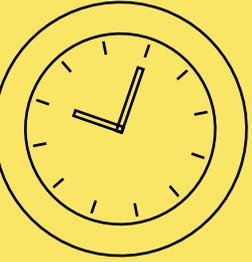
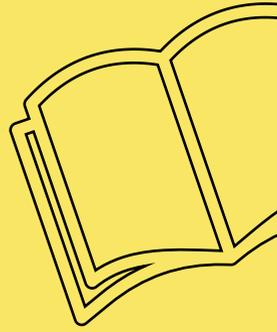
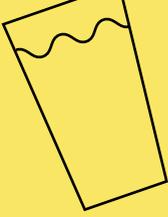


**Madrasah Ihyaa-Us-Sunnah  
Publications**

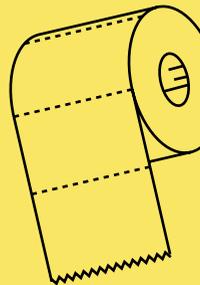


# **ETIQUETTES & BELIEFS**



Compiled by  
**Moulana Sajid Sufi**

Illustrated by  
**Hafiz Naeem Mitha**



Etiquettes & Beliefs  
Second Edition 2020 ©

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## ETIQUETTES

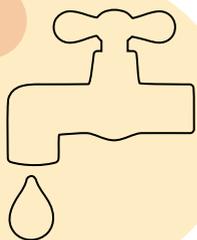
When Sleeping	1
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## AQAID - BELIEFS

Allah Is One	14
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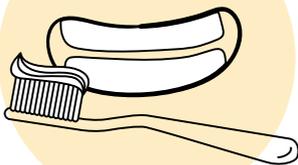
# WHEN SLEEPING

1



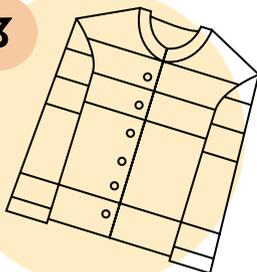
Make wudhu before going to sleep

2



Brush your teeth & also use a miswaak

3



Change into your night clothes

10



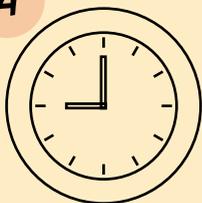
Close all doors, cover all food items, switch off all lights and unplug all chargers

11

Recite Tasbeeh Fatimi:

33 سُبْحَانَ اللَّهِ SubhanAllah  
 33 الْحَمْدُ لِلَّهِ Alhamdulillah  
 34 اللَّهُ أَكْبَرُ Allahu Akbar

4



Go to sleep early

5



Dust your bed

6



Sleep on you right side

12



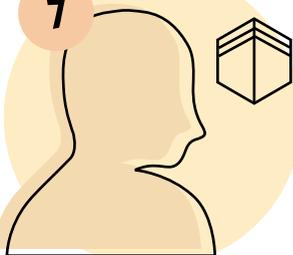
Read Surah Kaafirun

13



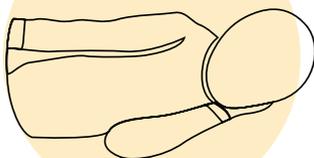
Read the last three surahs of the Quran Majid, and bring your palms together like you do in dua and blow on them. Then pass your palms all over your body.

7



Face the Qiblah

8



Place the right hand under the right cheek

9



Don't sleep lying on your stomach

14



Read Ayatul Kursi

15

Read the Dua before going to sleep

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

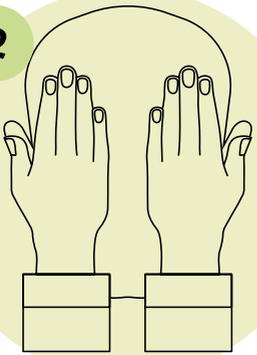
# WHEN WAKING UP

1

Read the dua for waking up:

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا  
أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

