

Sample Do It Yourself Islamic Studies Plan

Here is a sample way that you can organize your Islamic Studies. It rotates through six key areas or strands on a weekly basis: Aqeedah, Duaas, People and Places, Ibaadah, Social Manners and Quraan Concepts.

Sample Weekly Plan

Sample Class/Session Routine

Yearly Islamic Studies Plan

Weekly Study Topics Breakdown

- I. Aqeedah Rotation
- II. Duaa Rotation
- III. People of Islam
- IV. Ibaadah/Fiqh
- V. Social/Manners & Character
- VI. Quraan Concepts

Weekly Salaah Topics

Global Review Tips

Sample Weekly Plan

In this plan, the first day of every week is reserved for salaah instruction/review.

- Day 1: [Salaah Instruction/Review](#)
- Day 2-4: [Weekly Topic Study](#)
- Day 5: Names of Allah Study/Review (or continue topic study)
- Day 6-7: Review (optional) [Islamic Jeopardy is a fun way to review]

Sample Class/Session Routine

Here is a basic outline you might follow for each class/learning session:

| | |
|----------------------------------|--|
| 1. Islamic Calendar Review | (5-10 minutes)[days of week, months; significant days in the Islamic year; when the calendar started, sacred months)—see TJ Islamic Studies for Islamic Calendar Teaching Resources |
| 2. Arabic Review | review alphabet, numerals, reading concepts (vowels, sukoon, sun/moon letters), grammar, reading practice with words, sentences, etc. (2-3 minutes). You can see TJ's Review Bank for Arabic review questions. |
| 3. Global Review | (5-10 minutes) (flashcards, game); dictation |
| 4. Last lesson/session review | (2-3 minutes) (quiz, flashcards, game) |
| 5. Core | Introduce new material or continue lesson from last learning session (have older students take notes, or provide them with guided notes to be filled in during class or as home; use visuals (posters) and powerpoints to make learning more engaging. <u>Make an outline of your main points (on board or paper) so student can follow and know what's ahead.</u> |
| 6. Practice with new material | (game, worksheet, writing practice) |
| 7. Wrap up (summarize lesson) | (I usually do my wrap up at the end of step 5, but in lesson planning resources online, I see it placed here); I generally try to summarize the main points orally, but leave "blanks" for the kids to finish or quiz them. |
| 8. "Homework" | assign independent work for later (guided notes, worksheet, small essay); try to make sure student reviews any notes or flashcards the same day. |

If the review portions make the lessons run too long, start your lesson with recent core review and then schedule a consistent review time for later each day for global review, etc.

Tip: Keep lessons as short and lively as possible.

Tip: Try to incorporate the following into each session/day as possible:

- reading (in Arabic) practice (obviously for those who can read Arabic)
- pronunciation practice
- writing practice,
- dictation (of terms)
- oral expression (student answers questions, explains concepts learned or gives examples to illustrate a concept learned)

