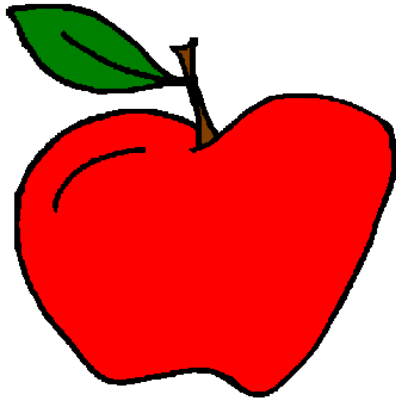
...(Allah) causes to grow for you the crops, the olives, the date-palms, the grapes and every kind of fruit...

Qur'an, An-Nahl 16:11

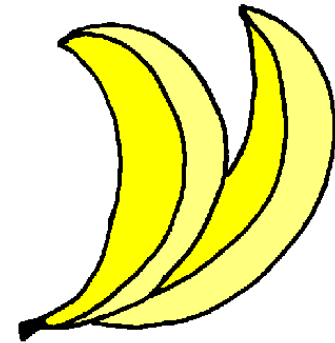
'Allah Made Fruits' booklet instructions:  
Cut each page in half and staple together.

# Allah Made Fruits

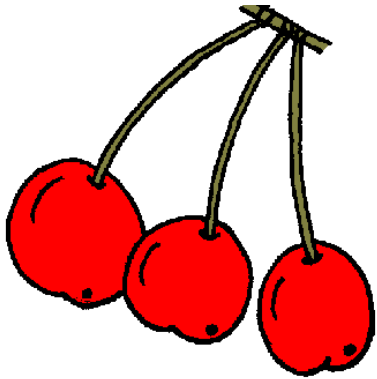




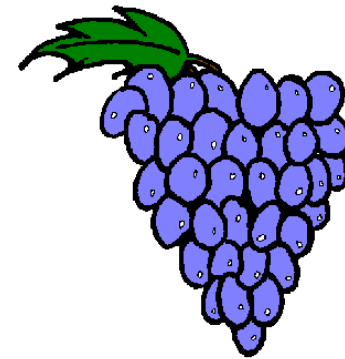
Allah made apples.



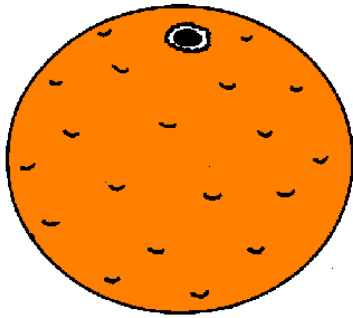
Allah made bananas.



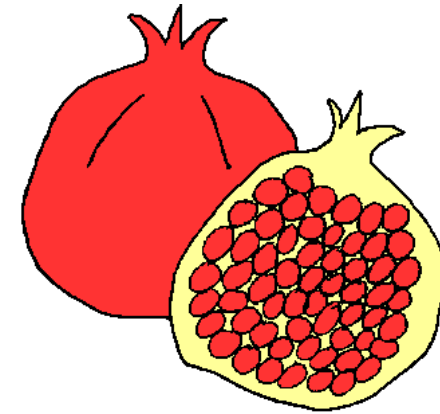
Allah made cherries.



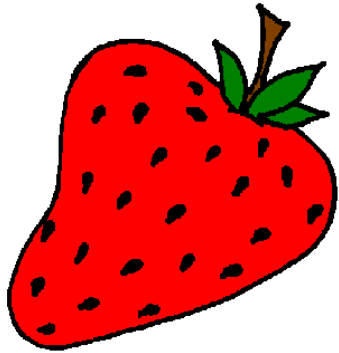
Allah made grapes.



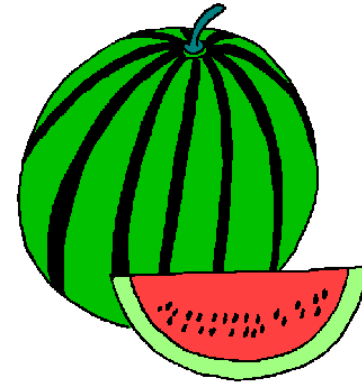
Allah made oranges.



Allah made  
pomegranades.



Allah made  
strawberries.



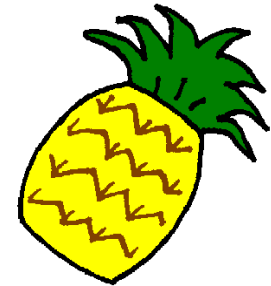
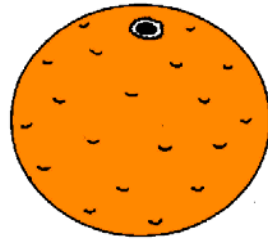
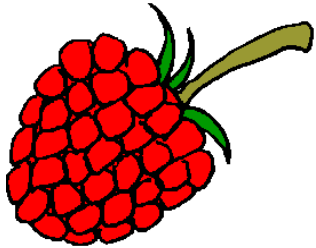
Allah made  
watermelons.



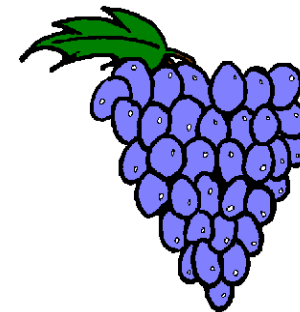
## Lesson 2

# What is a Fruit?

# What is a Fruit?

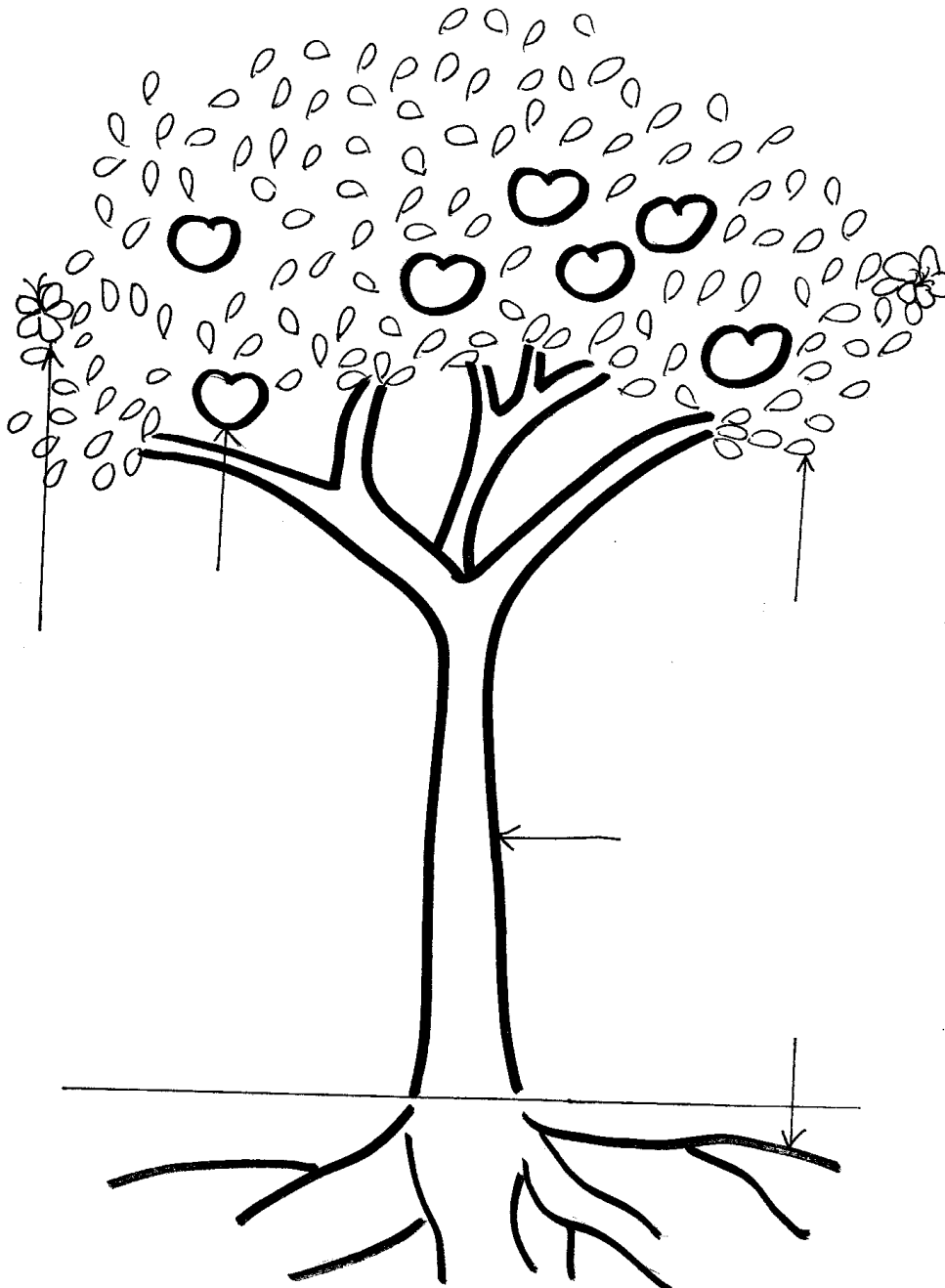


A fruit develops from a flower. The fruit contains the seeds. It covers and protects the seeds.



