Welcome Ramadan
Allah tells us in the Qur’an…

وَمَا خَلَقۡتُ ٱلۡجِنَّ وَٱلِۡۡنسَ إِلََّ لِيَعۡبُدُونِ

I created the jinn and humankind only that they might worship Me
(Surah adh-Dhariyat ayah 56)

We do not worship anyone other than Allah. Allah Alone is the One who is worthy of all praise. It is only Allah Alone Whom we worship. Why did Allah create us?

Allah created everything! Can you write some of the things Allah has created…
Ramadan is a special month! Let’s find out why inshallah!
Ramadan is the (month) in which was sent down the Qur'an as a guide to mankind also clear (Signs) for guidance and judgment (between right and wrong). So everyone of you who is present (at his home) during that month should spent it in fasting, but if anyone is ill, or on a journey, the prescribed period (should be made up) by days later. Allah intends every facility for you He does not want to put you to difficulties. (He wants you) to complete the prescribed period, and to glorify Him in that He has guided you; and perchance ye shall be grateful.

Surah al Baqarah ayah 185
Narrated Ibn Umar:

Allah’s Messenger ﷺ said:
“Islam is based on five principles:
1. To testify that none has the right to be worshiped but Allah and that Muhammad is the Messenger of Allah. (Shahadah)
2. To perform Salat.
3. To pay Zakat.
4. To perform the Hajj.
5. To observe Saum during the month of Ramadan.”

Sahih Al-Bukhari Book of Revelation, Chapter 2, Hadith #8
Saum in Ramadan is one of the pillars of Islam. Saum means to fast, which is to not eat or drink. Let’s find out more on the next page inshallah!
1. Muḥarram المحرم
2. Ṣafar صفر
3. Rabī’ al-Awwal ربيع الأول
4. Rabī’ ath-Thānī ربيع الثاني
5. Jumādā al‐Ūlā جمادى الأولى
6. Jumādā ath-Thāniya جمادى الثانية
7. Rajab رجب
8. Sha’bān شعبان
9. Ramadān رمضان
10. Shawwal شوال
11. Dhū al-Qa‘da ذو القعدة
12. Dhū al-Hijja ذو الحجّة

Write the Islamic months in your best handwriting:

1) ___________________________
2) ___________________________
3) ___________________________
4) ___________________________
5) ___________________________
6) ___________________________
7) ___________________________
8) ___________________________
9) ___________________________
10) ___________________________
11) ___________________________
12) ___________________________

What is the 9th Islamic month?

_________________________
From when the sun starts to rise in the morning, to when the sun sets at Night, we do not eat or drink during the month of Ramadan!
Sahur is a special meal eaten before the sun rises late at night...like a very early breakfast!

The Prophet Muhammad ﷺ has told us there is a blessing in eating Suhur. After the sun starts to rise at dawn, we cannot eat or drink until the evening, so eating Suhur will help our body to have energy inshallah!

Draw a picture of what you would like to eat for Suhur.

Narrated Anas bin Malik: The Prophet ﷺ said:
“Take Sahur as there is a blessing in it.”

Sahih al Bukhari,
The Book of As-Saum hadeeth #1923
If you forget that you are fasting, and you eat or drink something by mistake, then do not worry! Alhamdulillah Allah is the Most Merciful, and you can continue your fast without having broken it. But you must not eat anything else as soon as you remember!

What should you do if you forget you are fasting and you eat or drink something?

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________________________________________________________________________

Narrated Abu Hurairah: The Prophet said: “If somebody eats or drinks forgetfully, then he should complete his Saum (fast), for what he has eaten or drank has been given to him by Allah.”

Sahih al Bukhari The Book of As-Saum
Hadith # 1933
Some things will ruin your fast, so it is important to know what they are so that you know not to do them!

Match the pictures to the sentences by drawing a line.

