Al-hamdulillah, once again with the fadhal (grace) of Allah Ta’ala, we will be witnessing this mubaarak (blessed) month of Ramadhaan Insha Allah. It is a month of great blessings wherein Allah Ta’ala rewards us abundantly for any good actions. Rasulullah [Sallallahu Alayhi Wasallam] delivered an inspiring lecture on the last day of Sha’baan to the Sahaabah (RA). This historical lecture is as follows:

“O People there comes over you now a great month, a most blessed month in which lies a night greater in value and goodness than one thousand months. It is a month in which Allah Ta’ala has made FASTING compulsory by day and has made sunnah the TARAWEEH SALAHH by night. Whosoever wishes to get close to Allah Ta’ala by doing any good deed, for such person shall be the reward of doing a Fardh deed in any other time and whoever performs a Fardh, shall be blessed with the reward of seventy Faraaidh in any other time.

This is indeed the month of PATIENCE and the reward for true patience is JANNAH (paradise). It is the month of KINDNESS towards everyone. It is the month wherein a true believer’s rizq or provisions (food, money, etc.) is increased. Whosoever feeds a fasting person (at sunset), there shall be forgiveness of his sins and freedom from the fire of Jahannum (hell) and for him shall be the same reward as the one who fasted (who he fed) without that persons reward being decreased in the least.

Thereupon we said, ‘O Messenger of Allah, not all of us have the means whereby we can give food to a fasting person to break his fast.’ Rasulullah [Sallallahu Alayhi Wasallam] replied, ‘Allah Ta’ala grants the same reward to the one who gives a fasting person a simple date or a drink of water or a sip of milk.’

This is a month, the first of which brings Allah’s MERCY, the middle of which brings His FORGIVENESS and the last of which brings FREEDOM FROM THE FIRE OF JAHANNUM.

Whosoever gives less work to his servants or workers (who are also fasting in this month), Allah Ta’ala will forgive him and free him from the fire of Jahannum.

In this month FOUR things you should perform in great number, two of which shall be to please Allah Ta’ala whilst the other two shall be those without which you cannot do. Those which shall be to please Allah Ta’ala, are that you should recite in great number the Kalimah Tayibbah, Laa Ilaaha illallah and recite Istighfaar (beg Allah’s forgiveness by reciting Astaghfirulllah). As for those without which you cannot do, you should beg of Allah Ta’ala entrance into Jannah and ask protection in Him from Jahannum.

And whoever gives a fasting person water to drink, Allah Ta’ala shall grant him to drink from My fountain, such a drink after which that person shall never feel thirsty again until he enters Jannah.”
Taraweeh Salaah is a special salah only for the month of Ramadhaan. It consists of **20 rakaats** and it is performed after the Esha Salaah on every night in Ramadhaan. The males perform the Taraweeh Salaah with Jamaat in the musjid and the females read it at home.

Rasulullah [Sallallahu Alayhi Wasallam] has said “Whoever stands up (in the Taraweeh Salaah) during the month of Ramadhaan with Imaan and hope of gaining reward, all his past sins are forgiven.

**Sunnats of Taraweeh**

1. Taraweeh Salaah consists of twenty rak’aats which are Sunnat e Muakkadah.
2. Men perform the Taraweeh in the musjid.
3. Women read it at home.
4. It is Sunnah to listen to the entire Qur’aan being recited in the Taraweeh Salaah.
5. It is also Sunnah to read Taraweeh Salaah with Jama’ah every night of Ramadhaan (even though one may have already completed listening to the entire Qur’aan in a few nights).
6. One should join the Taraweeh Salaah with the Imaam and not when the Imaam goes into Ruku.

**Do’s**

- Do Fast in this month
- Do offer Tahajjud Salaah before sehri ends
- Do increase the performance of Nafl Salaah
- Do recite the Qur’aan as much as one can
- Do increase in making Zikr
- Do engage in Dua excessively
- Do increase in giving Sadaqah (charity)
- Do sit in I’tikaaf for the last ten days of Ramadhaan
- Do make a firm intention to change your life in this Ramadhaan FOREVER

**Dont’s**

- Don’t commit sinful acts
- Don’t break your fast before time
- Don’t miss Taraweeh Salaah
- Don’t watch T.V., videos, DVDs, etc.
- Don’t listen to music
- Don’t swear, speak lies or backbite others
- Don’t engage in unnecessary actions
- Don’t miss out any of your salaah

**Five Blessings**

Allah Ta’ala has blessed us with 5 things which were never given to any of the people in the past:

1. The smell of the fasting person’s mouth to Allah Ta’ala is more fragrant than musk.
2. The fish in the sea seek forgiveness for the fasting person until he breaks his fast.
3. Allah Ta’ala prepares a special garden in Jannah for him.
4. The evil Shayayateen are chained and locked up in this month.
5. Those who keep all their fasts are forgiven on the last night of Ramadhaan.

**Missing out a fast**

Rasulullah [Sallallahu Alayhi Wasallam] has said that whosoever eats on a day of Ramadhaan without any valid excuse or genuine illness (which is acceptable in the Shariah), shall never be able to compensate for that day even by fasting his whole life.