# Label the Diagram

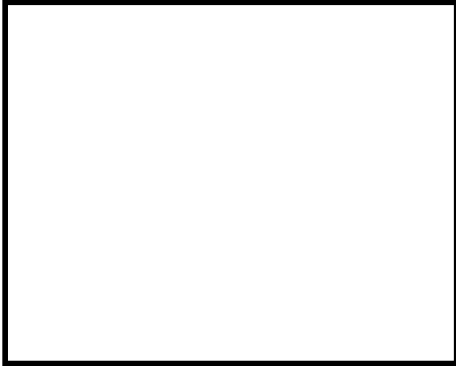
Use these words  
flower      fruit      leaves      roots      trunk



# How Do We Eat Fruits?

Draw pictures or cut and paste pictures to match the words.

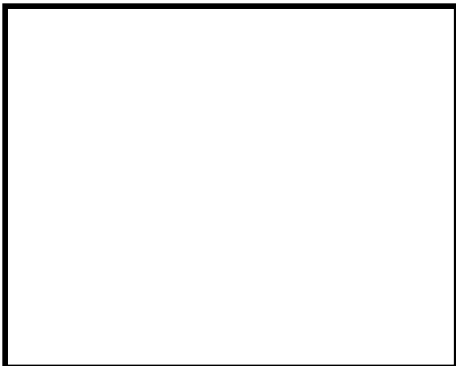
We eat fruit...



as a fruit



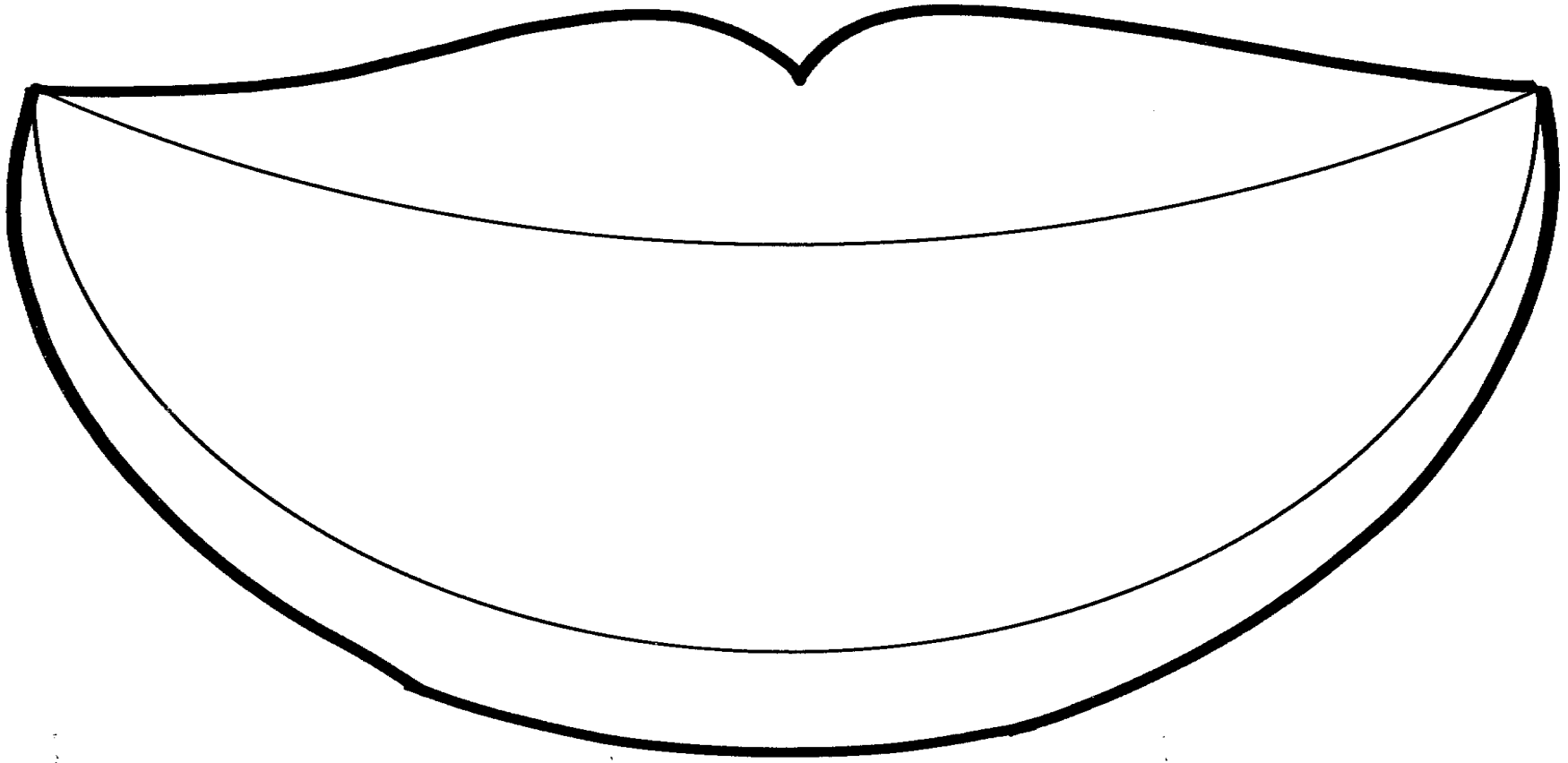
as a drink



as an oil

# The Fruits We Eat

Draw or cut and paste pictures in the mouth of the different fruit we eat.



## Lesson 3

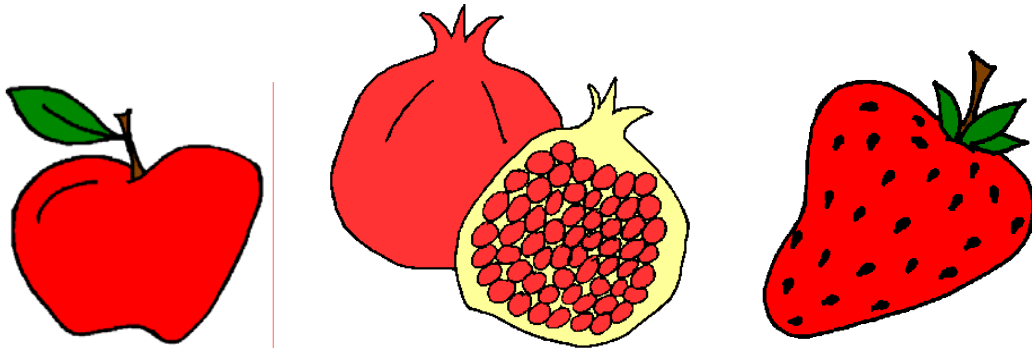
# Fruits in Paradise

We learn:

- The good Muslims will be rewarded with Jannah (Paradise)
- In Jannah there are many fruits for the good Muslim to eat whenever they want and as much as they want
- The Arabic names of some fruits

# Fruits in Paradise

This is the Paradise which you have been made to inherit because of your deeds which you used to do.

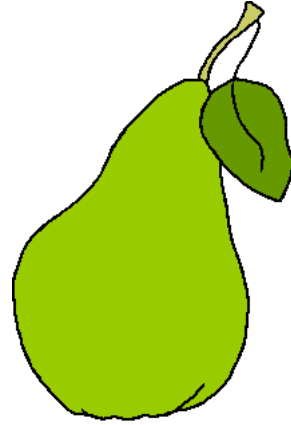


Therein for you will be fruits in plenty, of which you will eat (as you desire).

