



# Lailatul Qadr in Lockdown

لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ

*The Night of Honour is better than a  
thousand months*

*[Surah Al-Qadr:3]*

# بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In name of Allah, the Most Beneficent, the Most Merciful.*

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# What is Lailatul Qadr?

لَيْلَةٌ

(Lailah) means **night**

الْقَدْرِ

(Al-Qadr) **has one of two** meanings...

1

st Meaning = **Honour**

## THE NIGHT OF HONOUR

قال أبو بكر الوراق: لِأَنَّ مَنْ لَمْ يَكُنْ لَهُ

قَدْرٌ صَارَ بِمُرَاعَاتِهَا ذَا قَدْرٍ

Abu Bakr Al-Warraaq said: "It is called the Night of Honour because the one who did not have any status (with Allah) due to inaction, now has been given a special status (honour) due to their ibadah (worship) on this night."

[Lata'if Al-Ma'arif (p.368)]

The Messenger of Allah ﷺ said: "...in it there is a night which is better than a thousand months, and whoever is deprived of its goodness is certainly deprived."

[An-Nasaa'i (2106) & authenticated by Ahmad Shakir in Musnad of Ahmad (12/134)]

2

nd Meaning = **Decree**

## THE NIGHT OF DECREE

On this night, Allah informs some of the angels of the events that will happen in the coming year, and He instructs them to copy it from Al-Lawh Al-Mahfoodh (the preserved tablet)

[Sharh Muslim by An-Nawawi (8/57)]

Ibn Abbas said: "*Concerning the words **Therein (that night) is decreed every matter of ordainment**: It is written down from the Mother of the Book on Lailatul Qadr what is to happen during the coming year of provision, death, life, or rain. To the extent that it is written down: So and so will perform Hajj.*"

[Ibn Abi Hatim in his tafseer (18527) referring to verse 4 in Surah Ad-Dukhan]

# The Night of a Lifetime

Ibn Rajab said:

"O you who has wasted the years of his life, there is nothing that will amend those lost and wasted years except for the night of Al-Qadr, for its value is equivalent to that of a lifetime."

[Lata'if Al-Ma'arif (p.368)]

Ibn Al-Qayyim said:

"If Lailatul Qadr was one night in the year, I would stand for the night prayer the entire year, so I obtain it. So, what about one night in just ten nights?"

[Badaa'il Fawaa'id (1/55)]



10 nights  
1 year

Al-Qadi Ibn Al-Arabi said:

"In comparison to the Ummah of Prophet Muhammad ﷺ, the nations before us were given a much longer life span to do good. Therefore, Allah gifted this Ummah with many actions that are mighty in reward. From the greatest of these gifts is Lailatul Qadr."

[Ahkam Al-Quran (4/428)]



The last ten nights of Ramadan are better than the first twenty nights combined, let alone other nights of the year. Every righteous deed that is great, is even greater in these ten nights. Small, simple actions during the final ten nights are very weighty on the scales.

The one who falls behind in the beginning of Ramadan but does well towards the end is better than the one who does well in the beginning but falls behind towards the end.

The Messenger of Allah ﷺ said:

"Certainly, the results of deeds depend upon their endings."

[Saheeh Al-Bukhari (6607)]

# When is Lailatul Qadr?

## When do the last 10 nights start?

The last ten nights of Ramadan begin from the **night before the twenty-first day** (from Maghrib after the 20th fast).



## How long does the night last?

From **Maghrib to Fajr** (from the time of breaking the fast until the end of suhoor).



## Is it compulsory to spend the night in the masjid?

No, it is possible for one to stand for Lailatul Qadr at home too.



## Which night is Lailatul Qadr?



Out of all the nights, the likelihood of it being the **27th seems the highest**, however it is not 100% guaranteed.

[Saheeh Al-Bukhari (813) & Saheeh Muslim (1167)]



Lailatul Qadr is most likely to be on an **odd-numbered night (i.e. 21st, 23rd, 25th, 27th or 29th)** out of the last 10 nights.

[Saheeh Muslim (762)]



### An-Nawawi said:

"...Some scholars said that **it does move**, so in one year it may be the night of the twenty-seventh, in another year it may be the night of the twenty-third, and in another year it may be the night of the twenty-first, or some other night. This is more likely to be correct. In this way we may reconcile between the different prophetic narrations."

