

Nusrat ul Islam Masjid & Education Centre

HOME LEARNING BOOK

Year 1



**“The best amongst you is the one who learns the
Qur’an and teaches it.” (Bukhari)**



A Community Education Centre
Nusratul Islam Masjid

Important Message for Parents

Salaam Dear Parents

We're currently faced with a challenge which we had never dreamt of experiencing in our lifetime. During this difficult time, our advise to one and all is to have complete reliance (tawakkul) on Allah Ta'ala while following the guidance set by the World Health Organisation.

We will all one day depart from this temporary world, we believe that prosperity and adversity in life is a test from Allah. It is how we react as believers that will determine if we pass this test or not. Do we turn to Allah or do we ignore Allah and completely focus on means other than Allah.

As parents, we have a great duty, that is to teach our children how to react during difficult times. Do we panic and forget Allah or do we turn to Allah. It is vital that we all turn to Allah by spending more time in worship, such as connecting ourselves with the Qur'an, Salah, Adhkar and rectifying ourselves and our actions towards Allah and His creation.

We have prepared this Home Learning Book with the hope that parents will InshaAllah spend quality time with your children at home whilst the Madrasah is closed. We strongly believe this will train and nurture our children to always turn to Allah at times of adversity.

We beg Allah for his forgiveness, pray to him to remove this difficulty from the whole of mankind and allow us to turn to Him. Ameen

“May Allah shower his infinite mercy over those parents who assist their child in attaining piety.” (Hadith Recorded by Daylami)

Suggested Timetable for Students

Breakdown of 50 Minutes

10 Mins	Adhkaar	Parents are requested to go over the adhkaar with your child(ren) which is on the following page. These adhkaar are extremely beneficial for protection from all harm.
15 Mins	Qaidah Revision	Revision of previous lessons, parents are requested to help only if they're stuck but aren't allowed to give new sabaq. Qaidah is the foundation, it requires a qualified Tajweed teacher to teach Qaidah. If the child is taught Qaidah incorrectly, it'll ruin their foundation and this will have a very negative impact on their Qur'an recitation.
15 Mins	Subject Revision	This booklet contains all the targets for each subject (apart from the Islamic Studies), please assist your child with their revision. Revise the subject according to their respected days.
5 Mins	Salat ul Haajat	We would like to request parents to perform two rak'aats of Salaat ul Haajat (Nafil) and train your child to perform this salaah during times of need and difficulty.
5 Mins	Dua	The muslims greatest weapon against difficulty is dua, we have attached a dua at the end of this book which you can learn and teach your child.

My Muhaasabah Chart

Lets do this with Passion	Have I read my sabak today?	Have I revised today?	Which salaah have I read today?	Have I made Dua today?	Did I read my Adhkaar today?
18/03/2020					
19/03/2020					
20/03/2020					
21/03/2020					
22/03/2020					
23/03/2020					
24/03/2020					
25/03/2020					
26/03/2020					

My Muhaasabah Chart

Lets do this with Passion	Have I read my sabak today?	Have I revised today?	Which salaah have I read today?	Have I made Dua today?	Did I read my Adhkaar today?
26/03/2020					
27/03/2020					
28/03/2020					
29/03/2020					
30/03/2020					
31/03/2020					
01/04/2020					
02/04/2020					
03/04/2020					

My Muhaasabah Chart

Lets do this with Passion	Have I read my sabak today?	Have I revised today?	Which salaah have I read today?	Have I made Dua today?	Did I read my Adhkaar today?
04/04/2020					
05/04/2020					
06/04/2020					
07/04/2020					
08/04/2020					
09/04/2020					
10/04/2020					
11/04/2020					
12/04/2020					

ADHKAAR

Adhkaar is a collection of Duas and Phrases taught to us by our Prophet (sallallahu alaihi wasallam) as a manner of remembering Allah.

Adhkaar should become part of our daily life, as it will bring immense blessings (barakah) in our lives.