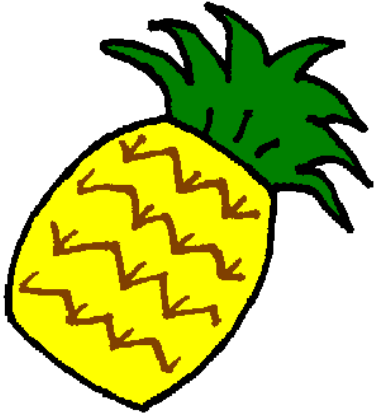
Qur'an, Az-Zukhruf 43:72-7



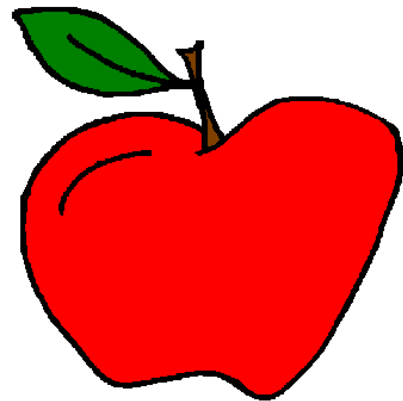
Faakihah فاكهة



Ijjaas إجاص

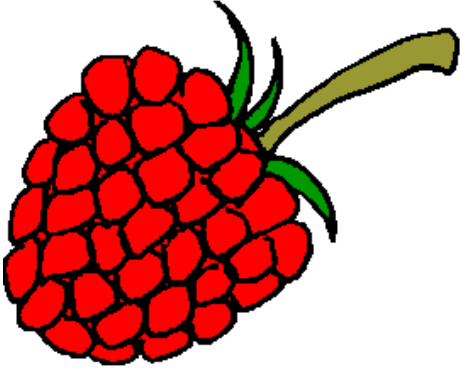


Ananas أناناس

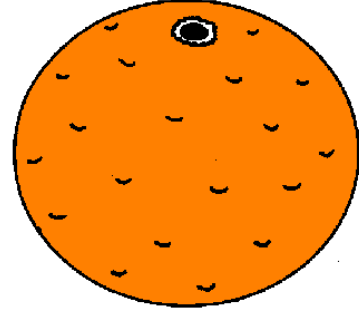


Tuffaah تُفّاحة

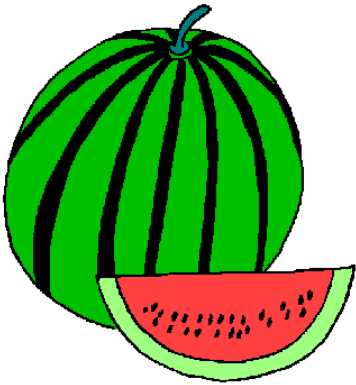




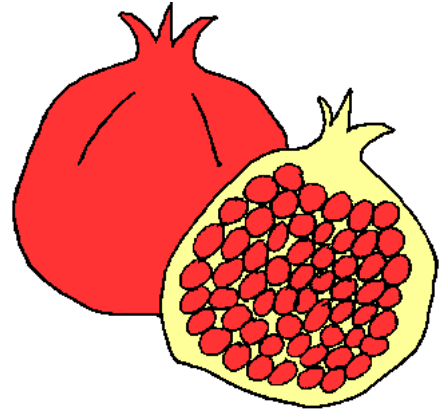
Tuut ثُوت



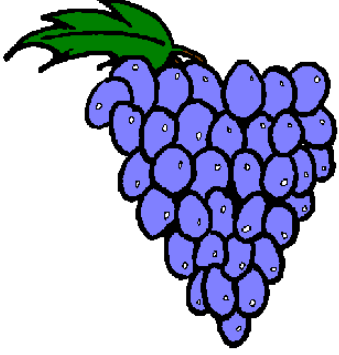
Burtuquul بُرْتُقَال



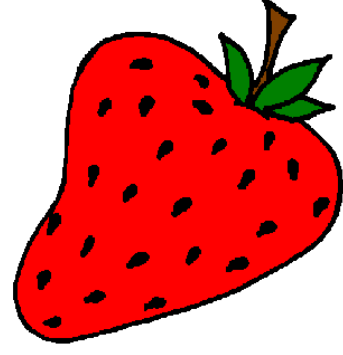
Bateekh بَطِيخ



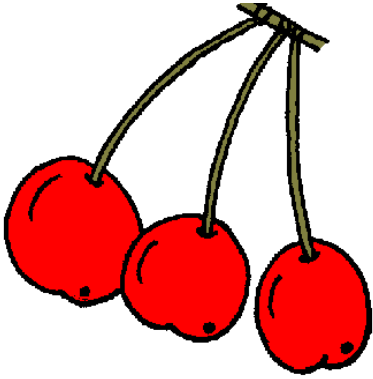
Rumman رُمَان



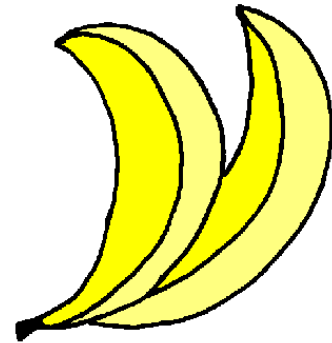
**'Inab عِنَب**



**Faraawalah فَرَاوَلَة**



**Karaz كَرَز**



**Mauz مَوْز**



**Zaytun**



**Tin**

## Lesson 4

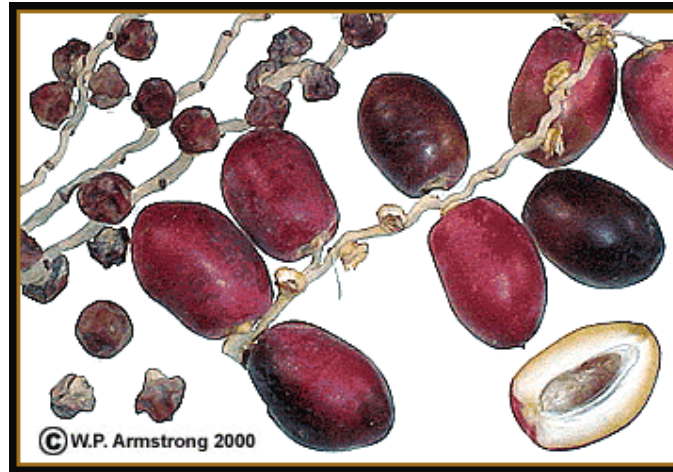
# Fruits Mentioned in the Qur'an

- date
- fig
- grape
- olive
- pomegranade

Other activities to do with each of these fruits:

1. Taste the fruit.
2. Use the fruit as an ingredient in a cooking lesson.
3. Make a paper mache of the fruit.
4. Research the health benefits of the fruit.