[Sharh Muslim by An-Nawawi (6/43) & this is the view of majority of the scholars Al-Mufhim by Al-Qurtubi (3/251)]



In conclusion, a person should seek Lailatul Qadr in all 10 nights as the Prophet ﷺ advised: **'Seek it [Lailatul Qadr] in the last ten nights.'**

[Saheeh Al-Bukhari (2020)]

The last 10 nights...

21	22	23	24	25	26	27
★ ✓	✓	★ ✓	✓	★ ✓	✓	★ ★ ★ ✓
28	29	30				
✓	★ ✓	✓				



# The Magnificent Virtues of this Night



## MIGHTY REWARDS

لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ

*The Night of Honour is better than a thousand months.*  
[Al-Qadr:3]

A number of the classical scholars stated that a righteous action (regardless of whether it is the prayer, contacting a relative, charity, reciting Quran or remembrance of Allah) that is done during the night of Al-Qadr is better than an action done in over 1000 months (more than 83 years and 4 months).

This means if a person spends this one night engaging in worship, they will **receive the reward for more than 1000 months of worship.**

[Tafseer Ibn Katheer (8/443)]



## FORGIVENESS

The Prophet ﷺ said:  
"Whoever stands (in worship) during the night of Al-Qadr out of conviction, belief in the promise of Allah and seeking reward then **all of their previous sins would be forgiven.**"

[Saheeh Al-Bukhari (1901)]



## THE WHOLE NIGHT IS DU'A ACCEPTANCE TIME!

[Nail Al-Awtar (4/207-290)]



How did the Prophet ﷺ treat the last 10 nights?

'Aishah informed us:

*"When the last ten nights of Ramadan came, the Prophet ﷺ would **refrain from marital relations, stay up at night and wake his family up.**"*

[Saheeh Al-Bukhari (2024) & Saheeh Muslim (1174)]

The Prophet ﷺ used to **strive hard** during the last ten nights of Ramadan **in a manner in which he did not do** during other times (seeking Lailatul Qadr).

[Saheeh Muslim (1175)]

# Signs of Lailatul Qadr

*Before the  
night*

## **Dreams**

Some scholars mention dreams; however, this **cannot be taken as solid proof** to inform us of Lailatul Qadr.

[Saheeh Al-Bukhari (1156)]

*During the  
night*

## **The Moon**

Abu Hurairah said:

"We were talking about Lailatul Qadr in the presence of the Messenger of Allah ﷺ and he said: Which one of you remembers (the night) when the **moon arose**, and it was like **half of a plate?**"

[Saheeh Muslim (1170) & Al-Mufhim by Al-Qurtubi (2/391)]

## **Calm and Peaceful Night**

Some of the scholars believe that the night of **Al-Qadr is a calm and peaceful night**. It is not hot nor is it cold. However, this is based upon a narration that is disputed.

[Saheeh Ibn Khuzaima (2192)]

*After the  
night*

## **The Sun**

The Prophet ﷺ said: "The sign of it is that the **sun rises on that morning white and without rays.**"

[Saheeh Muslim (762)]

# Preparation for the Last 10 Nights

## 1. Start off with a clean slate and seek forgiveness for all of your sins.

Conditions for tawbah (to seek forgiveness for major sins):

**1 - Be sincere towards Allah** - ensure that you are repenting purely for His sake

**2 - Stop doing the sin**

**3 - Regret committing the sin**

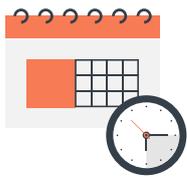
**4 - Have a strong determination to not return to the sin**

**5 - Repent before you see the Angel of Death**

**6 - Restore the rights of the creation** (if it applies)

- If you have taken or borrowed something that belongs to someone else then you must return it back to them.
- You need to seek forgiveness from anyone you have wronged, physically or verbally, e.g. swearing, backbiting, slandering etc.

[Sharh Muslim by An-Nawawi (9/20-21), Al-Madaarij (1/192) & Tafseer Ibn Kathir (2/236)]



**2. Make a robust plan to ensure that every minute is accounted for**



**3. Make a du'a list (see page 11)**



**4. Complete any outstanding tasks beforehand to avoid any major distractions**



**5. Do all of your shopping in advance**



**6. Set-up automated charity donations, so you do not miss out on giving charity during the last 10 nights**



**7. Encourage others to make the most of the last 10 nights**



**8. Think of all the possible obstacles that may arise and think of solutions to overcome them in advance**

# Preparation for Prayer (Salah) in Lockdown

The biggest change this Ramadan is the absence of the Masjid. Whilst Masjids are closed due to the pandemic, a person should pray in jamaa'ah (congregation) at home with their family members, and in doing so a person will still receive the reward of praying in congregation.