For Barakah and Protection from All Harm, Read these Daily

O Allah, I seek forgiveness	أَسْتَغْفِرُ اللَّهَ x 50/100	1
I seek protection in the perfect words of Allah from the evil of that which he has created.	أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ	2
There is none worthy of worship besides You (O Allah), You are Pure, indeed I am from the wrongdoers	لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ	3
O Allah, uplift from us (this) plague and (this) epidemic	اللَّهُمَّ ازْفَعْ عَنَّا الْبَلَاءَ وَ الْوَبَاءَ	4
O Allah, keep me safe, and keep others safe from me	اللَّهُمَّ سَلِّمْ بِنِي وَسَلِّمْ مِنِّي	5
O Allah, I seek Your pardon and my wellbeing in this world and the next	اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ	6

<p>O Allah, I seek Your pardon and my wellbeing in my religion, in my worldly affairs, in my family and in my wealth</p>	<p>اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي،</p>	<p>7</p>
<p>O Allah, guard me from (all harm) that is in front of me and behind me, from my left, and from my right, and from above me . I seek refuge in Your Greatness from being struck from beneath me.</p>	<p>اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيَّ، وَمِنْ خَلْفِي، وَعَنْ يَمِينِي، وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي</p>	<p>8</p>
<p>(My) Allah is sufficient for me, there is no one worthy of worship besides Him, I (only) rely upon Him, He is the Lord of the Supreme Throne</p>	<p>حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ</p>	<p>9</p>
<p>May Peace and Blessings of Allah be upon (my beloved Nabi) Muhammad</p>	<p>صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ x 100- 300</p>	<p>10</p>

SUBJECT REVISION

Please cover a subject per day. Leave 1 day for an online Islamic Studies lesson.

(We will notify you via WhatsApp with more detail)

- 4 Kalimahs -

1

Kalimah Tayyib

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَّسُولُ اللَّهِ

2

Kalimah Shahadat*

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ
وَرَسُولُهُ

3

Kalimah Tamjeed

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا
حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

4

Kalimah Tawheed

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ
يُحْيِي وَيُمِيتُ بِيَدِهِ الْخَيْرُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ^ط

- 6 Duas with translation -

Dua when greeting someone

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Peace be upon you and the mercy of Allah

1

in reply say

وَعَلَيْكُمْ السَّلَامُ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

And peace be upon you and the mercy of Allah and his blessings

Dua before eating*

2

بِسْمِ اللَّهِ وَبَرَكَاتِهِ

In the name of Allah and with blessings of Allah

Dua when thanking Allah

3

الْحَمْدُ لِلَّهِ

Allah Praise and Thanks is for Allah

Dua when thanking someone

4

جَزَاكَ اللهُ خَيْرًا

May Allah reward you well

When you've made a mistake/sin

5

أَسْتَغْفِرُ اللهَ

I seek Allah's forgiveness

Dua when starting something

6

بِسْمِ اللهِ

In the name of Allah

- 4 Surahs -

Surah Fatiha

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ﴿١﴾

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ﴿٢﴾ الرَّحْمَنِ

الرَّحِيمِ ﴿٣﴾ مَلِكِ يَوْمِ الدِّينِ ﴿٤﴾ إِيَّاكَ نَعْبُدُ

وَإِيَّاكَ نَسْتَعِينُ ﴿٥﴾ إِهْدِنَا الصِّرَاطَ

الْمُسْتَقِيمَ ﴿٦﴾ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ

الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ﴿٧﴾

1

Surah Ikhlas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

2

قُلْ هُوَ اللَّهُ أَحَدٌ () اللَّهُ الصَّمَدُ () لَمْ يَلِدْ وَلَمْ يُولَدْ
() وَلَمْ يَكُن لَّهُ كُفُوًا أَحَدٌ ()

Surah Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

3

وَالْعَصْرِ () إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ () إِلَّا الَّذِينَ ءَامَنُوا
وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا بِالصَّبْرِ ()

Surah Kauthar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

4

إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ () فَصَلِّ لِرَبِّكَ وَأَنْحَرْ () إِنَّ
شَانِكَ هُوَ الْآبَتَرُ ()

- Namaaz Duas -

1	<p>Takbeer e Tahreema</p> <p>اللَّهُ أَكْبَرُ</p>
2	<p>Thana</p> <p>سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ</p>
3	<p>Tasbeeh in Ruku</p> <p>سُبْحَانَ رَبِّيَ الْعَظِيمِ</p>
4	<p>Tasbeeh in Sajdah</p> <p>سُبْحَانَ رَبِّيَ الْأَعْلَى</p>
5	<p>Tashahhud</p> <p>التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ السَّلَامُ عَلَى</p>

النَّبِيِّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ السَّلَامُ عَلَيْنَا وَعَلَىٰ عِبَادِ
اللَّهِ الصَّالِحِينَ. أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ
مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Durood e Ibraheem 1

6

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا
صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ
حَمِيدٌ مُّجِيدٌ

*Kalimah Shahadat:

Please note that there are two versions of Kalimah Shahadat, we have taught your child the shorter version in year one. When your child reaches year 3, they will be taught the longer version. Both are from the Hadith.