2



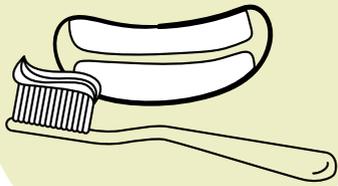
When you wake up rub the face and the eyes with inside of both hands

3



Wash your hands

4



Brush your teeth with a brush and miswaak

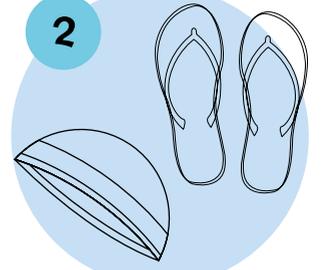
# WHEN USING THE BATHROOM

1

Read the dua for entering the toilet

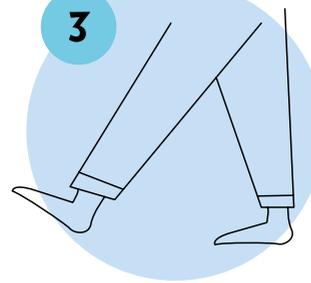
اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ  
الْخُبْثِ وَالْخَبَائِثِ

2



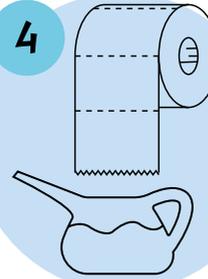
Wear slippers and cover your head

3



Enter the toilet with your left foot

4



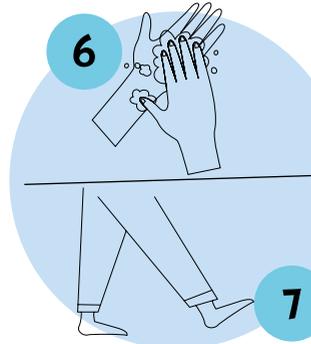
Wash and clean yourself with water and tissue

5



Use your left hand to clean yourself

6



Wash your hands after using the toilet and leave the toilet with the right foot

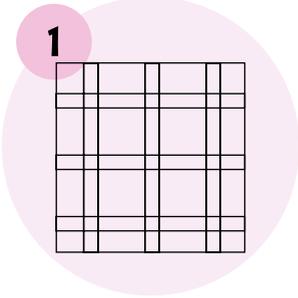
7

8

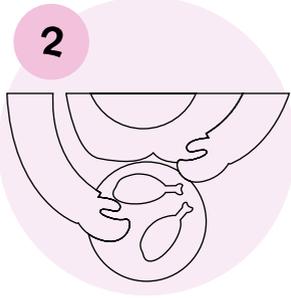
غُفْرَانَكَ، الْحَمْدُ لِلَّهِ الَّذِي  
أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي

Read the dua for coming out of the toilet

# WHEN EATING



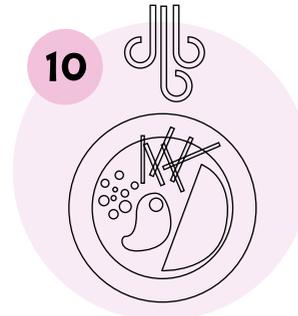
1 Lay a tablecloth (Dastarkhaan)



2 Eat sitting on the floor



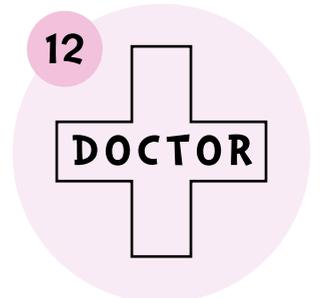
3 Wash your hands before eating



10 Do not blow on the food



11 Do not waste food



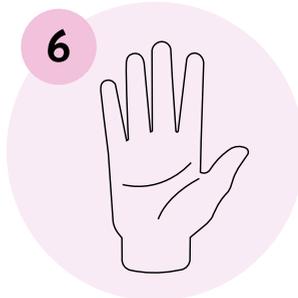
12 Do not over eat, it is bad for your health