**Praying in congregation is twenty-seven times better than praying alone.**

[Saheeh Al-Bukhari (645) & Saheeh Muslim (650)]



## BEFORE THE PRAYER

Before standing in front of Allah in prayer, dress in a presentable way with clean and neat clothes.

[Al-A'raaf:31, Tafseer ibn Katheer (2/240)]



**Reward for awaiting prayer:** "...he is in a state of prayer so long as he is waiting for the prayer, and the angels send blessings upon him so long as he remains in the spot where he prayed, saying: 'O Allah forgive him, O Allah have mercy on him,' so long as he does not pass wind."

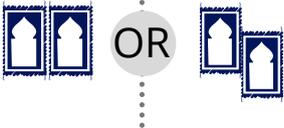
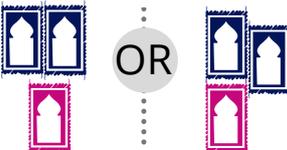
[Saheeh Al-Bukhari (465) & Saheeh Muslim (649)]



## How to position yourself when praying in congregation...

The Imam can be any adult male. He needs only one other person (male or female) in order to form a congregation. There is an agreement amongst the scholars on this issue.

[Al-Majmoo' by An-Nawawi (4/196)]

Imam & 1 Male	Imam & 1+ Males	Imam, 1 Male & 1 Female	Imam & 1 Female
 <p>The man will be on the same row as the Imam, or the man will stand slightly behind on the right-hand side</p>	 <p>The men will be in a row behind the Imam</p>	 <p>The man will be on the same row or slightly behind the Imam and the woman in a row behind them</p>	 <p>The woman will be in a row behind the Imam</p>
Imam, 1+ Males & 1 Female	Imam & 1+ Females	Imam, 1+ Males & 1+ Females	Key & References
 <p>The men will be in a row behind the Imam, and the woman will be in a row behind the men</p>	 <p>The women will be in a row behind the Imam</p>	 <p>The men will be in a row behind the Imam, and women in a row behind the men</p>	 <p>Man Woman</p> <p>[Bada'i As Sanaa'i (1/159), Al-Fawakih Ad-Daani (1/210), Asnaa Al-Mataalib (1/222) &amp; Al-Insaaf (2/39)]</p>

# Preparation for the Night Prayer

## The reward for the whole night in Prayer!

The Prophet (ﷺ) said: "Whoever prays **'Isha' in congregation**, it is as if he spent half the night in prayer, and **whoever prays 'Fajr' in congregation**, it is as if he spent the whole night in prayer."

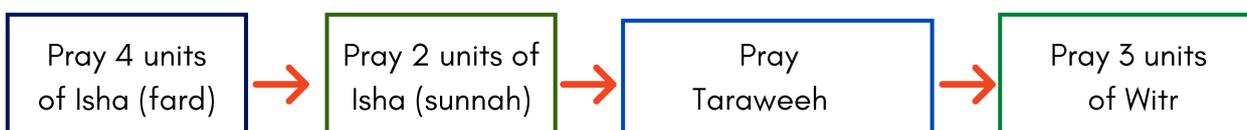
[Saheeh Muslim (656)]

The Prophet ﷺ said: "A person will get the **reward of a whole night in prayer** if they prayed **the night prayer behind the Imam** until the **salah was fully completed.**"

[At-Tirmidhi (806) & authenticated by him]



## How do you pray Taraweeh?



- If a person did not pray Taraweeh and prayed the 4 fard units, and 2 sunnah units for Isha and then prayed 3 units for witr, it would still count as night prayer.
- However, a person should try to pray more than this in order to gain the magnificent reward.
- Recite as much Quran as you can in the prayer. You can recite any portion you wish from it
- There is no strong or agreed-upon words of remembrance/du'a to recite in between the Taraweeh prayer.