Yearly Islamic Studies Plan

| Generic Calendar Plan | Islamic Calendar Based Learning Plan | | Weekly Rotation Strands |
|-----------------------|--------------------------------------|-------|-------------------------|
| Week 1. | Muharram | 1-7 | Aqeedah |
| Week 2. | Muharram | 8-14 | Duaas |
| Week 3. | Muharram | 15-21 | People & Places |
| Week 4. | Muharram | 22-28 | Ibaadah |
| Week 5. | Safar | 1-7 | Social Manners |
| Week 6. | Safar | 8-14 | Quraan |
| Week 7. | Safar | 15-21 | Aqeedah |
| Week 8. | Safar | 22-28 | Duaas |
| Week 9. | Rabi I | 1-7 | People & Places |
| Week 10. | Rabi I | 8-14 | Ibaadah |
| Week 11. | Rabi I | 15-21 | Social Manners |
| Week 12. | Rabi I | 22-28 | Quraan |
| Week 13. | Rabi II | 1-7 | Aqeedah |
| Week 14. | Rabi II | 8-14 | Duaas |
| Week 15. | Rabi II | 15-21 | People & Places |
| Week 16. | Rabi II | 22-28 | Ibaadah |
| Week 17. | Jumada I | 1-7 | Social Manners |
| Week 18. | Jumada I | 8-14 | Quraan |
| Week 19. | Jumada I | 15-21 | Aqeedah |
| Week 20. | Jumada I | 22-28 | Duaas |
| Week 21. | Jumada II | 1-7 | People & Places |
| Week 22. | Jumada II | 8-14 | Ibaadah |
| Week 23. | Jumada II | 15-21 | Social Manners |
| Week 24. | Jumada II | 22-28 | Quraan |
| Week 25. | Rajab | 1-7 | Aqeedah |
| Week 26. | Rajab | 8-14 | Duaas |
| Week 27. | Rajab | 15-21 | People & Places |
| Week 28. | Rajab | 22-28 | Ibaadah |
| Week 29. | Ramadan | 1-7 | |
| Week 30. | Ramadan | 8-14 | |
| Week 31. | Ramadan | 15-21 | |
| Week 32. | Ramadan | 22-28 | |
| Week 33. | Shawwaal | 1-7 | Social Manners |
| Week 34. | Shawwaal | 8-14 | Quraan |
| Week 35. | Shawwaal | 15-21 | Aqeedah |
| Week 36. | Shawwaal | 22-28 | Duaas |
| Week 37. | Dhul Qadah | 1-7 | People & Places |
| Week 38. | Dhul Qadah | 8-14 | Ibaadah |
| Week 39. | Dhul Qadah | 15-21 | Social Manners |
| Week 40. | Dhul Qadah | 22-28 | Quraan |
| Week 41. | Dhul Hijjah | 1-7 | Aqeedah |
| Week 42. | Dhul Hijjah | 8-14 | Duaas |
| Week 43. | Dhul Hijjah | 15-21 | People & Places |
| Week 44. | Dhul Hijjah | 22-28 | Ibaadah |
| Week 45. | Social Manners | | |
| Week 46. | Quraan | | |
| Week 47. | Aqeedah | | |
| Week 48. | Duaas | | |
| Week 49. | People & Places | | |
| Week 50. | Ibaadah | | |
| Week 51. | Social Manners | | |
| Week 52. | Quraan | | |

Weekly Study Topics Breakdown

Tip: Select the topics and pencil them in on the weekly schedule above to plan out your year!

To the right of each topic below, write the dates the material was covered. This way, for subsequent years, you know what was studied and when which will let you see how long it's been since you last covered a topic.

I. Aqeedah Rotation

1. Allah is the Creator/Why did Allah create us?
2. Who is your Lord?
3. Where is Allah?
4. Shahadah
5. What is Tawheed?/types of Tawheed
6. What is shirk/types of shirk
7. Who is your Prophet?
8. What is your Religion/what is Islam?
9. Pillars of Islam
10. Pillars of Emaan
11. Pillar of Ihsaan
12. Jannah
13. Jahannam
14. The 3 Abodes
15. Angels
16. Books of Allah
17. Qadr
18. Signs of the Last Day
19. Day of Judgment
20. al Ghayb (the unseen)
21. Where do we take our knowledge from
22. Three Questions Asked in the Grave
23. Misguided Sects

II. Duaa Rotation

1. What are duaas? Etiquette of duaas; best times to make duaas (TJ Duaa Lesson)
2. Duaa for Waking Up 1
3. Duaa for Waking Up 2
4. Duaa for drinking milk
5. Duaa for getting dressed.
6. Duaas for sneezing
7. Duaa for saying after we eat.
8. Duaa when stricken with a mishap?
9. Duaa when it rains
10. Duaa after it rains
11. Duaa for breaking our fast
12. Duaa when angry

13. Duaa when someone does you a favor
14. Duaa when entering the house.
15. Duaa when leaving the house
16. Duaa when entering the marketplace
17. Duaa when we have insulted someone
18. What do we do when hearing a rooster crow? a donkey braying at night? dogs barking at night?
19. Duaa at times of delight or amazement
20. Duaa when feeling pain in the body
21. Duaa/athkaar when going to sleep.
22. Duaa when startled

III. People of Islam

- Prophets and Messengers, individually; and difference between a Prophet and Messenger
- Companions (Sahabah)
- Scholars
- Family of the Prophet (sallAllahu alayhi wa sallam)
- The 4 Best Women
- Tabieen/Tabi Tabieen