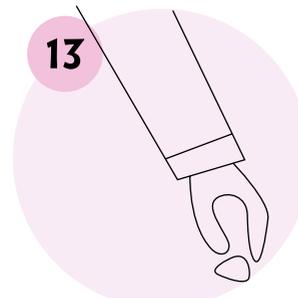
4 Recite the dua for eating



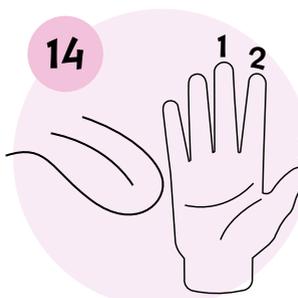
5 If you forget to say the dua for eating, recite the following dua



6 Eat with your right hand



13 If food falls on the tablecloth pick it up and eat it

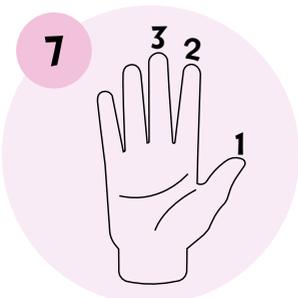


14 Lick your fingers after eating (it is a Sunnah)

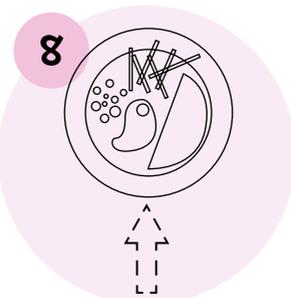
Method of licking one's fingers after food: Nabi ﷺ used to lick the fingers in the following order:

First the middle finger, then the Shahadah finger (index finger) and lastly the thumb

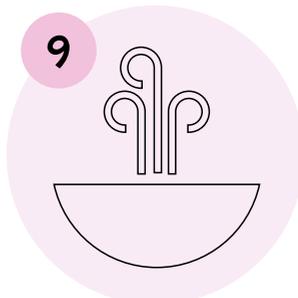
(Majma, Vol 5, page 19)



7 Eat with three fingers if possible



8 Eat from your side of the plate, the side that is nearest to you



9 Wait for the food to cool down. Do not eat very hot food (steaming food)



15 Gargle the mouth after eating

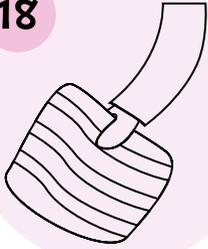


16 Wash your hands after eating



17 Do not lean and eat

18



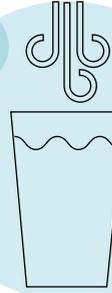
Pick up your plate and tablecloth (Dastarkhaan) and help to clean up

19

Read the dua after eating

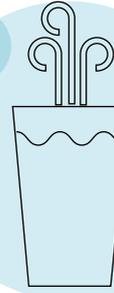
الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا  
وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

6



Do not blow in the drink to cool it down (e.g. hot milk, tea etc.)

7



Wait for the drink to cool down, do not drink it whilst it is very hot (steaming)

8



Try to avoid drinking directly from a large bottle, pour it into a cup or glass

## WHEN DRINKING

1

Before drinking recite

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

2

**SIT DOWN!**

Sit down and drink

9

Say the dua for after drinking milk

اللَّهُمَّ بَارِكْ لَنَا فِيهِ  
وَزِدْنَا مِنْهُ

10



Rinse the mouth with water after drinking milk

## WHEN DRINKING ZAM-ZAM WATER

1

One can drink zamzam water either standing whilst facing the Qiblah or they can drink sitting down

2

Dua before drinking Zam-Zam, recite:

اللَّهُمَّ أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا  
وَاسِعًا وَشِفَاءً مِّنْ كُلِّ دَاءٍ