## The recommended surah to be recited in each unit of Witr are:

1st unit:  
Surah Al 'Alaa

2nd unit:  
Surah Al-Kafiroon

3rd unit:  
Surah Al-Ikhlaas

[Musnad of Ahmad (24/72) & authenticated by Ibn Al-Mulaqin Al-Badrul Muneer (4/339)]

## Adhkar after the witr salah

سُبْحَانَ الْمَلِكِ الْقُدُّوسِ

Subhaanal malikil Quddoos

"The Pure and Holy King (Allah) is far above imperfection and deficiency"

Note: recite 3 times (raising your voice for the last)

[Musnad of Ahmad (24/72) & authenticated by Ibn Al-Mulaqin Al-Badrul Muneer (4/339)]

# Preparation for the Night Prayer

## Holding the mushaf (physical copy of Quran) in optional prayers

- 3 out of 4 of the Imams allow the holding of the mushaf during optional prayers.  
[Al-Mudawanaah (1/224), Al-Majmoo (4/27) & Al-Mughni (1/335)]
- The fourth school of jurisprudence has two views; one that allows it and one that does not.  
[Al-Bahr Ar-Raa'iq (2/11)]

In summary, a person can hold a mushaf during the prayer (in optional prayer only) if that is the view they follow. However, if another person follows the view that it is not allowed, then this is also fine. Both views are classical and valid. Reading from a tablet whilst praying comes under the same ruling as reading from the mushaf.

## Recommended Prophetic du'a to recite when beginning night prayer

اللَّهُمَّ رَبَّ جِبْرَائِيلَ وَمِيكَائِيلَ وَإِسْرَافِيلَ، فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ، عَالِمَ الْغَيْبِ وَالشَّهَادَةِ،  
أَنْتَ تَحْكُمُ بَيْنَ عِبَادِكَ فِيمَا كَانُوا فِيهِ يَخْتَلِفُونَ، إِهْدِنِي لِمَا اخْتُلِفَ فِيهِ مِنَ الْحَقِّ بِإِذْنِكَ، إِنَّكَ  
تَهْدِي مَنْ تَشَاءُ إِلَى صِرَاطٍ مُسْتَقِيمٍ

Allaahumma Rabba Jibraaeela wa Mikaaeela wa Israafeel, faatiras-samawaati wal-ardh,  
'aalimal-ghaybi wash-shahaadah, anta tahkumu bayna 'ibaadika feema kaanoo feehi  
yakhtalifoon, ihdini limakhtulifa feehi minal-haqqi bi-idhnik, innaka tahdee man tashaa'u ilaa  
siraatim-mustaqeem

○ Allah, Lord of Jibreel (Gabriel), Michael and Israfeel, Creator of the Heavens and the Earth, Knower of the unseen and the seen. You will judge between Your slaves concerning that wherein they differ. Guide me to the truth of that wherein they differed by Your leave, for You guide whomsoever You will to the Straight Path.

[Sahih Muslim (766)]

# How to Spend Your Time...

## 1. DHUHR TO ASR...



Have a nap

## 2. BEFORE IFTAR...



1. Switch off/  
silence phone



2. Prepare food for  
yourself & others  
It has the **reward** of a  
fast for **every fasting  
person you feed**

[At-Tirmidhi (807) & authenticated by him]



3. Make **du'a** as it is  
considered du'a  
acceptance time

[Tafseer Ibn Katheer (1/509)]

\*referring to verse [Al-  
Baqarah:186]

## 4. AFTER MAGHRIB...

1. Eat light

2. If you have some spare  
time before Isha it is  
suggested to do the  
following:

a) Have a **shower, perfume  
& wear your best  
clothes;** this was the

practice of the early  
generations of the muslims

[Ibn Jarir in Lata'if Al-Ma'arif (p.364)]

b) **Offer voluntary salah** (in  
two units) until it's close to  
Isha time. This was practiced  
by the Sahabah

[Abu Dawood (1321) & authenticated by  
Al-Iraqi in Tuhfat Al-Ahwadhi (8/179)]



## 3. IFTAR TIME...

1. Recite the du'a for breaking the fast

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ الْعُرُوْقُ وَثَبَّتِ الْأَجْرُ إِنْ شَاءَ اللَّهُ

*Dhahaba<sup>dh</sup>-<sup>dh</sup>ama'u wabtallatil-'urooqu wa thabatal-'ajru 'inshaa'Allaah*

The thirst is gone, the veins are moistened, and the reward is confirmed, if  
Allah wills.

[Abu Dawood (2357) and authenticated by Ibn Hajar in Al-Futoohaat Ar-Rabbaniyah (4/339)]

2. Break your fast with dates, if not then water

Make the intention to strengthen yourself for worship.



3. Make fresh wudu for Maghrib

The Prophet ﷺ would do so for each prayer.