*Dua Before Eating:

This dua is also read with "wa ala barakathillah", we've chose to teach the version which is in the hadith. Parents may teach the one they know, however we would advise that your child reads the version taught by our Prophet sallallahu alaihi wasallam.

*Islamic Studies Book 1:

Your child has also studied the Islamic Studies book, which has covered a variety of amazing subjects, however, we wont be testing them on the book.

DUA

We have compiled this lengthy dua, you may go over a small portion of it with your child on a daily basis.

In a few weeks, we hope your child will be able to make lengthy duas by themselves.

Praise

Bismillah-hir Rahman-ir Raheem,

○ my Allah my creator, my sustainer, ○
the most beautiful Allah, ○ the most kind
Allah, ○ the most generous Allah, ○ the
most forgiving Allah,

You are great, you are the most powerful,
you are the most knowledgeable, the Most
Wise. I believe in you, I worship you and
only you, there is none worthy of worship
besides you, Oh Allah.

Durood

○ the most merciful Allah, send countless
peace and blessings (salaat and salaam)
upon my Nabi Hazrat Muhammed
Mustafa *sallallahu alaihi wasallam*, his
family and his companions.

Forgiveness

○ my Allah I have raised my hands before
you, I am your very weak servant, I am
your very sinful servant, I do bad after
bad, I disobey you although you have

filled my life with blessing, you have given me this life, you have made me healthy and wealthy, I do not need to beg for food, nor do I need any help to walk, despite all of this I still disobey you and break your commands, I feel very guilty, O Allah the most merciful the most kind Allah, O the most forgiving Allah, please forgive me, please forgive all my minor and major sins, please forgive the sins I have committed secretly and openly, please forgive the sins I have committed by mistake and by purpose, please accept my Tauba and grant me strength to stay away from sins.

My needs

O my most generous Allah, your treasures are unlimited, I beg you for your mercy, shower your mercy over me, O Allah I beg you for your forgiveness, forgive all my sins, O Allah I beg you for your guidance, guide me to the straight path and protect me from the path of shaitan, from disobedience and immorality.

O my Allah fill my life with blessings, bless me with good health, bless me with

abundant wealth, bless me with beneficial knowledge and make me very knowledgeable.

O my Allah fulfil all my beneficial and permissible desires and make me amongst your pious servants.

O my beloved Allah protect me from shaitan and my ego, protect me from all kinds of harm, protect me from physical and mental illnesses, protect me from the spiritual diseases, protect me from fatal and deadly illnesses, protect me from all kinds of decisions and actions that I make, which will destroy my future and O my Allah, grant me a bright future.

Dua for my family and my teachers

O, the most merciful Allah, have mercy on my parents how they have had mercy on me when I was a child, O my Allah forgive my parents and my teachers, keep them in good health, remove their difficulties and worries and fill their hearts with peace and tranquillity.

O Allah, help my parents and my teachers in every stage in life, and grant them the

best of rewards in this world and the hereafter for looking after me.

O my Allah shower your mercy, forgiveness blessings and guidance upon my grandparents, brothers, sisters, uncles, aunts, nephews, nieces and my entire family, those alive and those who have left this world.

Dua for the Ummah

O Allah the most merciful the most kind, have mercy on the Ummah of your Nabi *sallallahu alaihi wasallam*, forgive the Ummah of your Nabi *sallallahu alaihi wasallam*, guide the Ummah of your Nabi *sallallahu alaihi wasallam* and help them and protect them from all kind of harms.

O my Allah help the poor, cure those who are ill, remove the worries and difficulties from those who are worried and going through difficulties.

O the most powerful Allah, help my brothers and sisters who are being oppressed around the world, especially in Syria, Burma, Yemen, Palestine and

around the world of whom we do not know, but you do.

Finishing Dua

O my beautiful Allah, O my beloved Allah please accept this Dua'a of mine, grant me, my parents, my teachers and my family and everyone, all the goodness which my beloved Nabi *sallallahu alaihi wasallam* asked from you in his 23 years of Nabuwath, O my beloved Allah protect me, my parents, my teachers and my family from all the harms which my beloved Nabi *sallallahu alaihi wasallam* asked protection from, O Allah send peace and blessings upon our master, our beloved Nabi Hazrat Muhammed mustafa *sallallahu alaihi wasallam*, his family and companions. *Ameen*

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