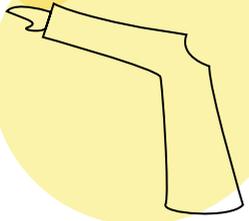
Drink with your right hand

Drink in 3 sips

Say Alhamdulillah (الْحَمْدُ لِلَّهِ) after each sip

## WHEN WEARING CLOTHES

1



Start with the right side when wearing your clothes

2

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي  
هَذَا الثَّوْبَ وَرَزَقَنِيهِ مِنْ غَيْرِ  
حَوْلٍ مَنِّي وَلَا قُوَّةَ

Read dua for wearing clothes

3

When you undress start from the left side

## WHEN WEARING SHOES

1



Lift your shoes using the left hand

2



Start with the right foot when wearing your shoes

3

Sit down when wearing your shoes

4

When wearing and taking off your shoes, pray

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

5

Take off your left shoe first when taking your shoes off

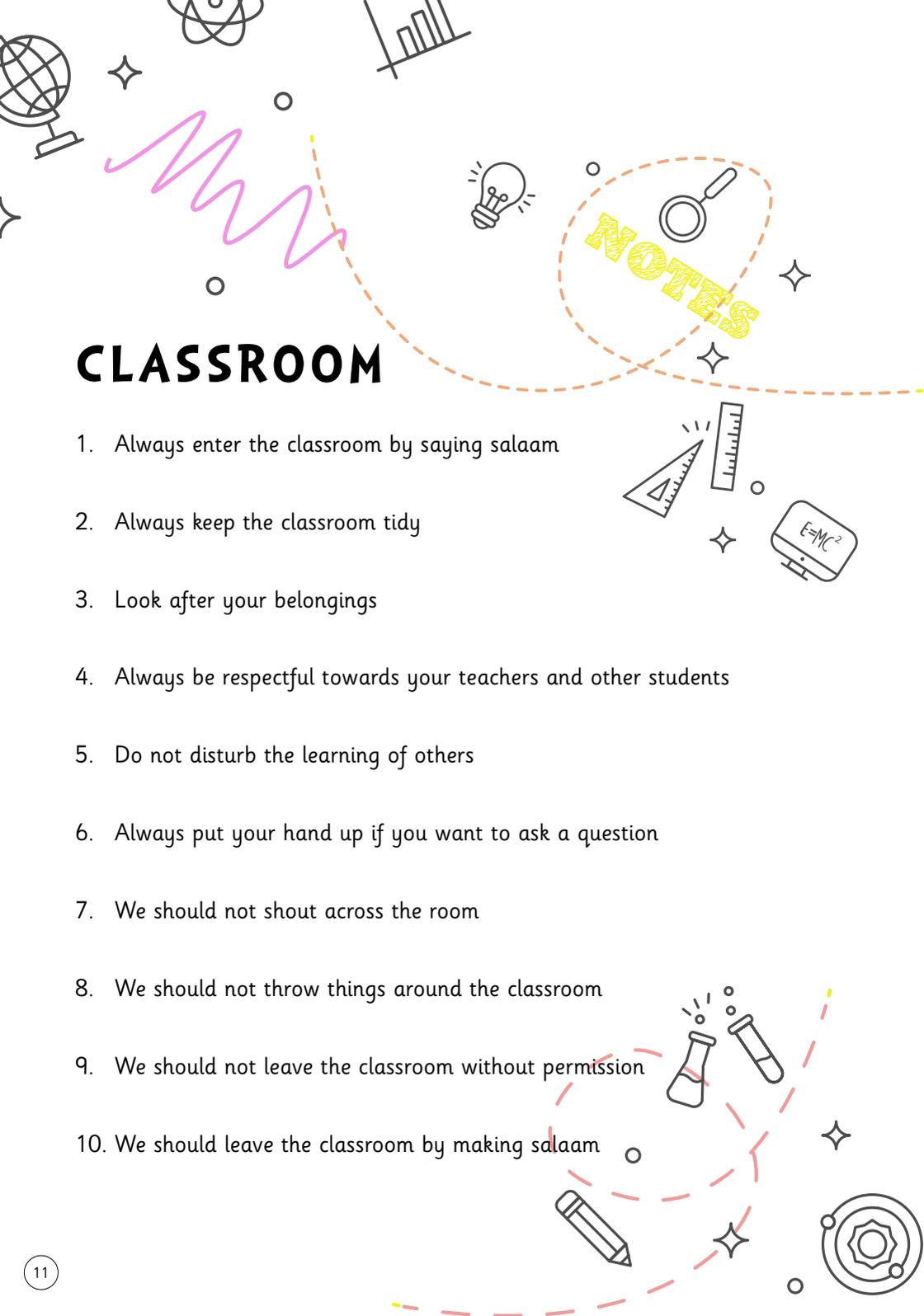
## HOME

1. Make salaam when entering your home
2. Read the dua before entering your home:

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْجِبِ وَخَيْرِ  
الْمَخْرَجِ بِسْمِ اللَّهِ وَلَجْنَا وَبِسْمِ اللَّهِ  
خَرَجْنَا وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا

3. Eat your food on time
4. Go to sleep on time
5. Respect your parents, grandparents, brothers and sisters
6. Help your parents around the house
7. Do your school homework on time
8. Learn your Madrasah sabaq (lessons)
9. When you leave the home read the dua:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا  
قُوَّةَ إِلَّا بِاللَّهِ



## CLASSROOM

1. Always enter the classroom by saying salaam
2. Always keep the classroom tidy
3. Look after your belongings
4. Always be respectful towards your teachers and other students
5. Do not disturb the learning of others
6. Always put your hand up if you want to ask a question
7. We should not shout across the room
8. We should not throw things around the classroom
9. We should not leave the classroom without permission
10. We should leave the classroom by making salaam

## ALWAYS BE TRUTHFUL

1. Always speak the truth
2. By speaking the truth, a person will enter Jannah
3. Truthfulness is one of the doors of Jannah
4. Allah Ta'ala loves the person who speaks the truth

## RESPECTING PARENTS

1. Paradise lies beneath the feet of the mother
2. Allah gives a long life to those who are kind to their parents
3. If your father is happy, Allah is happy. If your father is unhappy, Allah is unhappy
4. When a child looks at his parents with love, Allah will give him the reward of one accepted hajj
5. A person who does not respect his parents will not enter Jannah
6. If you obey your parents your children will obey you
7. A person who is kind to his parents will also be saved from worldly disasters
8. To disobey parents is a major sin
9. Always obey your parents