[Al-Bukhari (214)]

4. Pray Maghrib + two units sunnah



## LAILATUL QADR DU'A

Prophetic (sunnah) du'a to be recited throughout the night (as much as possible) during the  
last ten nights

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allaahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

(O Allah, Surely You are pardoning and You love to pardon, so pardon me.)

الْعَفْوُ

'Afwu means to pardon and wipe away the sin as if it never occurred.

[At-Tirmidhi (3513) and authenticated by An-Nawawi in Al-Adhkaar (247)]

# How to Spend Your Time...

## 5. ISHA TO TARAWEEH...



**Fresh wudu for Isha**



**Pray Isha + 2 units sunnah\***



**Pray Taraweeh + Witr\***

\*Remember the reward of praying these in congregation and completing the prayer with the Imam until he finishes (see page 10).

## 6. AFTER TARAWEEH...



Switch between the following acts of worship



Recite Quran, and try to reflect over it too.



Perform some more prayers in two units



Make du'a



Send Salah on the Prophet ﷺ



Help people



Give charity



Recite words of remembrance (dhikr)

## 7. SUHOOR

- Make du'a & recite words of remembrance (dhikr)
- Eat something
- Seek forgiveness
- Pray Fajr in congregation

"Whoever prays Fajr is under the protection of Allah..."

[Saheeh Muslim (657)]

## DEEDS NOT TO MISS OUT ON...

The following acts should not be missed especially if one is **unable** to spend the whole night in ibadah (worship) **due to work or exams...**

1. Read the **Lailatul Qadr du'a** every time you get a moment
2. Pray **Isha & Fajr in congregation**
3. **Make the du'as from your du'a list**
4. **Give in charity** even if it is a small amount
5. **Recite the Quran**, as much as possible even a small amount
6. **Recite words of remembrance (dhikr)**

## Try to stay awake the whole night but if you end up sleeping during the night...

1. Put an alarm on or ask someone to wake you up
2. Recite the adhkar (words of remembrance) before sleep
3. Make it an act of worship by making the intention to re-energise yourself to worship Allah.
4. Recite the du'a upon waking up at night (see page 17)



# Virtuous Deeds (Salah, Quran & Du'a)

1

## Salah

The Prophet ﷺ said:

"Whoever stands (in worship) during the night of Al-Qadr out of conviction, belief in the promise of Allah and seeking reward then **all of their previous sins would be forgiven**".

[Saheeh Al-Bukhari (1901)]

- After you perform salah in congregation, aim to continue by yourself.
- The Witr prayer does not need to be repeated if a person prayed it with the Imam.
- Try to focus in your prayer and pray with your heart present.

2

## Quran

- Recite the Quran as much as possible in the prayer and outside prayer. Ibn Abbas said:

"The Messenger of Allah ﷺ was the most generous during Ramadan when Jibreel would meet with him. He would meet him on every night of Ramadan and review the Quran with him."

[Saheeh Al-Bukhari (3048) & Saheeh Muslim (2308)]

- This shows that it is recommended to increase recitation of the Quran and contemplate over it during the nights of Ramadan (including the last ten nights).

[Ibn Rajab in Lata'if Al-Ma'arif (p.327)]

3

## Du'a

أُدْعُونِي أَسْتَجِبْ لَكُمْ

"Call upon Me; I will respond to you."

[Surah Ghafir : 60]

Remember **the whole night is du'a acceptance time** so keep making du'a! Ask Allah for everything your heart desires... (please refer to the next two pages)

[Nail Al-Awtar (4/207-290)]

# Etiquettes of Making Du'a



## 1. Make du'a with your heart present



## 2. Call upon Allah using His lofty names



## 3. Praise and thank Allah



## 4. Send Salah upon the Prophet ﷺ



## 5. Make du'a with certainty and conviction, do not say 'insha'Allah' (if Allah wills)

The Messenger of Allah ﷺ said:

"When one of you calls upon Allah, let him not say: 'O Allah forgive me, if You will,' rather let him be firm in his asking, and let him express his need in full, for nothing is too great for Allah to give."

[Saheeh Muslim (2679)]



## 6. Make du'a for your fellow brothers and sisters and in return the angels will make du'a for you!

The Prophet ﷺ said:

"The du'a of a person for his Muslim brother in his absence will be answered. At his head there is an angel, and every time he prays for something good for his brother, the angel who has been appointed to be with him, says, 'Ameen, may you be given the same!'"