# Dates

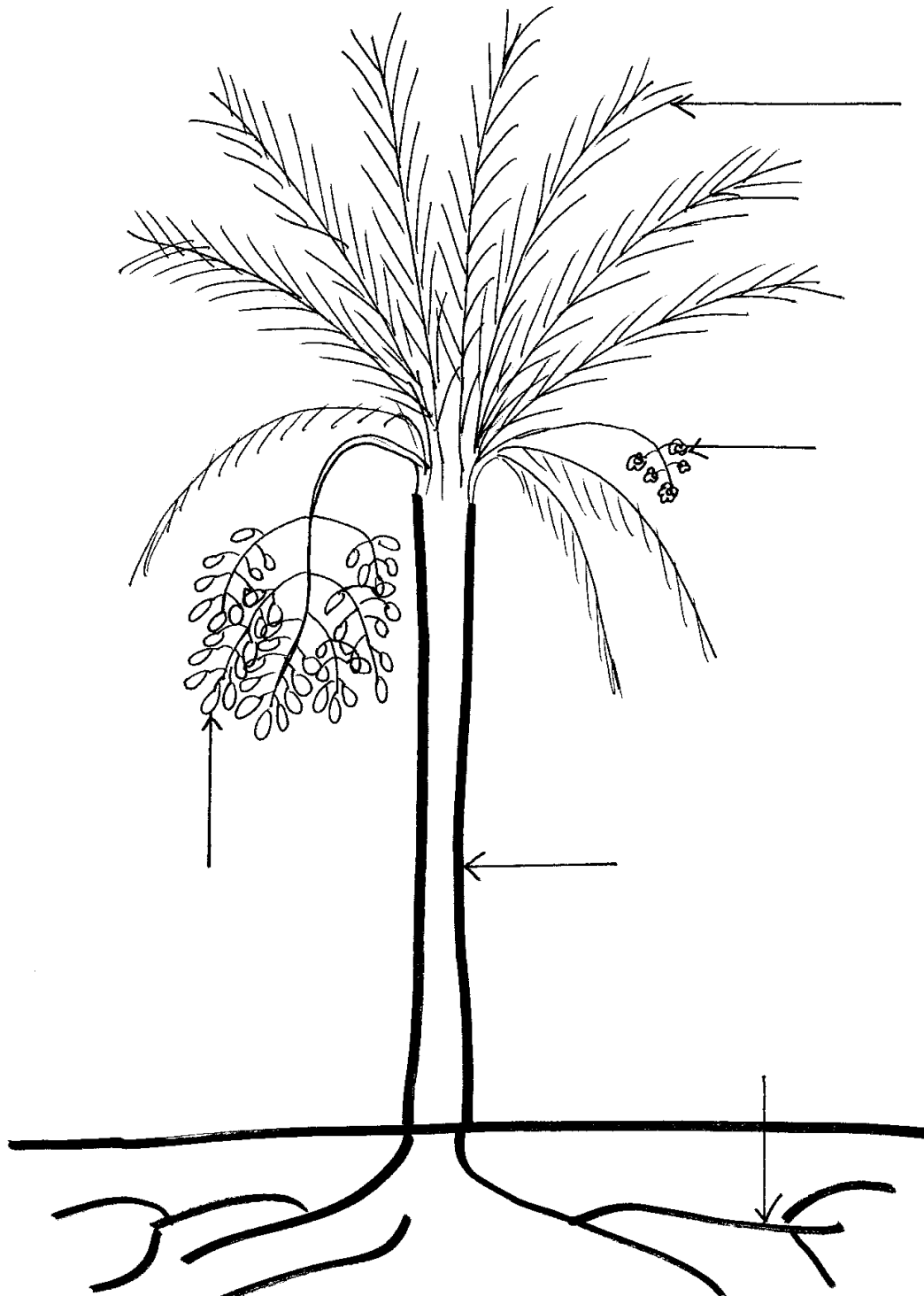


And in the earth are  
neighbouring tracts and  
gardens of vines and  
green crops and date  
palms...

Qur'an, Ar-Ra'd 13:4

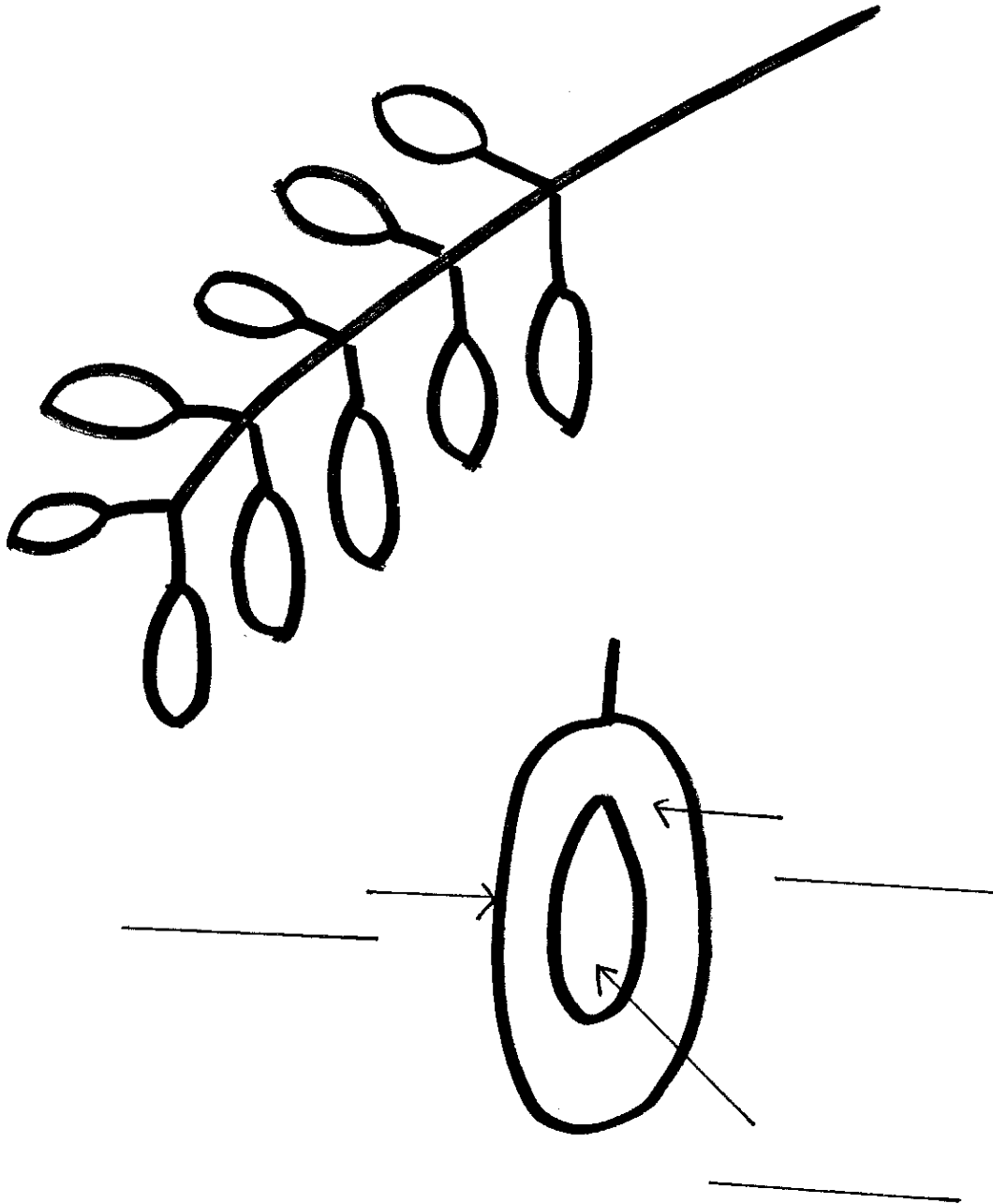
# Label the Date Palm

Use these words  
flower      fruit      leaves      roots      trunk



# Label the Date Parts

Use these words  
flesh      seed      skin



# Figs



By the fig and the olive.

By Mount Sinai.

By this city of security (Makkah).

Verily, We created man in the best mould.

Then We reduced him to the lowest of the low.

Save those who believe and do righteous deeds. Then they shall have a reward without end.

Then what causes you to deny the Recompense?