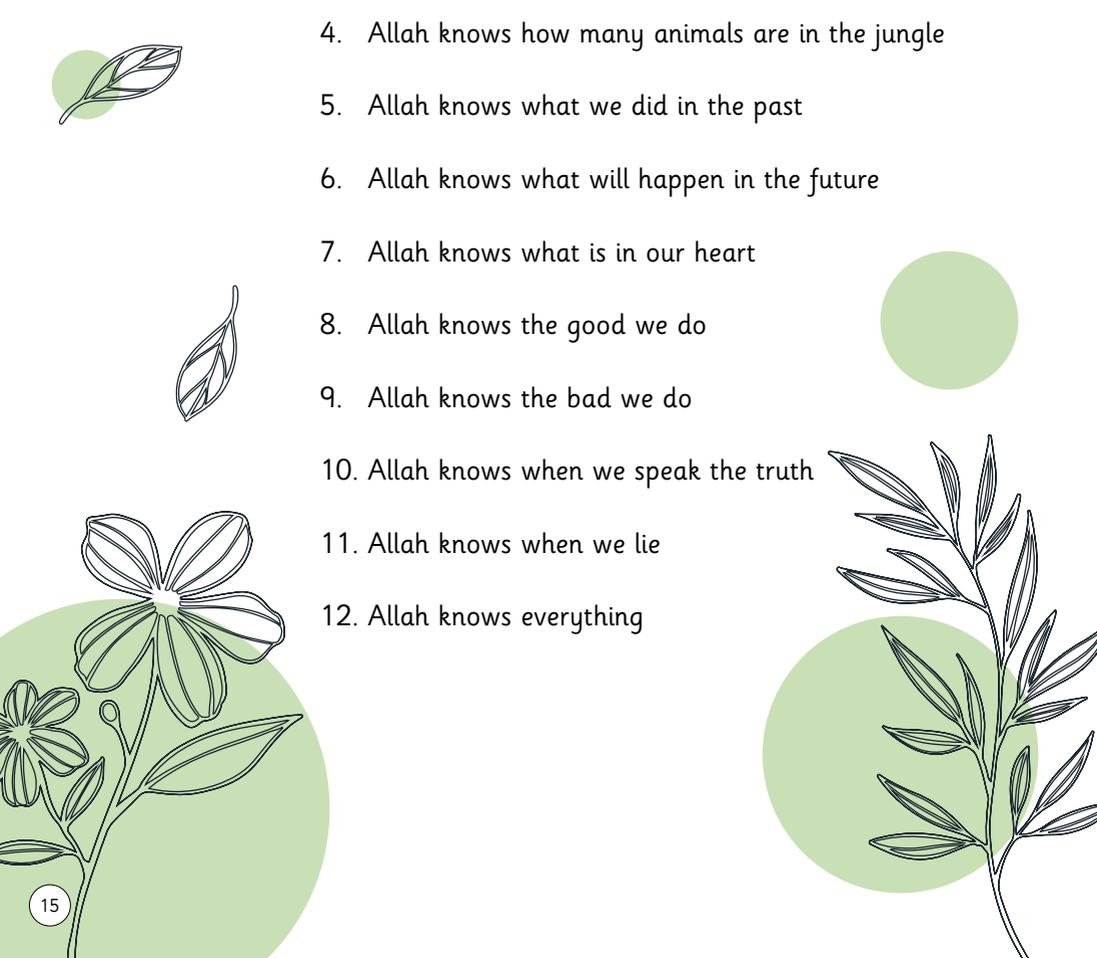
# AQAID (BELIEFS)

## ALLAH IS ONE

1. There is only one Allah
2. Allah made and created us
3. Allah is the greatest
4. Allah is the most powerful
5. Allah does not eat or drink
6. Allah has no children
7. Allah has no parents
8. Allah has no partner
9. Allah has been forever and will remain forever
10. Allah alone do we worship