[Saheeh Muslim (2732)]



## 7. Personalise your du'as and ask Allah for EVERYTHING you want and need... [see next page]

# Master Du'a List

## CREATING A MASTER DU'A LIST...

### A SUGGESTED GUIDE TO MAKING YOUR PERSONAL DU'AS!

Imagine yourself in the following place and Allah is addressing you directly saying:

“O my servants, if the first of you and the last of you, the humans of you and the jinn of you, were all to stand together in one place and ask of Me, and I were to give everyone what he requested, then that would not decrease what I possess, no more than what is decreased of the ocean when a needle is dipped into it”

[Saheeh Muslim (2577)]

You have a **blank cheque** in front of you, **what are you going to write?** Think about the du'as you would like to see manifested in respect to the following eight areas...



1. Religion



2. Personal aims



3. Health



4. Family



5. Friends



6. Financial Affairs



7. Ummah



8. Anything else?

For each area write down...

**a) What is working well for you?**

**Ask Allah to preserve these for you.**

Allah preserve the good health you have blessed me with... (health)

Allah preserve my religion... (religion)

**b) What are your goals?**

Allah allow me to free myself from debt... (finance)

Allah make it easy for me to perform night prayer every night... (religion)

**c) What is holding you back?**

**Ask Allah to remove those barriers...**

Allah give me the strength to overcome the following sin... (religion)

Allah cure me from the following illnesses... (health)

- List everything your heart desires until you've exhausted yourself
- Group all the similar du'as together
- Prioritise your du'as in terms of urgency
- Add any Prophetic (sunnah) du'as that you know

Once you have completed this task, make your du'as regularly, particularly at du'a acceptance times... [see next page]

# Daily Du'a Acceptance Times

## Daily Du'a acceptance times

### Upon waking at night

The Prophet ﷺ said: "Whoever awakens from the night and says:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. الْحَمْدُ لِلَّهِ، وَ سُبْحَانَ اللَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Laa ilaaha ill-Allahu waḥdahu la shareeka lah, lahu mulku wa lahu al-ḥamd, wa huwa 'alaa kulli shay-in qadeer. Alḥamdulillaah, wa Subḥaanallaah, wa laa ilaaha ill-Allah, waAllaahu akbar, wa laa ḥawla wa laa quwwata illaa billaah

There is none worthy of worship besides Allah alone, Who has no partner. His is the dominion and to Him belongs all praise and He is Able to do all things, He wishes. All praise and gratitude belong to Allah, Allah is the epitome of perfection and free from flaws, there is none worthy of worship besides Allah alone. Allah is the greatest, and there is no strength to do good nor any power to resist evil except by the (Assistance of Allah) and what He enables one to do.

Then he says: **Allaahummagh fir li** (O Allah forgive me), or **he makes du'a, his du'a will be answered, and if he does wudu and prays, his prayer will be accepted."**

[Saheeh Al-Bukhari (1154)]



### Last third of the night

Du'a in the depths of the night, the time just before dawn, is when Allah says: **"Who will call upon Me, that I may answer him? Who will ask of Me, that I may give him? Who will seek My forgiveness, that I may forgive him?"**

[Saheeh Al-Bukhari (1145)]

### Between Adhan & Iqamah

The Prophet ﷺ said: "A du'a offered between the adhan and iqamah is not rejected."

[At-Tirmidhi (212) & authenticated by him]



### In Sujood

"The closest that a person is to his Lord is when he is prostrating, so make lots of du'a then."

[Saheeh Muslim (482)]

**In prostration, after saying**

**"Subḥaana rabbi'yal a'laa,"**

*How perfect is my Lord the most*

*High*

**then make du'a.**



# Virtuous Deeds (Dhikr - Remembrance)

4

## Dhikr (remembrance)

'Aishah said, "The Messenger of Allah ﷺ used to remember Allah in all circumstances."

[Saheeh Muslim (558)]

This Prophetic tradition (sunnah) is stating a basic principle, which is the remembrance of Allah in all circumstances including during the last nights of Ramadan.

Use every opportunity that you have to engage in dhikr, e.g. When waiting for food and doing household chores.

### Examples of remembrance...

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

SubḥaanAllaahi wa bi ḥamdih

Declaring Allah to be far removed from any and all defects and praising Him.