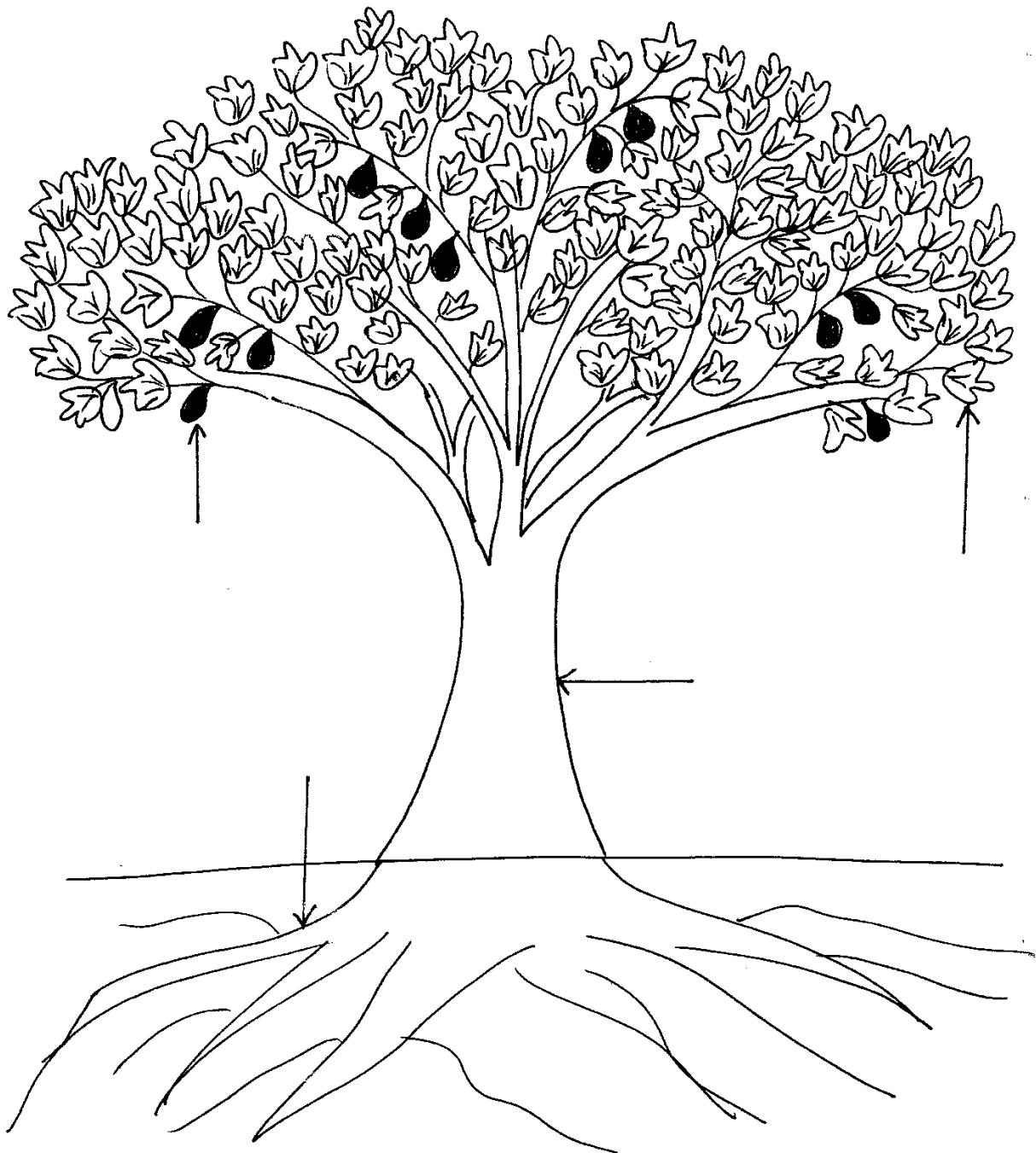
Is not Allah the Best of judges?