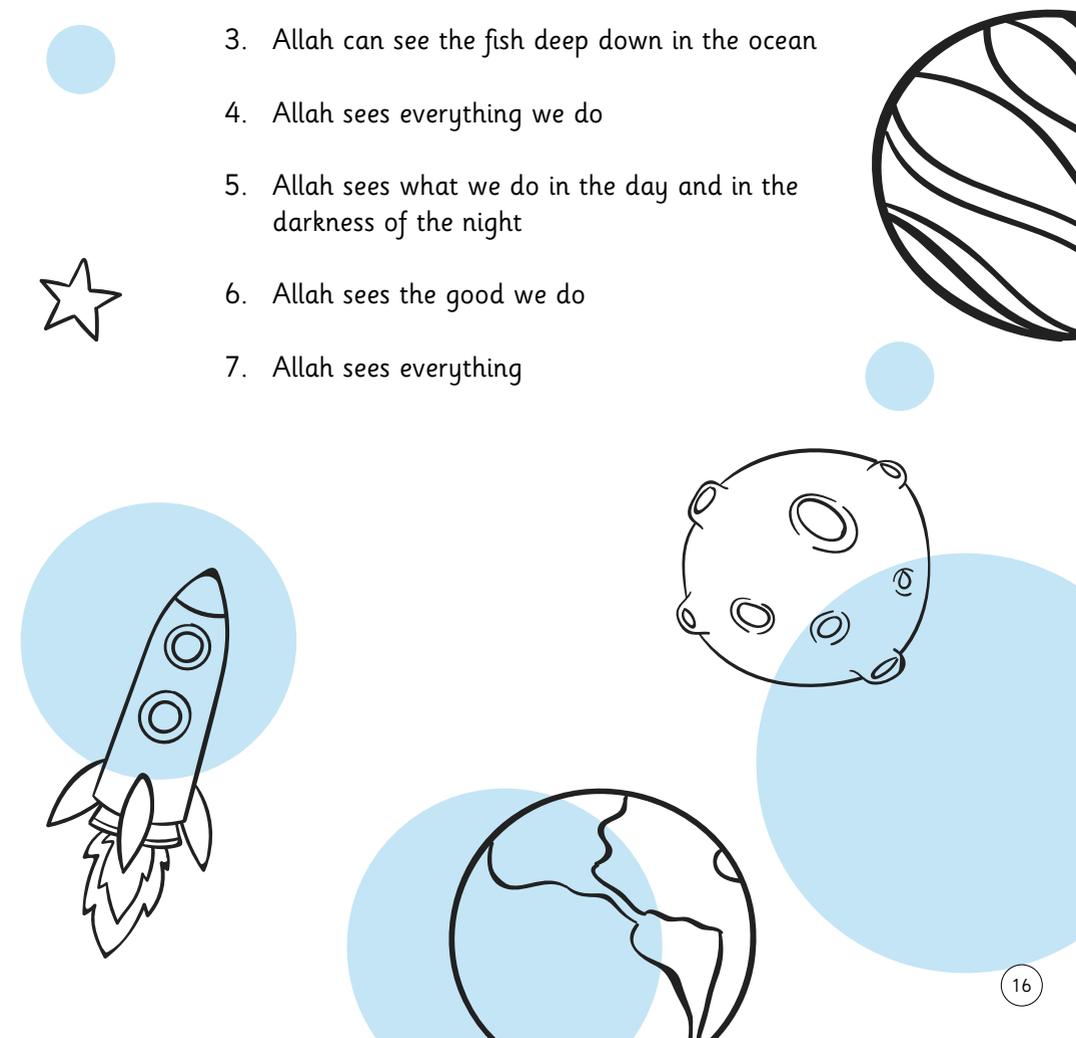


# ALLAH KNOWS EVERYTHING

1. Allah knows how many fish are in the sea
  2. Allah knows the number of birds in the sky
  3. Allah knows the number of leaves on the trees
  4. Allah knows how many animals are in the jungle
  5. Allah knows what we did in the past
  6. Allah knows what will happen in the future
  7. Allah knows what is in our heart
  8. Allah knows the good we do
  9. Allah knows the bad we do
  10. Allah knows when we speak the truth
  11. Allah knows when we lie
  12. Allah knows everything
- 



# ALLAH SEES EVERYTHING

- 
1. Allah can see an ant hiding under a stone
  2. Allah can see the monkeys swinging on the trees
  3. Allah can see the fish deep down in the ocean
  4. Allah sees everything we do
  5. Allah sees what we do in the day and in the darkness of the night
  6. Allah sees the good we do
  7. Allah sees everything
- 

# ALLAH HEARS EVERYTHING

1. Allah hears the buzzing of the bumblebee
2. Allah hears the roar of the lion
3. Allah hears the birds on the trees
4. Allah hears our whispering
5. Allah hears everything we say
6. Allah hears our prayers
7. Allah hears everything

# ALLAH GAVE US EVERYTHING

1. Allah gave us food to eat
2. Allah gave us water to drink
3. Allah gave us clothes to wear
4. Allah gave us loving parents
5. Allah gave us a house to live in
6. Allah gave us eyes to see with
7. Allah gave us feet to walk with
8. Allah gave us hands to hold with
9. Allah gave us good health
10. Allah gave us everything

# ETIQUETTES & BELIEFS