[Saheeh Muslim (2692)]

#### Two words heavy on the scales & light on the tongue:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، سُبْحَانَ اللَّهِ الْعَظِيمِ

SubḥaanAllaahi wa biḥamdih, subḥanAllahil-'adḥeem

Declaring Allah to be far removed from any and all defects and praising Him.

Declaring Allah to be far removed from any and all defects, The Greatest.

[Saheeh Al-Bukhari (6682) & Saheeh Muslim (2694)]

#### Most beloved statements to Allah:

سُبْحَانَ اللَّهِ ، وَالْحَمْدُ لِلَّهِ ، وَلَا إِلَهَ إِلَّا اللَّهُ ، وَاللَّهُ أَكْبَرُ

SubḥaanAllaah, walḥamdulillaah, wa laa illaaha ill-Allaah, wAllaahu akbar

Declaring Allah to be far removed from any and all defects, and all praise and gratitude belong to Allah, and there is none worthy of worship besides Allah, and Allah is the

Greatest.

[Saheeh Muslim (2137)]

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ

Allaahumma ṣalli 'alaa Muḥammad

○ Allah speak highly of Your servant Muhammad to the angels closest to You.

**"Whoever sends salah upon me, Allah will send blessings upon him tenfold."**

[Saheeh Muslim (384)]

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Laa ilaaha ill-Allaahu waḥdahu laa shareeka lah, laḥul-mulku wa laḥul ḥamdu, wa huwa 'alaa kulli shay'in qadeer

There is none worthy of worship besides Allah alone, Who has no partner. His is the dominion and to Him belongs all praise and He is Able to do all things, He wishes.

[Saheeh Al-Bukhari (6715) & Saheeh Muslim (1509)]

# Virtuous Deeds (Charity & Helping Others)

5

## Charity

The Prophet ﷺ was the most generous of all the people, and he was even more generous in Ramadan.

[Saheeh Al-Bukhari (6) & Saheeh Muslim (2308)]

During the last 10 nights, we should not restrict our actions to just giving in charity, rather a person should aim to do as many good deeds as possible. All good deeds are multiplied if they fall on Lailatul Qadr.

6

## Helping Others (especially parents)

Abu Ja'far said: A man came to Husayn ibn Ali to seek his help, and he found him in solitude in the masjid. Husayn said: 'Were it not for being in solitude, I would have gone out with you and helped you with what you need'. Then the man left and went to Al-Hasan ibn Ali, and told him what he needed, and Al-Hasan went out with him and helped him. The man said: 'I did not like to bother you and ask for your help, but I started with Husayn and he said, 'Were it not for being in seclusion, I would have gone out with you'. Al-Hasan said: 'To help a brother in faith of mine is dearer to me than secluding myself in worship for a month.'

[Ibn Al-Mubarak in Az-Zuhd (746)]

## Virtues of suhoor.....

- Suhoor is the predawn meal. The Prophet ﷺ said: "Eat the predawn meal, for in the **predawn meal there is blessing.**"

[Saheeh Al-Bukhari (1923) and Saheeh Muslim (1095)]

Ibn Hajar said:

The barakah in the predawn meal is attained in several ways:

- It is following the sunnah
- It is differing from the people of the book
- It is giving oneself strength to do an act of worship
- It increases one's energy
- It wards off the bad attitude that may stem from hunger
- It is a means of giving charity to anyone who asks for food during suhoor, or an opportunity to ask people to join you in eating.
- It enables one to remember Allah and call upon Him at a time when the response is hoped
- It helps one to form the intention of fasting, for the one who forgot to do so before going to sleep



[Fathul-Bari (4/140)]

- The Prophet ﷺ said: "Surely Allah, may He be Exalted, and His angels **send salah upon those who eat the predawn meal.**"

[Musnad of Ahmad (11086) & authenticated by Ibn Al-Mulaqin in Sharh Al-Bukhari (13/135)]

- The Prophet ﷺ encouraged **eating dates for suhoor.**

[Abu Dawood (2345) & authenticated by Ibn Al-Mulaqin in Sharh Al-Bukhari (13/135)]

# Sisters

## Sisters on their Menses

- For sisters unable to fast due to menses, remember that it is not a punishment, Allah has decreed this for you with full wisdom and knowledge.
- If a servant of Allah has **a noble intention, a zeal to do a good deed, and a religious or natural deterrent prevents him, Allah will record the reward for this action** for the person.
- The Prophet ﷺ said regarding men who were unable to go on an expedition, "No distance did you travel, nor any valley did you cross, except that in Madinah there were men who were with you, but they were kept behind due to sickness." According to another version: "but they shared the reward with you."  
[Saheeh Muslim (1911)]
- Juwaibir said: "I asked Ad-Dahaq regarding the post-natal & menstruating women, the traveller and one sleeping... 'do they attain any share of Lailatul Qadr?' Ad-Dahaq replied 'Yes, everyone whose deeds are accepted by Allah, He will give them their share of Lailatul Qadr.'"  
[Lata'if Al-Ma'arif (p.369)]
- A sister on her time of the month is only restricted from praying salah and touching a physical copy of the physical copy of the Quran (mushaf).