Qur'an, At-Tin 95



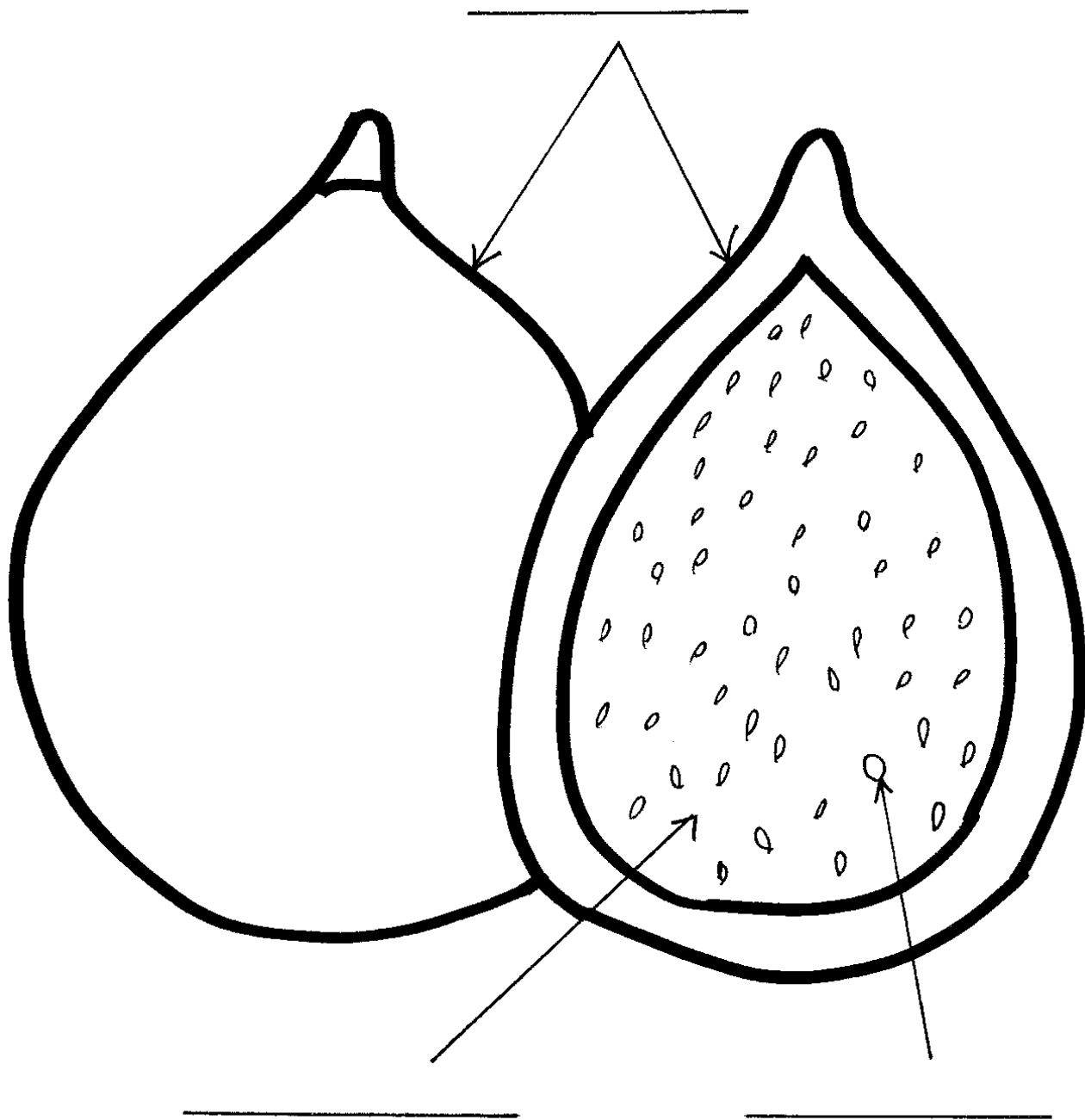
# Label the Fig Tree

Use these words  
flower      fruit      leaves      roots      trunk



# Label the Fig Parts

Use these words  
flesh      seed      skin



# Grapes

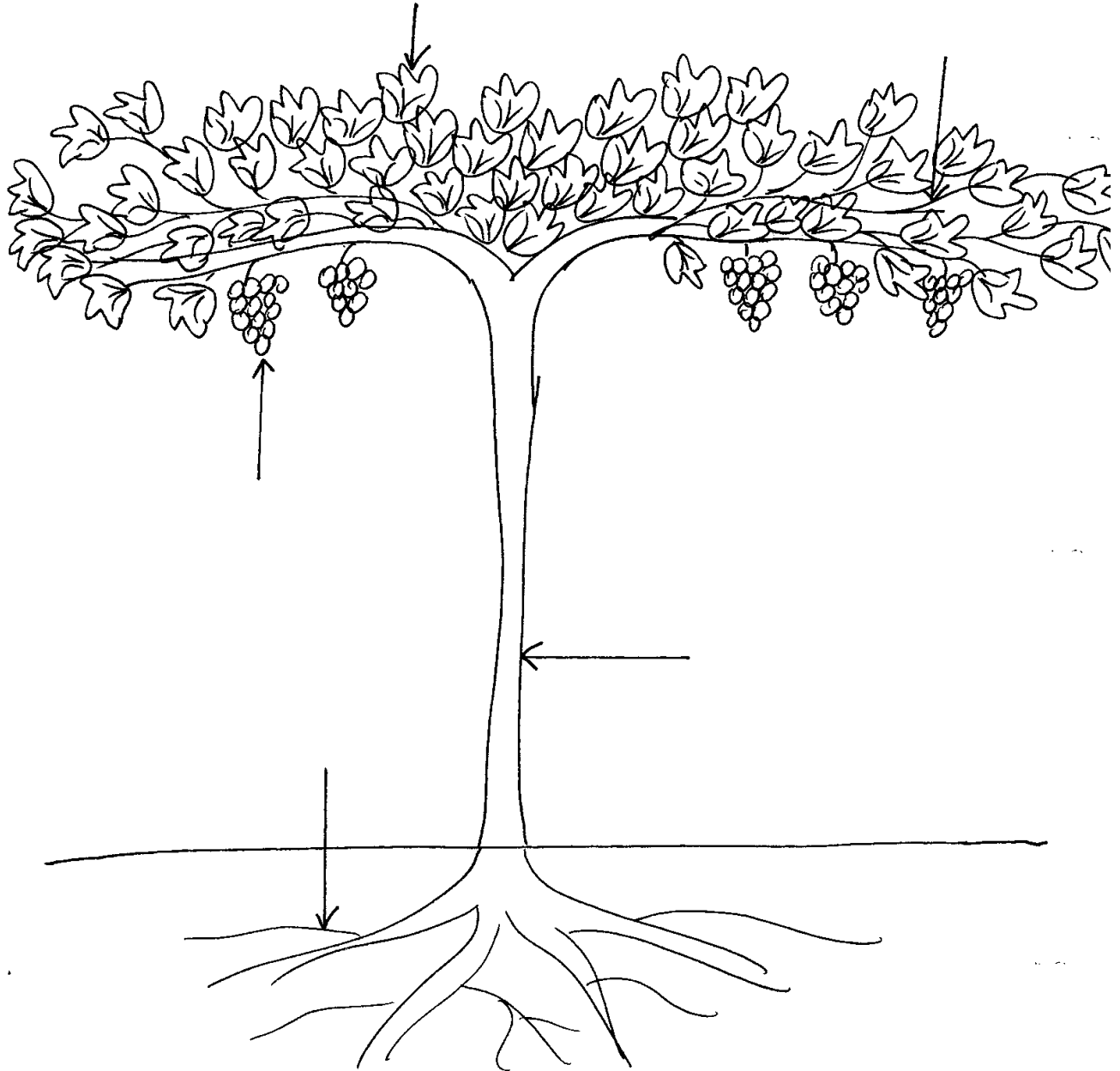


Then We (Allah) brought forth for you gardens of date-palms and grapes, wherein is much fruit for you, and whereof you eat.

