Print cycle pages on cardstock and match the parts together insha Allah Poke a hole in the middle and use a brass fastener to attach pieces.

Fasting cycle for bulletin board display or general display for younger children to have some participation in Ramadan activities, even if they don’t fast.

**Steps:**
1. wake up before dawn
2. eat suhoor
3. Pray fajr
4. Practice Good deeds
5. Control Anger
6. Break Fast
7. Pray Maghrib
8. Eat Dinner

These are Some of the actions a fasting Muslim does during a Ramadan day. This does not exclude other actions that a Muslim does during Ramadan.

What the cycle will look like once assembled insha Allah:
cut this area as it will be the window that will show some of the actions that a faster goes through during a fasting day, insha Allah
Waking shortly before dawn
Eat Dinner
Eat Suhoor - (predawn meal)

Pray Fajr
Pray Maghrib

Eat sundown

Break fast
Control Anger

Practice Good Deeds