IV. Ibaadah/Fiqh

- Islamic expressions (ma sha' Allah, in sha' Allah, barakAllahu feek, etc....)
- Istirja (saying of "inna lillahi wa inna ilayhi rajioon")
- Tawbah/Seeking forgiveness
- Nullifiers of Islam
- Categories of actions (waajib, mustahabb, mubaah, makrooh, haram)
- Halaal/Haram
- Masjid and its etiquettes (thikr, behavior, purpose)
- Jumuah
- Istikharah (prayer for guidance)
- Reciting Suratul Kahf on Jumuah
- Tawassul (drawing closer to Allah)
- Deeds and their acceptance
- Purification (Wudhu/Ghusl/Tayammum); basic concepts of purification; benefits
- Sins (major; etc.)
- The Basmalah
- Istiadhah (seeking refuge from Shaytaan)
- Bidah
- Fasting
- Ramadan
- Yawning
- Sneezing

- Reading 10 from Baqarah to ward off Shaytaan
- Hajj
- Umrah
- Virtues of first ten days of Dhul Hijjah
- Islamic calendar
- Yawmul Asharah
- Yawmul Arafat
- Fasting the White Days of each month

V. Social/Manners & Character

1. Gratitude to Allah
2. Rights of Allah
3. Rights of the Prophet (salla Allahu alayhi wa sallam)
4. Rights of Parents
5. Rights of Children
6. Rights of Relatives
7. Rights of Neighbors
8. Rights of rules/governor
9. Rights of non-Muslims
10. Rights of fellow Muslims
11. Asking Permission
12. Being a host
13. Being a guest/manners while out
14. Not imitating kuffar
15. Eating etiquette
16. Bathroom etiquette
17. Patience
18. Jealousy vs. Envy
19. Pride/Showing off
20. Keeping promises, oaths
21. Honesty
22. Hypocrisy
23. Wastefulness
24. Backbiting/Gossiping; guarding the tongue
25. Eavesdropping, secrets
26. Finding faults/correcting
27. Kindness (to people, animals, environment—as creations of Allah)
28. Being generous/sharing
29. Keeping good company
30. Modesty/lowering the gaze
31. Dress
32. Interaction with opposite gender
33. Singing/Music
34. Joking

35. Giving gifts
36. Being helpful/considerate, compassion/sympathy/empathy
37. Anger management
38. Preparing for Marriage (high school)
39. Preparing for Parenthood (high school)

VI.Quraan Concepts

- Etiquette of handling the mus-haf
- Etiquette of reciting the Quraan
- Composition of the Quraan
- Revelation of the Quraan (how/when/why/where/to whom)
- Purpose for revelation of the Quraan
- Compilation of the Mushaf
- Merits of the Quraan
- Tajweed (what it is, rules of)

Weekly Salaah Topics

1. The 5 Daily Prayers (names, timings, order)
2. Prayer Positions
3. Wudhu/nullifiers of Wudhu
4. Before prayer (intention, sutrah, facing qiblah, prayer garments)
5. Takbeer/Opening Duaa
6. Istiadhah
7. Basmalah
8. Recitation in Prayer
9. Rukoo/Standing from Rukoo
10. Sujood/Jaloos between sujood
11. Tashahhud
12. Sending salaah upon the Prophet (salla Allahu alayhi wa sallam)
13. Seeking Refuge from 4 Things
14. Tasleem
15. Thikr after salaah
16. Mistakes made with Salaah
17. Mistakes made with Salaah
18. Virtues of salaah/punishment of leaving it; how salaah begin
19. Issues related to salaah –Menses, when sick, when traveling
20. Nawafil (voluntary) salaah/ Sunnah prayers
21. Witr
22. Qiyaamul Layl

Repeat this salaah sequence again after completing it to fill the 44 weeks of the schedule

Global Review Tips

1. Make a weekly schedule to review all concepts studied previously.

Example Review Schedule:

Day 1: Salaah Review Questions

Day 2: Aqeedah Review

Day 3: Quraan Review

Day 4: People & Places

Day 5: Ibaadah

Day 6: Names of Allah

Day 7: Social/Manners

Alternatively, you might ask one or two questions from each category above each day/session.

2. Make a Review Bank (list of questions/prompts)) (or use TJ's) to go over the material; you also might use flashcards. Give about 10 quick questions or so per day.