Qur'an, Al-Mu'minun 23:19

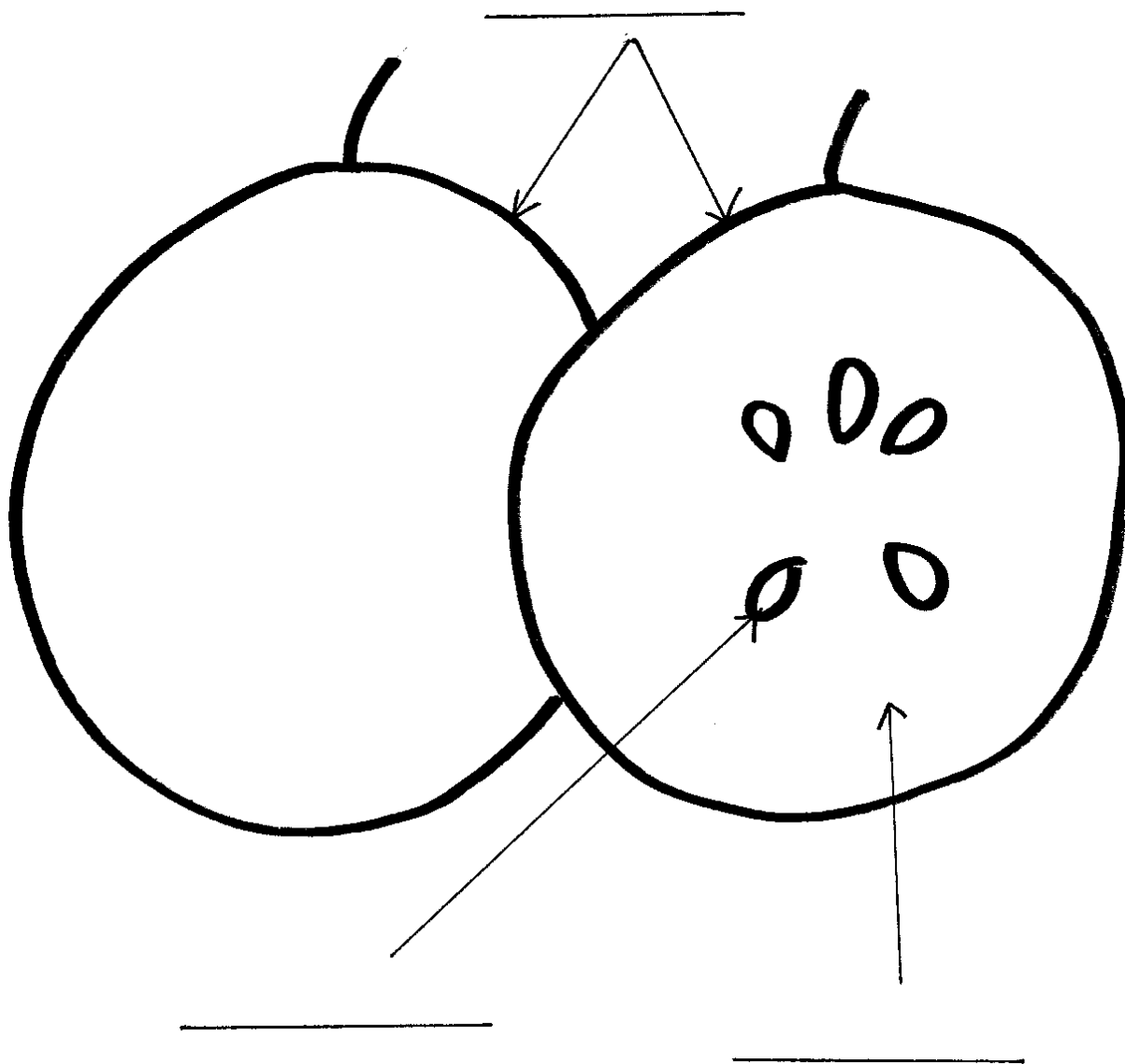
# Label the Grape Plant

Use these words  
flower      fruit      leaves      roots      trunk      vine



# Label the Grape Parts

Use these words  
flesh      seed      skin



# Olives

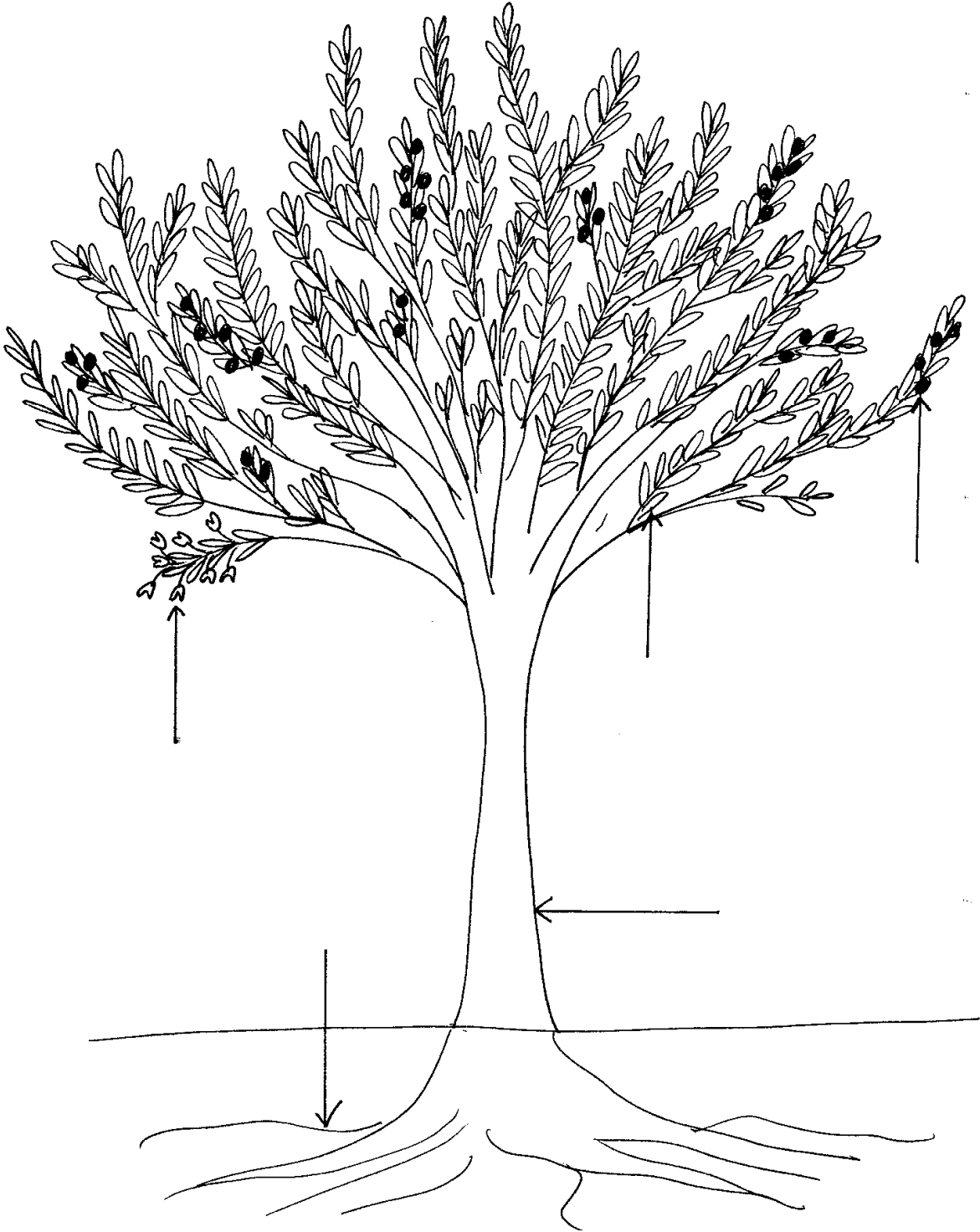


And a tree (olive) that springs forth from Mount Sinai, that produces oil and it is a relish for the eaters.