- Back-biting, lying and being rude
- Eating on purpose
- Drinking on purpose

Did you know what she did?
Abu Hurairah reported: The Prophet ﷺ said: “If one does not eschew lies and false conduct, Allah has no need that he should abstain from his food and drink”

Sahih al Bukhari, Riyad-Us-Saliheen hadith # 1241

Abu Hurairah reported: The Messenger of Allah ﷺ said: “When any one of you is observing Saum (fasting) on a day, he should neither indulge in obscene language nor should he raise the voice; and if anyone reviles him or tries to quarrel with him, he should say: “I am observing fast”

Sahih al Bukhari & Muslim, Riyad-us-Saliheen hadith # 1240

We are always commanded to keep away from bad and rude behaviour, and to be good and kind to others. In Ramadan it is even more important!

Why do you think it is so important to speak nicely to people and to not talk about them in a bad way?
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________________________________________
________________________________________
________________________________________

What did the Prophet ﷺ tell us to do if someone tries to be rude or argue with us?
________________________________________
At the end of the day when the fast is over and we can start to eat again, the Prophet Muhammad (ﷺ) advised us to break our fast with dates or water. If however we don’t have dates or water available, then any food or drink can be used instead.

Salam bin ‘Amir narrated that the Messenger of Allah (ﷺ) said:

“When any one of you breaks his fast, let him break it with dates. If he cannot find dates, then let him break it with water, for it is a means of purification”

(Sahih)

Sunan Ibn Majah
Chapter on what has been narrated concerning fasting,
Hadeeth # 1699

Draw a picture of what you would like to eat after breaking fast.
The thirst is gone, and the veins are quenched, and the reward is assured, if Allah wills.

At the time of breaking our fast, when we are about to eat, there is a dua’a we can say, just as the Prophet Muhammad ﷺ did.

_The Prophet used to say when breaking his fast: “The thirst is gone, and the veins are quenched, and the reward is assured— if Allah wills”._

Sunan Abu Dawud, The book of Fasting, hadeeth # 2357

Can you read the Arabic dua’a above and its meaning inshallah?
During the night we can offer extra salaah and this is called Qiyam-ul-Layl or Tahajjud, and in the month of Ramadan some people call it Tarawih.

Qiyam means “Standing” and Qiyam-ul-Layl means “Standing at night”. It is called Standing because long portions of Qur’an are recited during the salaah.

The Prophet Muhammad ﷺ has told us that if we offer salaah at night during the month of Ramadan, only for Allah and hoping Allah will reward us, then our sins will be forgiven! SubhanAllah!

Narrated Abu Hurairah: I heard Allah’s Messenger ﷺ saying regarding Ramadan, “Whoever performed salat at night in it (Ramadan) with sincere faith and hoping for a reward from Allah, then all his past sins will be forgiven.”

Sahih al Bukhari The book of as-Saum hadith # 2008
Design a mat... you could use felt tips and pencils to colour, or even stick bits of paper or material... it's up to you!
In the name of Allah, the Beneficent, the Merciful

We have indeed revealed this (Message) in the night of Power: (1) And what will explain to thee what the Night of Power is? (2) The Night of Power is better than a thousand Months. (3) Therein come down the angels and the Spirit by Allah's permission, on every errand: (4) Peace!... This until the rise of Morn! (5)
Laylat ul-Qadr is a very special and blessed night! It is the best night of Ramadan, in fact it is the best night of the whole year! Allah tells us this night is better than 1000 months!

The exact date of Laylat ul-Qadr is not known, but the Prophet Muhammad told us to search for it in the last 10 nights of Ramadan.

Pretend to write to a friend, to tell them something about Laylat ul-Qadr.....

On this night Allah rewards us even more for our acts of Ibadah (worship)! We should do our best to worship Allah as much as we can, hoping for His reward!
At the end of Ramadan is a big celebration, E’id ul Fitr! This is a special time and we gather together to pray Salaat ul E’id!

How do you and your family spend E’id?

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_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
Use this page to write what you have learnt about Ramadan! You can draw some pictures too!