



Thikr After Salaah: Tasbeeh, Tahmeed, Takbir.....



Sub-haa-na-lah(i) – 33 times	How perfect Allah is	سُبْحَانَ اللَّهِ [ثَلَاثًا وَثَلَاثِينَ]	The Tasbeeh
Al-ham-du-li-lah(i) – 33 times	All praise is for Allah	الْحَمْدُ لِلَّهِ [ثَلَاثًا وَثَلَاثِينَ]	The Tahmeed
Allahu Ak-bar(u) – 33 times	Allah is the greatest	اللَّهُ أَكْبَرُ [ثَلَاثًا وَثَلَاثِينَ]	The Takbeer
Laa i-la-ha il-la-lah wah-da-hu laa sha-ree-ka la-h(u), La-hul mul-ku wa la-hul ham- du Wa hu-wa 'a-laa kul-li shay-in qa-deer(un)	'None has the right to be worshipped except Allaah, alone, without any partner, to Him belong all sovereignty and praise And He is over all things omnipotent.'	لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَ لَهُ الْحَمْدُ وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ	

() - indicates the end of a phrase where one pauses and thus the ending (the part in the parentheses) is not generally pronounced)