Qur'an, Al-Mu'minun 23:20

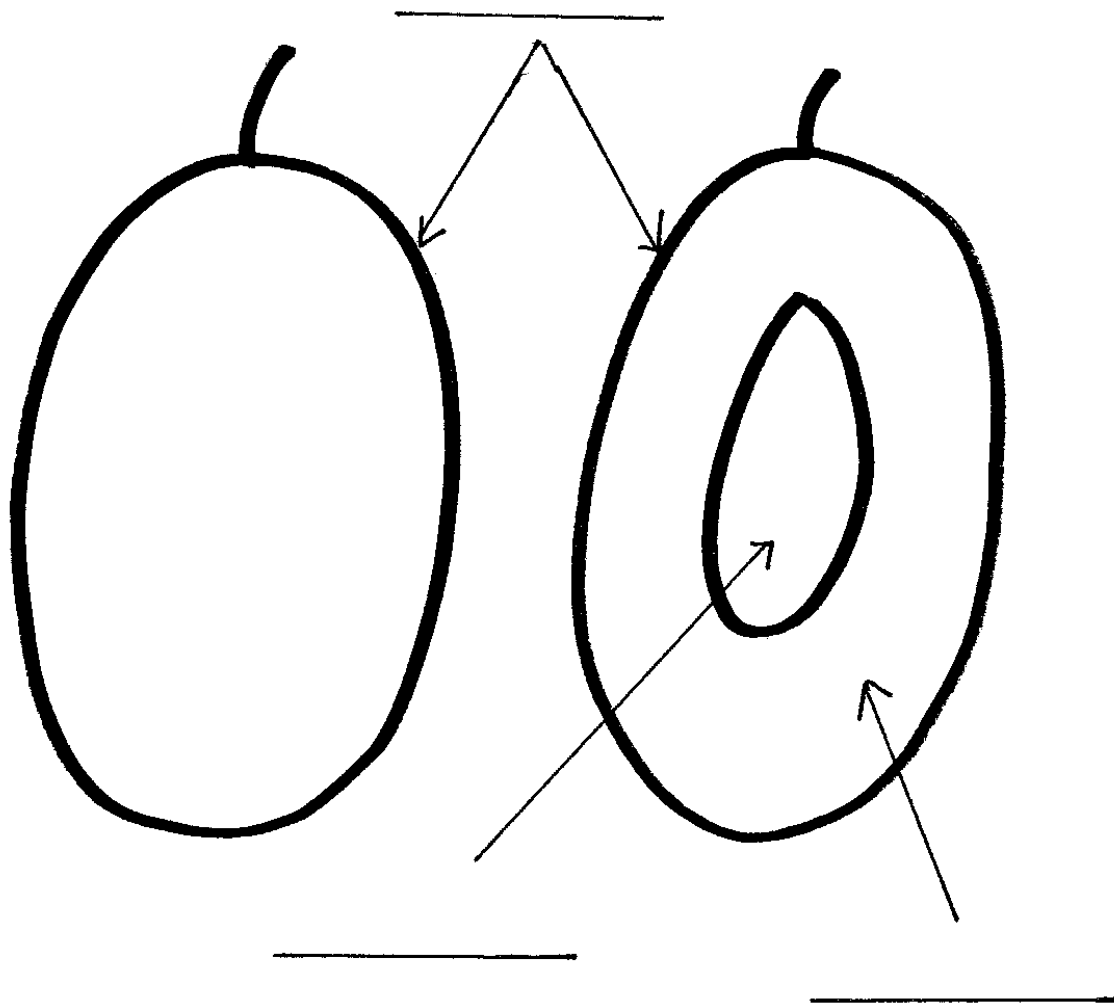
# Label the Olive Tree

Use these words  
flower      fruit      leaves      roots      trunk



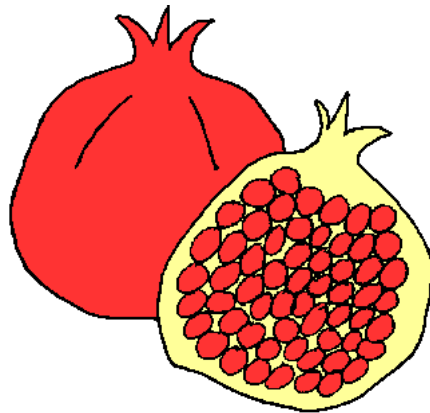
# Label the Olive Parts

Use these words  
flesh      seed      skin





# Pomegranades

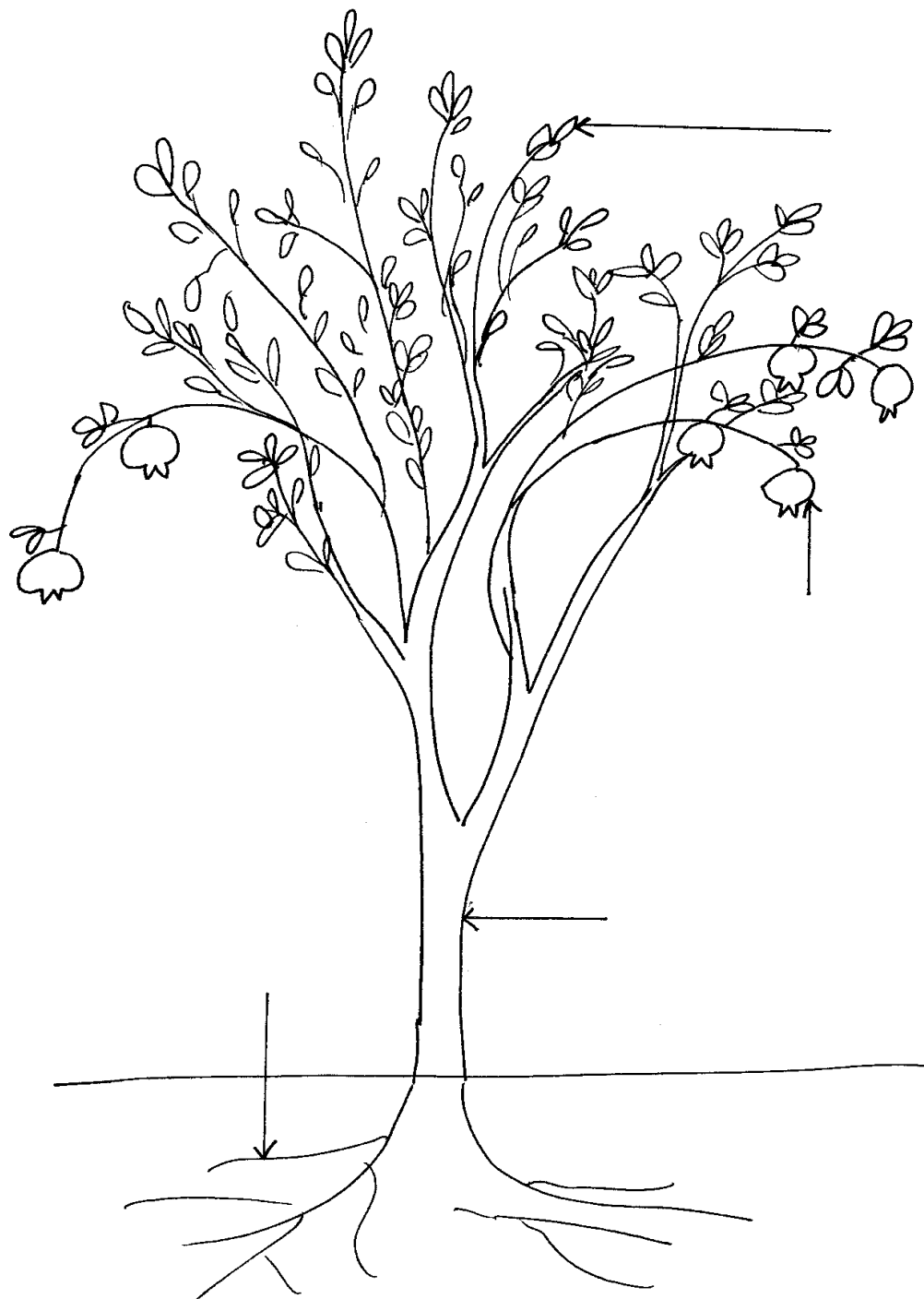


And it is He Who produces  
gardens trellised and  
untrellised, and date-  
palms and crops of  
different shape and taste  
and olives and  
promegranades, similar  
and different...

Qur'an, Al-An'am 6:141

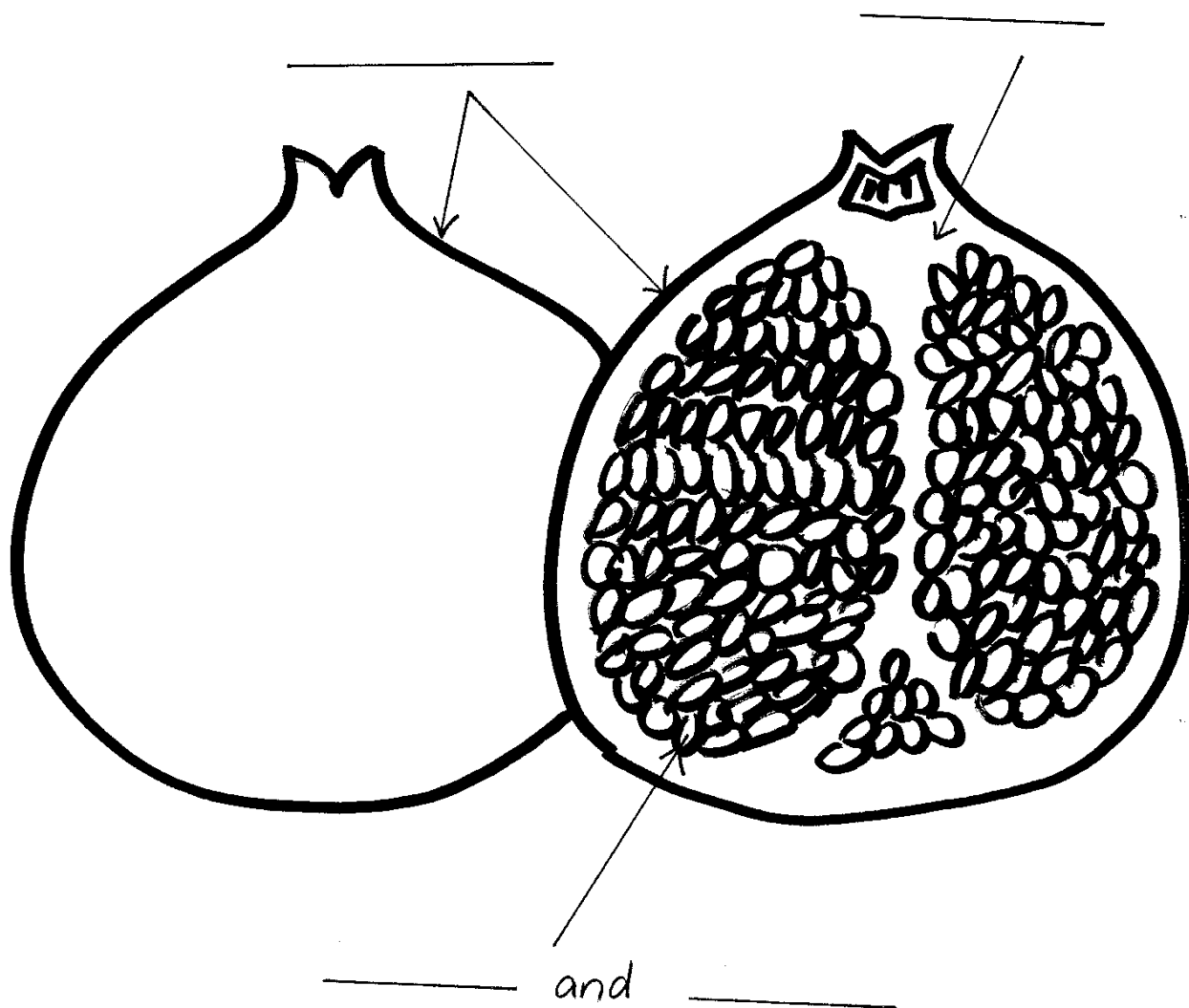
# Label the Pomegranate Tree

Use these words  
flower      fruit      leaves      roots      trunk



# Label the Pomegranate Parts

Use these words  
pith      pulp      seed      skin



# Seed Count

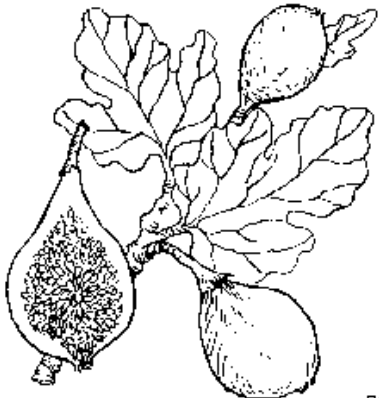
Instructions:

You will need an olive, a grape with seeds, a fig, a pomegranate and a date. You will need to open each one and count the seeds. Be sure to be hygienic so that you can eat the fruits afterwards!

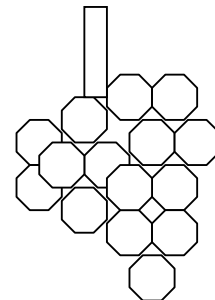


Fill in the table

Name of Fruit	Number of Seeds



FWF



# Fruit Mobile

Instructions:

1. Take a small paper plate and write 'Allah made Fruits' across both sides.
2. Punch a hole on opposing sides of the paper plate.
3. Reproduce the pictures of the 5 fruits on the pages 'Label the ... Parts'. Colour and cut out.
4. String the fruit pictures together on 1 long string and tie it through one of the holes.
5. Put a string through the remaining hole and hang the mobile.

# Fruit Plate

Instructions:

1. Take a large paper plate.
2. Cut and paste pictures of fruits from magazines etc onto the paper plate.
3. Write 'Allah made Fruits' across the top.

# Layered Fruity Mini Books

Instructions:

1. Choose a fruit picture from the pages 'Label the ... Parts'.
2. Reproduce it and enlarge if necessary. You will need 2 pictures of the plain fruit (outside of the fruit) for the front and back covers and a picture of the inside of the fruit.
3. Also cut out blank fruit-shaped pages.
4. To construct the book:
  - a) layer the pages together starting from the bottom going up
  - b) first with the back cover facing outwards,
  - c) then the blank pages for writing,
  - d) then the inside of the fruit picture,
  - e) then the front cover,
  - f) staple together along the right side of the fruit.