## Alternative acts of worship to engage in...

أَسْتَغْفِرُ اللَّهَ  
أَسْتَغْفِرُ اللَّهَ  
أَسْتَغْفِرُ اللَّهَ

1) Seeking forgiveness



2) Give charity



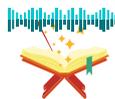
3) Make lots of du'a



5) Help others



4) Say lots of words of remembrance (dhikr) from the heart



6) Listening to the recitation of the Quran or its explanation



7) Listening to Islamic reminders

## Sisters reciting the Quran

Regarding sisters reciting the Quran whilst on their menses, it is a matter that is disputed by the scholars. A sister can recite the Quran if that is the view that she follows, however if another sister follows the view that it is not allowed, then this is also fine. Both views are classical and valid.

If a sister follows the view that recitation is allowed, she cannot touch an Arabic mushaf (physical copy of the Quran) without gloves.

# Common Pitfalls



## Showing off your good deeds to others

- Hide your good deeds; avoid publicising to others or on social media
- Engage in lots of secret deeds
- If you would like to reveal some of your good deeds to encourage others, then rectify your intentions and do not reveal too much
- Do more private good deeds than public ones



## Spending too much time on your phone

- Use the daytime to make all of your important phone calls/texts
- Avoid idle talk
- Delete all the apps which allow you to get distracted
- Minimise your use of social media
- After Maghrib, only check your phone for 5 mins every couple of hours to respond to any emergencies.
- Set your phone wallpaper to a reminder that will stop you from procrastinating.
- If you need to access Islamic apps or websites, use a different device (e.g. tablet or kindle)



## Feeling lethargic:

- Drink coffee or tea to stay awake
- Do not eat until you are full at iftar & eat food with high energy content
- Refresh your wudu
- Take booster naps that lasts 15-20 minutes, recite the words of remembrance (dhikr) before you sleep and sleep with the intention of re-energising yourself for worship



## Backbiting/Idle talk/Speaking ill of others

- Stay away from people who engage in this
- Do not speak about others at all unless absolutely necessary
- Keep your tongue moist with the remembrance of Allah (dhikr)



## Extravagant/unhealthy iftar (post-fast meal)

- Eat energising food
- Avoid food that will make you lethargic/sleepy

# Post Lailatul Qadr

On the last night of Ramadan, Ali Ibn Abi Taalib would cry and he used to shout out: 'Who is the one whose deeds were accepted so we are able to congratulate him? '

[Lata'if Al-Ma'arif (p.399)]

## HAVING YOUR RAMADAN ACCEPTED! Fasting the Six Days of Shawwal...

Ibn Rajab said:

“Fasting the Shawwal fasts are a **sign of the Ramadan fasts being accepted**, for when Allah accepts an action he aids a person to follow it up with another”

[Lata'if Al-Ma'arif (p.221)]

- You can do the six fasts anytime during the month of Shawwal (beginning, middle or end)
- You can fast them consecutively or split them up
- It is recommended to make up any obligatory fasts for Ramadan before you do the optional Shawwal fasts
- Do not combine between the intention for the Shawwal fasts with the intention of the fasts you need to make up from Ramadan

[Haashiyah Ibn Aabideen (2/423), Al-Majmoo by An-Nawawi (6/426), Al-Mughni Al-Muhtaj (2/181), & Al-Insaf (3/316)]



We pray that you have found this booklet beneficial. May Allah enable you to make the most of the last 10 nights of Ramadan and allow you to catch Lailatul Qadr. We pray you leave this month with more than 83 years of good deeds added to your scale & complete forgiveness from Allah!

*We really value your feedback, if you have any suggestions or comments to make about this booklet then please email us at [tazkiyah.publications@gmail.com](mailto:tazkiyah.publications@gmail.com). Please do not make any amendments to this booklet without our permission.*